

Team and individual Standings 2010.

NSCCL - Boys Teams 2010

U11 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Crewe & Nantwich AC	30	39	34	28	131
2 Vale Royal AC	36	25	44	33	138
3 City of Stoke AC	48	50	38	41	177
Newcastle (Staffs) AC	44	15	17		
West Cheshire AC	26				
Wrexham AAC	39				
Macclesfield Harriers	72				

U13 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Crewe & Nantwich AC	29	15	20	19	83
2 City of Stoke AC	58	46	30	26	160
3 Buxton and District AC	57	42	77	39	215
4 Stafford Harriers	59	56	64	39	218
5 Newcastle AC	47	71	44	59	221
6 Boalloy RC	74	47	63	49	233
7 Cannock and Stafford AC	88	82	69	71	310
Denstone College		98	108	90	
Macclesfield Harriers	48	54			
West Cheshire AC	46				

U15 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Cannock and Stafford AC	20	18	18	13	69
2 City of Stoke AC	22	35	39	17	113
3 Crewe & Nantwich AC	22	34	27	37	120
4 Macclesfield Harriers	42	47	60	51	200
Denstone College		61	61	42	
Stafford Harriers	52		44		
Newcastle (Staffs) AC		59	92		
Wrexham AAC	79	73			

U17 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 City of Stoke AC	12	13	18	16	59
2 South Cheshire Harriers	30	24	42	25	121
Vale Royal AC			26		
Denstone College		67	74		
Colwyn Bay AC		32			

NSCCL - Girls Teams 2010

U11 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Macclesfield Harriers	16	20	21	19	76
2 Cannock & Stafford AC	28	20	16	23	87
3 Stafford Harriers AC	44	32	28	24	128
4 Crewe & Nantwich AC	39	44	38	51	172
City of Stoke AC		54	74	51	
Newcastle (Staffs) AC	89	83	68		
Vale Royal AC	69				

U13 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Crewe & Nantwich AC	24	29	19	29	101
2 Macclesfield Harriers	22	24	35	28	109
3 Newcastle (Staffs) AC	67	40	27	26	160
4 Stafford Harriers	67	73	70	69	279
Staffordshire Moorlands AC	17	14		22	
Cannock and Stafford AC	81	81	81		
City of Stoke AC			52		

U15 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Staffordshire Moorlands AC	8	14	11	11	44
2 Crewe and Nantwich AC	38	36	46	36	156
3 Newcastle (Staffs) AC	36	40	34		

U17 - 3 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Cannock & Stafford AC	10	9	9	9	37

NSCCL - Womens Teams 2010

SW - Div1 - 4 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Trentham RC	34	30	26	33	123
2 Cheadle RC	55	60	59	58	232
3 Staffordshire Moorlands AC	157	116	115	164	552
4 Telford Harriers	131	150	129	150	560
5 Newcastle AC	169	203	168	139	679
Chase Harriers	253	276	236		
Cannock and Stafford AC					
Stafford Triathlon Club					

SW - Div2 - 4 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Telford AC	47	34	32	78	191
2 South Cheshire	133	111	130	54	428
3 Buxton & District AC	132	163	162	169	626
4 Congleton Harriers	178	140	206	157	681
5 Stafford Harriers	190	172	179	175	716
6 Stone Master Marathoners	260	209	289	229	987
7 Mow Cop Runners	396	276	290	210	1172
8 Sneyd Striders	343	343	287	242	1215
9 Michelin AC	356	312	381	236	1285
Stourbridge RC	240		306	243	
Colwyn Bay AC			301		
Vale Royal AC	51				

Masters - 35+ - 4 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Telford AC	47	34	32	78	191
2 Trentham RC	118	42	57	64	281
4 Cheadle RC	88	86	92	76	342
5 Buxton & District AC	151	164	162	169	646
6 South Cheshire Harriers	196	141	206	182	725
7 Staffs Moorlands AC	162	176	177	215	730
8 Congleton Harriers	190	190	188	187	755
9 Stafford Harriers	266	281	327	267	1141
10 Newcastle AC	438	312	381	317	1448
11 Stone MM	169	156	183		
12 Michelin AC	380	332	324		
Mow Cop Runners	396			270	
Chase Harriers			281		
Colwyn Bay AC			301		
Stourbridge RC			375		
Telford Harriers			218		

