



Overall Position	Time	Gender	Gender Pos	Age Category	Cat Pos	First Name	Last Name	Club	NSCCL Position	NSCCL Cat Pos	U20 Position
1	00:25:03	Male / open	1	M 20-34	1	Jacob	Droogmans	Newcastle (Staffs) AC	1	1	
2	00:25:12	Male / open	2	M 17-19	1	Joseph	Allen	Macclesfield Harriers & AC	2	1	1
3	00:25:17	Male / open	3	M 20-34	2	Daniel	Elliot	Shrewsbury AC	3	2	
4	00:25:19	Male / open	4	M 45-49	1	Jamie	Arnold	City of Stoke AC	4	1	
5	00:25:26	Male / open	5	M 20-34	3	Eammon	Clowes	Newcastle (Staffs) Tri Club	5	3	
6	00:25:52	Male / open	6	M 35-39	1	Callum	Dillon	City of Stoke AC	6	1	
7	00:25:53	Male / open	7	M 20-34	4	Robert	Weston	Shrewsbury AC	7	4	
8	00:26:00	Male / open	8	M 45-49	2	Luke	Humphreys	Macclesfield Harriers & AC	8	2	
9	00:26:01	Male / open	9	M 20-34	5	Matthew	Hilsdon	Stafford Harriers	9	5	
10	00:26:04	Male / open	10	M 20-34	6	Tomos	Hales	Telford AC	10	6	
11	00:26:11	Male / open	11	M 20-34	7	Ciaran	Ferris	City of Stoke AC	11	7	
12	00:26:24	Male / open	12	M 40-44	1	Simon	Hodgkinson	Velorunner	12	1	
13	00:26:39	Male / open	13	M 35-39	2	Samuel	Crozier	Newcastle (Staffs) AC	13	2	
14	00:26:53	Male / open	14	M 40-44	2	Dan	Hibberd	Boalloy Running Club	14	2	
15	00:26:57	Male / open	15	M 20-34	8	Ashley	Jones	Stafford Harriers	15	8	
16	00:27:02	Male / open	16	M 40-44	3	Matt	Eardley	City of Stoke AC	16	3	
17	00:27:05	Male / open	17	M 17-19	2	Sam	Mensing	Newcastle (Staffs) AC	17	2	2
18	00:27:07	Male / open	18	M 50-54	1	James	Stuart	Shrewsbury AC	18	1	
19	00:27:15	Male / open	19	M 20-34	9	Jordan	Nixon	Newcastle (Staffs) AC	19	9	
20	00:27:22	Male / open	20	M 20-34	10	Ben	Brereton	Newcastle (Staffs) AC	20	10	
21	00:27:26	Male / open	21	M 20-34	11	Jared	Horn	Velorunner	21	11	
22	00:27:40	Male / open	22	M 35-39	3	Tom	Young	Newcastle (Staffs) AC	22	3	
23	00:27:48	Male / open	23	M 45-49	3	Carl	Moulton	Boalloy Running Club	23	3	
24	00:27:50	Male / open	24	M 20-34	12	James	Taylor	Newcastle (Staffs) AC	24	12	
25	00:27:52	Male / open	25	M 35-39	4	Saul	Lovatt	Staffordshire Moorlands AC	25	4	
26	00:27:57	Male / open	26	M 20-34	13	Tom	Brown	Shrewsbury AC	26	13	
27	00:28:08	Male / open	27	M 20-34	14	Charlie	Lewis	Shrewsbury AC	27	14	
28	00:28:13	Male / open	28	M 45-49	4	Oli	Rodwell	Telford Harriers	28	4	
29	00:28:16	Male / open	29	M 20-34	15	Joseph	Edwards	Velorunner	29	15	
30	00:28:22	Male / open	30	M 20-34	16	Jack	Harper	Newcastle (Staffs) Tri Club	30	16	
31	00:28:24	Male / open	31	M 40-44	4	Michael	Rhead	Shrewsbury AC	31	4	
32	00:28:33	Male / open	32	M 35-39	5	Steve	Crowe	South Cheshire Harriers	32	5	
33	00:28:36	Male / open	33	M 20-34	17	Thomas	Hubbard	Newcastle (Staffs) AC	33	17	
34	00:28:39	Male / open	34	M 55-59	1	Andy	Walker	Newcastle (Staffs) AC	34	1	
35	00:28:42	Male / open	35	M 20-34	18	Jamie	Gillman	Cheadle RC	35	18	
36	00:28:44	Male / open	36	M 35-39	6	Luke	Morley	Rugeley Runners	36	6	
