



Overall Position	Time	Gender	Gender Pos	Age Category	Cat Pos	First Name	Last Name	Club	NSCCL Position	NSCCL Cat Pos	U20 Position
1	00:21:24	Female	1	F 35-39	1	Katie	Latham	Nantwich Running Club	1	1	
2	00:21:27	Female	2	F 20-34	1	Madeline	Williams	Shrewsbury AC	2	1	
3	00:21:55	Male / open	1	M 15-16	1	James	Gaulder	Telford AC	1	1	
4	00:22:19	Male / open	2	M 15-16	2	Jacob	Nevard	Newcastle (Staffs) AC	2	2	
5	00:22:52	Male / open	3	M 15-16	3	Laurence	Ogden	Newcastle (Staffs) AC	3	3	
6	00:23:22	Female	3	F 17-19	1	Aria	Aberley-Barker	City of Stoke AC	3	1	1
7	00:23:35	Male / open	4	M 15-16	4	James	Davies	Newcastle (Staffs) AC	4	4	
8	00:23:57	Female	4	F 45-49	1	Donna	Sherwin	City of Stoke AC	4	1	
9	00:24:03	Female	5	F 20-34	2	Efa	Baines	Keele University AC	5	2	
10	00:24:14	Male / open	5	M 15-16	5	Ben	Swannock	Newcastle (Staffs) AC	5	5	
11	00:24:15	Female	6	F 35-39	2	Rachel	Humphreys		6	2	
12	00:24:23	Female	7	F 20-34	3	Sarah	Gerry	Rugeley Runners	7	3	
13	00:24:38	Female	8	F 20-34	4	Rebecca	Twardochleb	Newcastle (Staffs) AC	8	4	
14	00:24:41	Female	9	F 20-34	5	Jade	Watson	Newcastle (Staffs) AC	9	5	
15	00:25:00	Male / open	6	M 15-16	6	Joshua	Moran	Shrewsbury AC	6	6	
16	00:25:09	Female	10	F 55-59	1	Joanne	Stanfield	Trentham RC	10	1	
17	00:25:12	Female	11	F 40-44	1	Deborah	Thomas	Trentham RC	11	1	
18	00:25:15	Female	12	F 20-34	6	Lucy	Matthews	City of Stoke AC	12	6	
19	00:25:23	Male / open	7	M 15-16	7	Toby	Aston	Shrewsbury AC	7	7	
20	00:25:25	Female	13	F 20-34	7	Robin	Jones	Maldwyn Harriers	13	7	
21	00:25:27	Female	14	F 50-54	1	Amanda	Davies	Cheadle RC	14	1	
22	00:25:29	Female	15	F 35-39	3	Jasmine	Green	Congleton Harriers	15	3	
23	00:25:31	Female	16	F 45-49	2	Sara	Winter	Newcastle (Staffs) AC	16	2	
24	00:25:38	Female	17	F 50-54	2	Jenny	Dalkins	Cheadle RC	17	2	
25	00:25:46	Female	18	F 35-39	4	Sam	Morley	Rugeley Runners	18	4	
26	00:25:51	Female	19	F 50-54	3	Jan	Cook	Shrewsbury AC	19	3	
27	00:25:59	Female	20	F 50-54	4	Michelle	Clarke	Telford AC	20	4	
28	00:26:02	Female	21	F 55-59	2	Rachel	Coupe	Telford AC	21	2	
29	00:26:08	Female	22	F 20-34	8	Megan	Forrest	Cannock & Stafford AC	22	8	
30	00:26:09	Female	23	F 20-34	9	Rebecca	Harkess	Nantwich Running Club	23	9	
31	00:26:14	Male / open	8	M 15-16	8	Branden	Fenton	Stafford Harriers	8	8	
32	00:26:19	Female	24	F 20-34	10	Claire	Capper	Newcastle (Staffs) AC	24	10	
33	00:26:20	Female	25	F 35-39	5	Jen	Fisher	Trentham RC	25	5	
34	00:26:21	Female	26	F 20-34	11	Martha	Davis	Newcastle (Staffs) AC	26	11	
35	00:26:22	Female	27	F 50-54	5	Joanne	Donnelly	City of Stoke AC	27	5	
36	00:26:24	Female	28	F 40-44	2	Helen	Stokes	Shrewsbury AC	28	2	
37	00:26:25	Female	29	F 40-44	3	Tracy	Latham	Boalloy Running Club	29	3	
38	00:26:28	Female	30	F 40-44	4	Amy	Crowe	South Cheshire Harriers	30	4	
39	00:26:31	Female	31	F 20-34	12	Allegra	Soutar	Cannock & Stafford AC	31	12	
40	00:26:35	Female	32	F 40-44	5	Laura	Hancock	Stone Master Marathoners	32	5	