NSCCL - Mens Team 2010

SM - Div1 - 6 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Staffordshire Moorlands AC	76	61	54	59	250
2 City of Stoke AC	84	88	148	142	462
3 Vale Royal AC	286	252	226	275	1039
4 Newcastle AC	388	244	278	162	1072
5 South Cheshire Harriers	278	329	275	329	1211
6 Congleton Harriers	271	404	338	262	1275
7 Boalloy RC	426	482	391	338	1637
8 Trentham RC	357	440	435	447	1679
9 Stafford Harriers	528	520	558	561	2167
Telford AC	139	103	148		

SM - Div2 - 4 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Telford Harriers	178	200	163	142	683
2 Cannock and Stafford AC	275	163	89	240	767
3 Stourbridge RC	369	519	428	288	1604
4 Colwyn Bay AC	456	419	454	359	1688
5 Chase Harriers	358	462	466	424	1710
6 Crewe and Nantwich AC	439	412	462	476	1789
7 Cheadle RC	633	430	400	368	1831
8 Stone MM	571	418	472	430	1891
9 Uttoxeter RR	505	451	530	459	1945
10 Mow Cop Runners	525	518	511	399	1953
11 Michelin AC	590	512	484	449	2035
12 Blythe Bridge RC	598	584	628	522	2332
Macclesfield Harriers				340	
Stafford Triathlon Club	369	564	524		
Buxton and District AC	538	651	626		
Wrexham AAC	499	602	853		

Masters - 40+ - 6 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Staffordshire Moorlands AC	506	291	227	262	1286
2 Congleton Harriers	351	510	438	282	1581
3 Newcastle AC	685	587	547	579	2398
4 South Cheshire Harriers	630	606	835	757	2828
5 Stafford Harriers	984	956	1078	882	3900
Vale Royal AC	478	482	445		
Chase Harriers	836		1066		
City of Stoke AC		571	609		
Michelin AC		1069	1060	963	
Stone MM		1025	863		
Stourbridge RC	914		1033	721	
Telford AC		242			
Telford Harriers		776	856		
Trentham RC			691		
Boalloy RC				612	

Masters - 50+ - 4 to count	Race 1	Race 2	Race 3	Race 4	Total
1 Stafford Harriers	754	662	683	577	2676

Chase Harriers			652	
South Cheshire Harriers		709		
Staffordshire Moorlands AC	570			
Stone MM		674		
Stourbridge RC	760		829	699
Trentham RC			827	
Vale Royal AC			633	
Wrexham AAC	699			
Congleton Harriers				670
Macclesfield Harriers				532

NSCCL - Age Group Categories - Boys 2010

U11			Race 1	Race 2	Race 3	Race 4	Total	
1	Thomas Evans	Wrexham AAC	U11B	2	2	2	1	7
2	Adam Fradley	Newcastle (Staffs) AC	U11B	4	1	1	3	9
3	Joshua Hinchly	West Cheshire AC	U11B	1	5	6	2	14
4	Ben Lee	Vale Royal AC	U11B	3	3	3	6	15
5	Fraser Parsonage	Uttoxeter Road Runners	U11B	13	9	5	4	31
6	William Kesteven	Crewe & Nantwich AC	U11B	7	11	10	5	33
7	Jack Soulsby	Crewe & Nantwich AC	U11B	8	16	7	8	39
8	Will Sammons	Stafford Harriers	U11B	9	8	14	10	41
9	Lucas Jones	City of Stoke AC	U11B	12	17	11	12	52
10	Harry Dobberson	Crewe & Nantwich AC	U11B	15	12	17	15	59
11	Alex Doyle	Vale Royal AC	U11B	16	15	21	14	66
12	Daniel Jakeman	Vale Royal AC	U11B	17	18	24	16	75
13	Lewis Pass	City of Stoke AC	U11B	22	19	25	20	86
14	John Humphries	Vale Royal AC	U11B	26	22	31	19	98
15	Jordan Sides	Crewe & Nantwich AC	U11B	32	29	32	23	116
15	Jamie Grundy	City of Stoke AC	U11B	36	28	33	24	121