37	00:28:45	Male / open	37	M 35-39	7	Rob	Heap	Congleton Harriers	37	7	
38	00:28:47	Male / open	38	M 45-49	5	Anthony	Allan	Congleton Harriers	38	5	
39	00:28:50	Male / open	39	M 35-39	8	Dre	Cristi	Nantwich Running Club	39	8	
40	00:28:51	Male / open	40	M 55-59	2	Darrell	Wilde	Cannock & Stafford AC	40	2	
41	00:28:52	Male / open	41	M 35-39	9	Dan	Gambrill	Cannock & Stafford AC	41	9	
42	00:28:57	Male / open	42	M 20-34	19	Aaron	Jones	Velorunner	42	19	
43	00:29:03	Male / open	43	M 40-44	5	Martin	Pratt	Trentham RC	43	5	
44	00:29:09	Male / open	44	M 20-34	20	Tom	Hendricken	City of Stoke AC	44	20	
45	00:29:11	Male / open	45	M 40-44	6	Adam	Tyson	Newcastle (Staffs) AC	45	6	
46	00:29:15	Male / open	46	M 20-34	21	William	Slater	Newcastle (Staffs) Tri Club	46	21	
47	00:29:18	Male / open	47	M 35-39	10	Rich	Breakwell	Shrewsbury AC	47	10	
48	00:29:23	Male / open	48	M 20-34	22	Alex	Edmeades	Nantwich Running Club	48	22	
49	00:29:26	Male / open	49	M 55-59	3	Glyn	Pattinson	Cheadle RC	49	3	
50	00:29:32	Male / open	50	M 35-39	11	John	Hodgkiss	Rugeley Runners	50	11	
51	00:29:38	Male / open	51	M 50-54	2	John	Carr	Macclesfield Harriers & AC	51	2	
52	00:29:44	Male / open	52	M 20-34	23	Thomas	Minshull	Boalloy Running Club	52	23	
53	00:29:46	Male / open	53	M 50-54	3	Steven	Bazell	City of Stoke AC	53	3	
54	00:29:48	Male / open	54	M 20-34	24	Mat	O'connor	Congleton Harriers	54	24	
55	00:29:55	Male / open	55	M 40-44	7	Craig	Taylor	Newcastle (Staffs) AC	55	7	
56	00:29:55	Male / open	56	M 20-34	25	Jack	Hindmarsh	Telford Harriers	56	25	
57	00:30:13	Male / open	57	M 40-44	8	Mark	Hatton	Newcastle (Staffs) Tri Club	57	8	
58	00:30:22	Male / open	58	M 35-39	12	Scott	Stokes	Sneyd Striders	58	12	
59	00:30:25	Male / open	59	M 50-54	4	Mark	Steele	Newcastle (Staffs) AC	59	4	
60	00:30:27	Male / open	60	M 35-39	13	Robert	Humphries	Rugeley Runners	60	13	
61	00:30:30	Male / open	61	M 60-64	1	Tim	Twentyman	Newcastle (Staffs) AC	61	1	
62	00:30:35	Male / open	62	M 50-54	5	Mark	Williamson	Velorunner	62	5	
63	00:30:36	Male / open	63	M 20-34	26	Juantxo	Perry	Silverdale RC	63	26	
64	00:30:47	Male / open	64	M 45-49	6	Stuart	Rider	Congleton Harriers	64	6	
65	00:30:52	Male / open	65	M 45-49	7	Gareth	Knapper	Staffordshire Moorlands AC	65	7	
66	00:30:55	Male / open	66	M 50-54	6	Alan	Swannock	Newcastle (Staffs) AC	66	6	



Overall Position	Time	Gender	Gender Pos	Age Category	Cat Pos	First Name	Last Name	Club	NSCCL Position	NSCCL Cat Pos	U20 Position
67	00:31:02	Male / open	67	M 50-54	7	Simon	Lewis	Telford Harriers	67	7	
68	00:31:04	Male / open	68	M 50-54	8	Justin	Green	Stafford Harriers	68	8	
69	00:31:09	Male / open	69	M 45-49	8	Matt	Killeen	Newcastle (Staffs) AC	69	8	
70	00:31:15	Male / open	70	M 55-59	4	Chris	Moss	Congleton Harriers	70	4	
71	00:31:21	Male / open	71	M 50-54	9	Roger	Grand	Trentham RC	71	9	