41	00:26:41	Female	33	F 17-19	2	Charlotte	Lunt	City of Stoke AC	33	2	2
42	00:26:50	Female	34	F 35-39	6	Laura	Gambrill	Rugeley Runners	34	6	
43	00:26:51	Female	35	F 35-39	7	Stephanie	Parsonage	Cheadle RC	35	7	
44	00:27:00	Female	36	F 40-44	6	Liyan	Williams	Lawley Running Club	36	6	
45	00:27:15	Female	37	F 50-54	6	Deb	O'Neill	Trentham RC	37	6	
46	00:27:33	Female	38	F 35-39	8	Liz	Morris	Nantwich Running Club	38	8	
47	00:27:37	Female	39	F 20-34	13	Maggie	Preece	Telford AC	39	13	
48	00:27:39	Female	40	F 50-54	7	Jo	Moss	Sandbach Striders	40	7	
49	00:27:40	Female	41	F 55-59	3	Sarah	Taylor	Trentham RC	41	3	
50	00:27:49	Female	42	F 17-19	3	Caitlin	Taylor	Newcastle (Staffs) AC	42	3	3
51	00:28:02	Female	43	F 45-49	3	Karen	Heppenstall	Macclesfield Harriers & AC	43	3	
52	00:28:05	Female	44	F 17-19	4	Megan	Smith	Stone Master Marathoners	44	4	4
53	00:28:13	Female	45	F 17-19	5	Emily	Gapper	Telford AC	45	5	5
54	00:28:16	Female	46	F 45-49	4	Michelle	Fox	Stone Master Marathoners	46	4	
55	00:28:30	Female	47	F 45-49	5	Julie	Parry	Newcastle (Staffs) AC	47	5	
56	00:28:32	Female	48	F 20-34	14	Rhoda	Duncan	Rugeley Runners	48	14	
57	00:28:36	Female	49	F 50-54	8	Joanna	Mascarenhas	Nantwich Running Club	49	8	
58	00:28:40	Female	50	F 40-44	7	Aggi	Glover	Stone Master Marathoners	50	7	
59	00:28:46	Male / open	9	M 15-16	9	Sam	Firman	Crewe and Nantwich AC	9	9	
60	00:28:47	Female	51	F 50-54	9	Rachel	Kesteven	Nantwich Running Club	51	9	
61	00:28:52	Female	52	F 45-49	6	Lucy	Moloney	Telford Harriers	52	6	
62	00:28:54	Female	53	F 45-49	7	Beth	Dawid	Newcastle (Staffs) Tri Club	53	7	
63	00:29:01	Female	54	F 55-59	4	Sue	Kneill-Boxley	Cannock & Stafford AC	54	4	
64	00:29:08	Female	55	F 55-59	5	Ruth	Watchorn-Rice	Cheadle RC	55	5	
65	00:29:19	Female	56	F 40-44	8	Naomi	Owen	Newcastle (Staffs) Tri Club	56	8	
66	00:29:25	Female	57	F 40-44	9	Lauren	Morley	Shrewsbury AC	57	9	



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67	00:29:26	Female	58	F 17-19	6	Alys	Crofts	Newcastle (Staffs) AC	58	6	6
68	00:29:28	Female	59	F 45-49	8	Victoria	Doran	Telford Harriers	59	8	
69	00:29:43	Female	60	F 50-54	10	Ruth	Pryce	South Cheshire Harriers	60	10	
70	00:29:46	Female	61	F 60-64	1	Gill	Bellairs	Nantwich Running Club	61	1	
71	00:29:47	Female	62	F 40-44	10	Jessica	Harvey	Telford AC	62	10	
72	00:29:53	Female	63	F 20-34	15	Jenny	Babb	Cheadle RC	63	15	
73	00:29:53	Female	64	F 17-19	7	Lucy	Gapper	Telford AC	64	7	7
74	00:29:55	Female	65	F 17-19	8	Sofia	Preece	Crewe and Nantwich AC	65	8	8
75	00:30:01	Female	66	F 40-44	11	Julia	Yates	Trentham RC	66	11	
76	00:30:03	Female	67	F 20-34	16	Amy	Oliver	Stafford Harriers	67	16	
77	00:30:04	Female	68	F 40-44	12	Elysia	Gapper		68	12	
78	00:30:10	Female	69	F 40-44	13	Jane	Steele	Trentham RC	69	13	
79	00:30:16	Female	70	F 60-64	2	Chris	Skellern	Stafford Harriers	70	2	
80	00:30:17	Female	71	F 35-39	9	Ann	Cheadle	City of Stoke AC	71	9	
81	00:30:19	Female	72	F 35-39	10	Katie	Peake	Newcastle (Staffs) Tri Club	72	10	