U13			Race 1	Race 2	Race 3	Race 4	Total	
1	Ryan Lander	City of Stoke AC	U13B	1	1	3	2	7
2	James Fradley	Newcastle (Staffs) AC	U13B	2	4	1	1	8
3	Ryan Ashforth	Cannock & Stafford AC	U13B	4	5	2	5	16
3	Oliver Sadler	Staffordshire Moorlands AC	U13B	6	3	4	3	16
5	Tom Shenton	Crewe & Nantwich AC	U13B	8	2	7	4	21
6	James Howell-Jones	Crewe & Nantwich AC	U13B	7	7	8	7	29
7	Fred Dobberson	Crewe & Nantwich AC	U13B	14	8	10	8	40
8	Callum Ahern	Macclesfield Harriers	U13B	9	14	12	9	44
9	Tom Sabin	Stafford Harriers	U13B	12	12	19	11	54
10	Joel Harpur	Boalloy RC	U13B	13	17	17	17	64
11	Thomas Drabble	Buxton & District AC	U13B	15	16	21	15	67
12	Nathan Spencer Hall	Crewe & Nantwich AC	U13B	21	13	14	20	68
13	Daniel Burt	Buxton & District AC	U13B	26	15	15	14	70
14	Alex Mackay	Stafford Harriers	U13B	27	18	22	12	79
15	Matt Hole	Crewe & Nantwich AC	U13B	24	24	16	21	85
16	Robroy Gregory	City of Stoke AC	U13B	28	22	18	18	86
16	George Hooper	Boalloy RC	U13B	37	10	20	19	86
18	Joe Smith	Stafford Harriers	U13B	25	26	23	16	90
19	Jake Roberts	Boalloy RC	U13B	30	25	26	23	104
20	John Ceuppens	Boalloy RC	U13B	39	20	33	13	105
21	Duncan Parsonage	Uttoxeter Road Runners	U13B	33	29	25	27	114
22	Alex Lightfoot	City of Stoke AC	U13B	38	27	28	25	118
23	Will Lancaster	Boalloy RC	U13B	31	28	38	24	121
24	Chris Whitehurst	Newcastle (Staffs) AC	U13B	34	34	32	30	130
25	Callum Houseman	Cannock & Stafford AC	U13B	41	38	37	32	148
26	Harry Peters	Cannock & Stafford AC	U13B	43	39	42	34	158

U15			Race 1	Race 2	Race 3	Race 4	Total	
1	James McCann	Cannock & Stafford AC	U15B	1	1	1	1	4
2	Nathan Sabin	Stafford Harriers	U15B	2	2	3	9	16

3 Luke Cockerton	Crewe & Nantwich AC	U15B	4	7	7	6	24
4 Ashley Wyatt	City of Stoke AC	U15B	7	8	6	4	25
5 Robert Poole	Crewe & Nantwich AC	U15B	6	9	9	8	32
6 Aaron Houseman	Cannock & Stafford AC	U15B	3	12	12	7	34
7 James Russell	Cannock & Stafford AC	U15B	16	11	16	13	56
8 James Taylor	Macclesfield Harriers	U15B	9	17	15	18	59
9 Thomas Brookes	Staffordshire Moorlands AC	U15B	11	21	18	12	62
10 Josh Edge	Crewe & Nantwich AC	U15B	12	18	11	23	64
11 Jake Anderson	Macclesfield Harriers	U15B	15	20	19	16	70
12 Tyler Goodwin	Boalloy RC	U15B	19	26	21	11	77
13 Nick Stoddard	City of Stoke AC	U15B	14	23	27	14	78
14 Paul Fradley	Newcastle (Staffs) AC	U15B	13	15	38	15	81
14 Aaron Shaughnessy	Macclesfield Harriers	U15B	18	27	26	17	88
16 Connor Postles	Staffordshire Moorlands AC	U15B	22	33	33	22	110
17 Jonathon Whitehurst	Newcastle (Staffs) AC	U15B	26	34	34	25	119
18 George Steventon	City of Stoke AC	U15B	30	35	41	27	133

U17			Race 1	Race 2	Race 3	Race 4	Total
1 Nathan Jones	Colwyn Bay AC	U17M	1	1	1	1	4
2 Alex Brecker	City of Stoke AC	U17M	2	2	2	3	9
3 Ryan Heath	Telford AC	U17M	5	4	3	2	14
4 Henry Valentine	South Cheshire Harriers	U17M	4	3	8	4	19
5 Richard Owen	Crewe & Nantwich AC	U17M	6	9	5	5	25
6 Sam Botham	City of Stoke AC	U17M	9	5	6	7	27
7 Tom Guy	City of Stoke AC	U17M	7	6	12	6	31
8 James Roberts	Wrexham AAC	U17M	10	7	7	9	33
9 Russell Gibbons	South Cheshire Harriers	U17M	12	10	16	10	48
10 Daniel Allcock	South Cheshire Harriers	U17M	14	11	18	11	54
11 Bradley Smith	Crewe & Nantwich AC	U17M	13	17	15	13	58
12 Nick Durham	Newcastle (Staffs) AC	U17M	17	18	19	15	69