72	00:31:21	Male / open	72	M 17-19	3	Kian	Dee	Keele University AC	72	3	3
73	00:31:28	Male / open	73	M 45-49	9	Andrew	Critchlow	Congleton Harriers	73	9	
74	00:31:33	Male / open	74	M 45-49	10	Matt	Robinson	Newcastle (Staffs) AC	74	10	
75	00:31:34	Male / open	75	M 20-34	27	Sam	Needham	Mow Cop Runners	75	27	
76	00:31:35	Male / open	76	M 50-54	10	Richard	Lycett	Rugeley Runners	76	10	
77	00:31:35	Male / open	77	M 20-34	28	Liam	Fenton	Mow Cop Runners	77	28	
78	00:31:39	Male / open	78	M 20-34	29	David	Fryer-Winder	Velorunner	78	29	
79	00:31:41	Male / open	79	M 65-69	1	David	Hollins	Cheadle RC	79	1	
80	00:31:47	Male / open	80	M 55-59	5	Paul	Coupe	Telford AC	80	5	
81	00:31:49	Male / open	81	M 35-39	14	Chris	Watson	Trentham RC	81	14	
82	00:31:50	Male / open	82	M 20-34	30	Aiden	Clowes	Newcastle (Staffs) Tri Club	82	30	
83	00:31:54	Male / open	83	M 35-39	15	Philip	Dawid	Newcastle (Staffs) Tri Club	83	15	
84	00:31:59	Male / open	84	M 40-44	9	Chris	Gorman	Mow Cop Runners	84	9	
85	00:32:05	Male / open	85	M 20-34	31	Lewis	Edwards	South Cheshire Harriers	85	31	
86	00:32:05	Male / open	86	M 55-59	6	Ian	Heath	Trentham RC	86	6	
87	00:32:09	Male / open	87	M 35-39	16	Steven	Mullock	Nantwich Running Club	87	16	
88	00:32:11	Male / open	88	M 20-34	32	Calum	Hopkins	Telford Harriers	88	32	
89	00:32:18	Male / open	89	M 20-34	33	Phillip	Roberts	Telford Harriers	89	33	
90	00:32:22	Male / open	90	M 50-54	11	Nigel	Lindop	Silverdale RC	90	11	
91	00:32:24	Male / open	91	M 45-49	11	Mike	Walker	South Cheshire Harriers	91	11	
92	00:32:28	Male / open	92	M 60-64	2	Julian	Brown	Macclesfield Harriers & AC	92	2	
93	00:32:30	Male / open	93	M 20-34	34	Marc	Marshall	Telford Harriers	93	34	
94	00:32:46	Male / open	94	M 20-34	35	James	Madley	City of Stoke AC	94	35	
95	00:32:55	Male / open	95	M 50-54	12	Rob	Bond	Staffordshire Moorlands AC	95	12	
96	00:33:01	Male / open	96	M 55-59	7	Andrew	Allen	Boalloy Running Club	96	7	
97	00:33:02	Male / open	97	M 40-44	10	Martin	Halls	Newcastle (Staffs) AC	97	10	
98	00:33:06	Male / open	98	M 45-49	12	Andrew	Brownsword	Newcastle (Staffs) AC	98	12	
99	00:33:08	Male / open	99	M 50-54	13	Christopher	Goodfellow	Macclesfield Harriers & AC	99	13	
100	00:33:15	Male / open	100	M 20-34	36	Ben	Keenan	Rugeley Runners	100	36	
101	00:33:17	Male / open	101	M 35-39	17	James	Nash	Sneyd Striders	101	17	
102	00:33:23	Male / open	102	M 60-64	3	Keith	Harrison	Sneyd Striders	102	3	
103	00:33:26	Male / open	103	M 55-59	8	Ian	Simmonds	Telford Harriers	103	8	
104	00:33:35	Male / open	104	M 40-44	11	Joel	Lewis	Nantwich Running Club	104	11	
105	00:33:38	Male / open	105	M 55-59	9	David	Barlow	South Cheshire Harriers	105	9	
106	00:33:41	Male / open	106	M 40-44	12	Gary	Taylor	Nantwich Running Club	106	12	
107	00:33:42	Male / open	107	M 50-54	14	Mark	Andrews	Sneyd Striders	107	14	