82	00:30:21	Female	73	F 40-44	14	Clare	Spencer	Newcastle (Staffs) Tri Club	73	14	
83	00:30:22	Female	74	F 55-59	6	Lisa	Yeomans	Telford Harriers	74	6	
84	00:30:38	Female	75	F 60-64	3	Jenny	Robinson	Rugeley Runners	75	3	
85	00:30:45	Female	76	F 45-49	9	Kathleen	O'donnell	Macclesfield Harriers & AC	76	9	
86	00:30:46	Female	77	F 35-39	11	Siobhan	Crawford	Stafford Harriers	77	11	
87	00:30:47	Female	78	F 17-19	9	Lizzie	Garner	Keele University AC	78	9	9
88	00:30:51	Female	79	F 35-39	12	Daisy	Pickles	Macclesfield Harriers & AC	79	12	
89	00:30:54	Female	80	F 20-34	17	Emma-Jane	Austin	Keele University AC	80	17	
90	00:30:59	Female	81	F 60-64	4	Micheala	Cunningham	Newcastle (Staffs) AC	81	4	
91	00:31:06	Female	82	F 50-54	11	Sally	Kenny	Cheadle RC	82	11	
92	00:31:10	Female	83	F 20-34	18	Katie	Davies	Congleton Harriers	83	18	
93	00:31:14	Female	84	F 45-49	10	Rachel	Jones	South Cheshire Harriers	84	10	
94	00:31:19	Female	85	F 55-59	7	Kerry	Richardson	Telford Harriers	85	7	
95	00:31:26	Female	86	F 20-34	19	Caitlin	Mills	Stafford Harriers	86	19	
96	00:31:27	Female	87	F 50-54	12	Lisa	Watkins	Telford Harriers	87	12	
97	00:31:32	Female	88	F 20-34	20	Eden	Schiller	Newcastle (Staffs) Tri Club	88	20	
98	00:31:35	Female	89	F 40-44	15	Natalie	Boswell	Cannock & Stafford AC	89	15	
99	00:31:40	Female	90	F 45-49	11	Kelly	Mackay	Telford Harriers	90	11	
100	00:31:45	Female	91	F 50-54	13	Alison	Condlyffe	Newcastle (Staffs) AC	91	13	
101	00:31:50	Female	92	F 20-34	21	Olivia	Porteous	Congleton Harriers	92	21	
102	00:31:54	Female	93	F 40-44	16	Rose	Marshall	Silverdale RC	93	16	
103	00:32:01	Female	94	F 60-64	5	Joanna	Miles	Macclesfield Harriers & AC	94	5	
104	00:32:07	Female	95	F 45-49	12	Lisa	Chadwick	Nantwich Running Club	95	12	
105	00:32:14	Female	96	F 45-49	13	Beth	Ambler	Congleton Harriers	96	13	
106	00:32:21	Female	97	F 55-59	8	Angela	Mensing	Stone Master Marathoners	97	8	
107	00:32:23	Female	98	F 55-59	9	Jane	Cooke		98	9	
108	00:32:26	Female	99	F 50-54	14	Dawn	Stokes	Nantwich Running Club	99	14	
109	00:32:29	Female	100	F 45-49	14	Rachel	Beach	South Cheshire Harriers	100	14	
110	00:32:29	Female	101	F 20-34	22	Yelena Grase	Jurkenas	Nantwich Running Club	101	22	
111	00:32:31	Female	102	F 20-34	23	Catherine	O'connor	Congleton Harriers	102	23	
112	00:33:02	Female	103	F 65-69	1	Rosemary	Wilson	Trentham RC	103	1	
113	00:33:22	Female	104	F 60-64	6	Liz	Deans	Rugeley Runners	104	6	
114	00:33:26	Female	105	F 20-34	24	Laura	Bailey	Congleton Harriers	105	24	
115	00:33:42	Female	106	F 35-39	13	Ellen	Evans	Stone Master Marathoners	106	13	
116	00:33:43	Female	107	F 60-64	7	Fiona	Ridley	Newcastle (Staffs) Tri Club	107	7	
117	00:33:45	Female	108	F 40-44	17	Emma	Clarke	Silverdale RC	108	17	
118	00:33:49	Female	109	F 40-44	18	Kelly	Williams	Shrewsbury AC	109	18	
119	00:33:53	Female	110	F 17-19	10	Evie	Worsey	Newcastle (Staffs) AC	110	10	10
120	00:33:56	Female	111	F 50-54	15	Alison	Preece	Telford AC	111	15	