NSCCL - Age Group Categories - Girls 2010

U11			Race 1	Race 2	Race 3	Race 4	Total
1 Hannah Talbot	Stafford Harriers	U11G	2	2	1	3	8
2 Iris Davies	Cannock & Stafford AC	U11G	1	3	2	7	13
3 Rachel Fyfer	Crewe & Nantwich AC	U11G	3	8	3	6	20
4 Dulcie Whadcock	Macclesfield Harriers	U11G	7	4	6	4	21
5 Rachel Carter	Macclesfield Harriers	U11G	8	6	4	5	23
6 Charlie Peters	Cannock & Stafford AC	U11G	14	5	5	2	26
7 Caitlan Dimmock	Staffordshire Moorlands AC	U11G	9	7	7	8	31
8 Elisha Walker	Stafford Harriers	U11G	6	14	10	9	39
9 Georgia Murphy	City of Stoke AC	U11G	15	11	15	11	52
10 Lydia Hatton	Macclesfield Harriers	U11G	18	20	22	13	73
11 Emily Ashman	Crewe & Nantwich AC	U11G	17	23	19	20	79
12 Alice Richards	Cannock & Stafford AC	U11G	31	15	21	15	82
13 Rachel Wallace	Cannock & Stafford AC	U11G	28	24	23	14	89
14 Sarah Preston	Cannock & Stafford AC	U11G	20	31	28	18	97
15 Emily Collett	City of Stoke AC	U11G	30	22	25	23	100
16 Layla Owen	Newcastle (Staffs) AC	U11G	32	28	29	16	105
16 Georgia Wallace	Cannock & Stafford AC	U11G	33	27	26	19	105
18 Millie Stanyer	Stafford Harriers	U11G	36	32	31	21	120
19 Millie Peters	Cannock & Stafford AC	U11G	29	34	36	24	123

U13			Race 1	Race 2	Race 3	Race 4	Total
1 Megan Cogan	City of Stoke AC	U13G	1	2	1	1	5
2 Amy Hinchly	West Cheshire AC	U13G	2	3	2	5	12
3 Lauren Hancock	Staffordshire Moorlands AC	U13G	3	4	3	4	14
4 Amy Carter	Macclesfield Harriers	U13G	6	8	5	10	29
5 Annie Huntbach	Crewe & Nantwich AC	U13G	7	7	7	9	30
6 Cara Gibbons	Crewe & Nantwich AC	U13G	9	10	4	8	31
7 Freya Taylor Hatswell	Crewe & Nantwich AC	U13G	8	12	8	12	40
8 Victoria Stevenson	Staffordshire Moorlands AC	U13G	13	9	17	15	54
9 Dilys Grocott	Newcastle (Staffs) AC	U13G	22	15	10	17	64
9 Kayleigh Derry	Stafford Harriers	U13G	14	16	16	18	64
9 Anna Cawdrun	Crewe & Nantwich AC	U13G	15	17	13	19	64
12 Sophie Goodfellow	Newcastle (Staffs) AC	U13G	19	25	20	13	77
13 Emily Thomas	Macclesfield Harriers	U13G	21	21	19	21	82
13 Chloe Preston	Cannock & Stafford AC	U13G	23	22	14	23	82
15 Chloe Lindop	Newcastle (Staffs) AC	U13G	26	19	21	22	88
16 Sophie Smith	Crewe & Nantwich AC	U13G	27	26	29	29	111
16 Laura Taylor	Stafford Harriers	U13G	29	28	30	26	113
18 Laura Cogan	City of Stoke AC	U13G	35	27	32	27	121
18 Ellie Stanyer	Stafford Harriers	U13G	33	29	31	28	121
20 Laura Whitehurst	Newcastle (Staffs) AC	U13G	41	33	38	30	142

U15			Race 1	Race 2	Race 3	Race 4	Total
1 Abigail Backshall	Colwyn Bay AC	U15G	3	1	1	1	6
2 Rebecca Hughes	Staffordshire Moorlands AC	U15G	2	3	2	2	9
3 Louise Baker	Staffordshire Moorlands AC	U15G	1	2	3	3	9
4 Eleanor Mottshead	Cannock & Stafford AC	U15G	4	7	4	5	20
5 Rebecca Higton	Staffordshire Moorlands AC	U15G	5	9	6	6	26