108	00:33:47	Male / open	108	M 35-39	18	Daniel	Cawley	Boalloy Running Club	108	18	
109	00:33:51	Male / open	109	M 55-59	10	Stuart	Cassidy	Newcastle (Staffs) AC	109	10	
110	00:33:52	Male / open	110	M 40-44	13	Nicholas	Gaulder	Telford AC	110	13	
111	00:33:54	Male / open	111	M 45-49	13	Mark	Smith	Congleton Harriers	111	13	
112	00:34:18	Male / open	112	M 35-39	19	Kieron	Gilbert	Silverdale RC	112	19	
113	00:34:19	Male / open	113	M 35-39	20	Leo	Wheeler	Silverdale RC	113	20	
114	00:34:29	Male / open	114	M 50-54	15	David	Kelly	Nantwich Running Club	114	15	
115	00:34:31	Male / open	115	M 60-64	4	Colin	Watret	Congleton Harriers	115	4	
116	00:34:36	Male / open	116	M 45-49	14	Karl	Everard	Newcastle (Staffs) AC	116	14	
117	00:34:42	Male / open	117	M 35-39	21	Tom	Watson	Boalloy Running Club	117	21	
118	00:34:45	Male / open	118	M 60-64	5	Paul	Pratt	Rugeley Runners	118	5	
119	00:34:46	Male / open	119	M 20-34	37	Chris	Gater	Telford Harriers	119	37	
120	00:34:47	Male / open	120	M 40-44	14	Richard	Hough	Newcastle (Staffs) AC	120	14	
121	00:34:50	Male / open	121	M 35-39	22	Danny	Roberts	Silverdale RC	121	22	
122	00:34:52	Male / open	122	M 60-64	6	Mark	Griffiths	Telford Harriers	122	6	
123	00:34:58	Male / open	123	M 50-54	16	Mark	Platts	Staffordshire Moorlands AC	123	16	
124	00:35:07	Male / open	124	M 40-44	15	Tom	Ray	Mow Cop Runners	124	15	
125	00:35:17	Male / open	125	M 50-54	17	Leon	Stringer	Stafford Harriers	125	17	
126	00:35:30	Male / open	126	M 50-54	18	Martin	Bailey	Newcastle (Staffs) AC	126	18	
127	00:35:33	Male / open	127	M 20-34	38	Jake	Oliver	Stafford Harriers	127	38	
128	00:35:34	Male / open	128	M 40-44	16	Adam	Llewellyn	Stafford Harriers	128	16	
129	00:35:43	Male / open	129	M 40-44	17	Benjamin	Jones	Nantwich Running Club	129	17	
130	00:35:44	Male / open	130	M 35-39	23	Jamie	Cowdrill	Telford Harriers	130	23	
131	00:35:50	Male / open	131	M 65-69	2	Chris	Thorley	Staffordshire Moorlands AC	131	2	
132	00:35:57	Male / open	132	M 45-49	15	James	Sumnall	Telford Harriers	132	15	



Overall Position	Time	Gender	Gender Pos	Age Category	Cat Pos	First Name	Last Name	Club	NSCCL Position	NSCCL Cat Pos	U20 Position
133	00:36:10	Male / open	133	M 20-34	39	Nathan	Finnis	Macclesfield Harriers & AC	133	39	
134	00:36:10	Male / open	134	M 45-49	16	Matthew	Burley	Trentham RC	134	16	
135	00:36:19	Male / open	135	M 50-54	19	Peter	Adams	Staffordshire Moorlands AC	135	19	
136	00:36:25	Male / open	136	M 50-54	20	Craig	Cornes	Mow Cop Runners	136	20	
137	00:36:27	Male / open	137	M 55-59	11	Simon	Chubb	Newcastle (Staffs) Tri Club	137	11	
138	00:36:28	Male / open	138	M 50-54	21	Philip	Boland	Newcastle (Staffs) Tri Club	138	21	
139	00:36:36	Male / open	139	M 50-54	22	Ian Charles	Hodkinson	Stafford Harriers	139	22	
140	00:36:46	Male / open	140	M 60-64	7	David	Roberts	Newcastle (Staffs) AC	140	7	