121	00:34:02	Female	112	F 55-59	10	Julia	Holbrook	Trentham RC	112	10	
122	00:34:36	Female	113	F 20-34	25	Chloe	Crush	Telford Harriers	113	25	
123	00:34:37	Female	114	F 65-69	2	Margaret	Thomas	Sneyd Striders	114	2	
124	00:34:40	Female	115	F 50-54	16	Joanne	Oliver	Stafford Harriers	115	16	
125	00:34:43	Female	116	F 40-44	19	Emmy	Burley	Trentham RC	116	19	
126	00:34:52	Female	117	F 35-39	14	Louise	Hancock	Newcastle (Staffs) AC	117	14	
127	00:35:15	Female	118	F 45-49	15	Sharon	Faulkner	Rugeley Runners	118	15	
128	00:35:18	Female	119	F 45-49	16	Carris	Mcentagart	Telford Harriers	119	16	
129	00:35:23	Female	120	F 70-74	1	Pam	Davies	Stone Master Marathoners	120	1	
130	00:35:58	Female	121	F 17-19	11	Mariama	Jalloh	Keele University AC	121	11	11
131	00:36:00	Female	122	F 55-59	11	Rachael	Jones	Stone Master Marathoners	122	11	
132	00:36:01	Female	123	F 60-64	8	Julia	Bridgewater	Newcastle (Staffs) AC	123	8	



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133	00:36:13	Female	124	F 35-39	15	Helen	Blake	Telford Harriers	124	15	
134	00:36:21	Female	125	F 50-54	17	Mandy	Bettany	Trentham RC	125	17	
135	00:37:19	Female	126	F 50-54	18	Julie	Barrett	Rugeley Runners	126	18	
136	00:37:41	Female	127	F 60-64	9	Karen	Murray	Stafford Harriers	127	9	
137	00:38:25	Female	128	F 17-19	12	Lydia	Sidebotham		128	12	12
138	00:38:43	Female	129	F 65-69	3	Ann	Nightingale	Velorunner	129	3	
139	00:38:47	Female	130	F 45-49	17	Clare	Hill	Sneyd Striders	130	17	
140	00:38:52	Female	131	F 50-54	19	Sarah	Richards	Congleton Harriers	131	19	
141	00:38:57	Female	132	F 55-59	12	Karen	Mann	Telford Harriers	132	12	
142	00:39:19	Female	133	F 55-59	13	Alison	Larwood	Telford Harriers	133	13	
143	00:39:26	Female	134	F 45-49	18	Nicola	Glover	Congleton Harriers	134	18	
144	00:39:39	Female	135	F 40-44	20	Sarah	Aitkenhead	Stafford Harriers	135	20	
145	00:39:56	Female	136	F 40-44	21	Sadie	Bennett	Stafford Harriers	136	21	
146	00:39:56	Female	137	F 20-34	26	Molly	Woodfield	Trentham RC	137	26	
147	00:41:14	Female	138	F 20-34	27	Rebecca	Stokes	Newcastle (Staffs) AC	138	27	
148	00:41:20	Female	139	F 65-69	4	Julie	Nokes	Stafford Harriers	139	4	
149	00:41:32	Female	140	F 65-69	5	Tania	Willoughby	Telford Harriers	140	5	
150	00:41:56	Female	141	F 20-34	28	Megan	Matthews	Silverdale RC	141	28	
151	00:42:03	Female	142	F 60-64	10	Kate	Cullinan	Sandbach Striders	142	10	
152	00:42:21	Female	143	F 65-69	6	Sarah	Gray	Stafford Harriers	143	6	
153	00:42:26	Female	144	F 45-49	19	Teressa	Longhurst	Sneyd Striders	144	19	
154	00:42:34	Female	145	F 40-44	22	Natalie	Carter	Newcastle (Staffs) AC	145	22	
155	00:43:14	Female	146	F 45-49	20	Karen	Wright	Sandbach Striders	146	20	
156	00:44:39	Female	147	F 60-64	11	Hazel	Barlow	Silverdale RC	147	11	
157	00:45:05	Female	148	F 40-44	23	Samantha	Hall-Davies	Telford Harriers	148	23	
158	00:47:32	Female	149	F 40-44	24	Sharon	Leach	Newcastle (Staffs) AC	149	24	
159	00:48:00	Female	150	F 20-34	29	Bethan	Kenny	Telford Harriers	150	29	