141	00:36:48	Male / open	141	M 50-54	23	Mark	Stackhouse	Rugeley Runners	141	23	
142	00:36:53	Male / open	142	M 50-54	24	Tony	Preece	Telford AC	142	24	
143	00:37:02	Male / open	143	M 20-34	40	Blair	Sutherland	Rugeley Runners	143	40	
144	00:37:08	Male / open	144	M 65-69	3	David	Laxton	Newcastle (Staffs) AC	144	3	
145	00:37:10	Male / open	145	M 40-44	18	Antonio	Treglia	Stafford Harriers	145	18	
146	00:37:33	Male / open	146	M 60-64	8	Michael	Dobson	Stafford Harriers	146	8	
147	00:37:52	Male / open	147	M 70+	1	Doug	Alcock	Trentham RC	147	1	
148	00:38:05	Male / open	148	M 35-39	24	Nathan	Ainscough	Newcastle (Staffs) AC	148	24	
149	00:38:12	Male / open	149	M 55-59	12	Dean	Watkins	Telford Harriers	149	12	
150	00:38:38	Male / open	150	M 50-54	25	Paul	Marsh	Congleton Harriers	150	25	
151	00:38:40	Male / open	151	M 55-59	13	Terry	Wall	Boalloy Running Club	151	13	
152	00:38:44	Male / open	152	M 40-44	19	Lee	Caine	Cheadle RC	152	19	
153	00:38:50	Male / open	153	M 50-54	26	Steve	Mcnamara	Nantwich Running Club	153	26	
154	00:38:57	Male / open	154	M 55-59	14	David	Taylor	Rugeley Runners	154	14	
155	00:39:00	Male / open	155	M 17-19	4	Cody	Scragg	Mow Cop Runners	155	4	4
156	00:39:13	Male / open	156	M 50-54	27	Steve	Walker	Telford Harriers	156	27	
157	00:39:23	Male / open	157	M 20-34	41	Curtis	Baker	Trentham RC	157	41	
158	00:39:35	Male / open	158	M 40-44	20	David	Atkins	Telford Harriers	158	20	
159	00:39:42	Male / open	159	M 40-44	21	John	Alcock	Silverdale RC	159	21	
160	00:39:43	Male / open	160	M 50-54	28	Struan	Slater	Trentham RC	160	28	
161	00:39:49	Male / open	161	M 65-69	4	Adrian	Frost	Trentham RC	161	4	
162	00:40:10	Male / open	162	M 55-59	15	Nick	Hammond	Silverdale RC	162	15	
163	00:40:39	Male / open	163	M 70+	2	Alan	Challinor	Newcastle (Staffs) AC	163	2	
164	00:41:00	Male / open	164	M 55-59	16	Paul	Bentham	Stafford Harriers	164	16	
165	00:41:25	Male / open	165	M 50-54	29	Bernard	Clarke	Mow Cop Runners	165	29	
166	00:42:57	Male / open	166	M 40-44	22	Jon	Land		166	22	
167	00:43:18	Male / open	167	M 35-39	25	Anthony	Brammer	Trentham RC	167	25	
168	00:43:46	Male / open	168	M 60-64	9	Steve	Marshall	Telford Harriers	168	9	
169	00:44:08	Male / open	169	M 65-69	5	Ken	Shenton	Cheadle RC	169	5	
170	00:44:30	Male / open	170	M 55-59	17	Gary	Bailey	Sneyd Striders	170	17	
171	00:45:19	Male / open	171	M 50-54	30	Lee	Lycett	Silverdale RC	171	30	
172	00:46:13	Male / open	172	M 55-59	18	Gordon	Sharp	Sneyd Striders	172	18	
173	00:47:27	Male / open	173	M 35-39	26	Giovanni	Capodici	Silverdale RC	173	26	
174	00:51:39	Male / open	174	M 20-34	42	Elliot	Davis	Stafford Harriers	174	42	
175	00:53:16	Male / open	175	M 40-44	23	Daniel	Brown	Newcastle (Staffs) AC	175	23	
176	01:00:47	Male / open	176	M 55-59	19	Raymond	Connor	Silverdale RC	176	19	