6 Megan Roberts	Wrexham AAC	U15G	10	11	7	8	36
7 Charlotte Dale	Newcastle (Staffs) AC	U15G	6	10	9	12	37
8 Harriot Pickup	Boalloy RC	U15G	15	13	13	9	50
8 Molly Patrick	Newcastle (Staffs) AC	U15G	14	12	11	13	50
10 Katie Lennon	Crewe & Nantwich AC	U15G	13	17	12	16	58
11 Lauren Whittaker	Crewe & Nantwich AC	U15G	17	19	19	15	70
12 Lauren Gee	Stafford Harriers	U15G	18	21	17	18	74

U17			Race 1	Race 2	Race 3	Race 4	Total
1 Amy Mellor	Buxton & District AC	U17W	1	1	1	1	4
2 Catherine Hulme	Cannock & Stafford AC	U17W	2	2	2	2	8
3 Teresa Hulme	Cannock & Stafford AC	U17W	3	3	3	3	12
4 Sarah Hulme	Cannock & Stafford AC	U17W	5	4	4	4	17
5 Julie Addison	Stafford Harriers	U17W	4	5	5	5	19

NSCCL - Age Group categories - Senior Women 2010

Overall			Race 1	Race 2	Race 3	Race 4	Total	
1	Kim Fawke	Telford AC	W35	1	1	1	1	4
2	Sara Johnson	Trentham RC	JW	2	2	2	2	8
3	Sharleen Hollinshead	Cheadle RC	W40	5	6	4	5	20
4	Michelle Clarke	Telford AC	W35	3	4	5	10	22
5	Michelle Buckle	Newcastle AC	SW	13	5	9	3	30
6	Mandy Vernon	Trentham RC	W35	8	8	6	12	34
7	Ruth Watchorn Rice	Cheadle RC	W40	9	10	7	9	35
8	Tracey Greenway	Buxton & District AC	W45	14	16	14	14	58
9	Rebecca Harrison	Cheadle RC	SW	12	17	13	19	61
10	Jess Harvey	Telford Harriers	SW	19	19	18	15	71
10	Debbie Hope	Staffordshire Moorlands AC	W35	16	18	16	21	71
12	Debbie Thomas	Trentham RC	SW	17	22	19	20	78
13	Katie Latham	South Cheshire Harriers	SW	34	20	15	13	82
14	Juliet Hoad	Telford AC	W45	22	26	23	27	98
15	Christine Skellern	Stafford Harriers	W45	32	24	22	28	106
16	Rebecca Bray	Cannock & Stafford AC	JW	24	23	20	49	116
16	Sally Kenny	Cheadle RC	W35	29	27	35	25	116
18	Sue Kneill-Boxley	Cannock & Stafford AC	W40	30	29	37	34	130
19	Emma Wentworth	Buxton & District AC	W35	25	36	26	45	132
20	Ann Lomas	Congleton Harriers	W40	33	31	34	36	134
21	Joan Clarke	Stourbridge RC	W50	38	41	40	26	145
22	Lisa Blagden	Telford AC	W40	35	38	38	40	151
23	Becky Austin	Trentham RC	W35	63	30	33	33	159
24	Rose Wilson	Trentham RC	W50	40	48	41	41	170
25	Tracey Gee	Stafford Harriers	W40	43	50	45	48	186
26	Liz Clutton	Cheadle RC	W55	45	45	46	52	188
27	Fiona Ridley	Newcastle AC	W45	44	55	56	46	201
28	Sheila Bradley	Buxton & District AC	W50	47	53	58	44	202
29	Clare Holdcroft	Mow Cop Runners	W35	60	60	59	47	226
30	Laura Shaw	Stone MM	SW	68	54	57	58	237
31	Jenny Addison	Stafford Harriers	JW	72	56	69	56	253
32	Sue Poole	South Cheshire Harriers	W40	67	65	65	60	257
32	Belinda Riley	Newcastle AC	W50	58	75	61	67	261
34	Vicky Ronald	Colwyn Bay AC	W40	57	82	70	54	263
35	Jackie Kilding	Congleton Harriers	W45	66	69	73	57	265
36	Lynne Shepley	Stone MM	W50	82	64	74	62	282
37	Liz Stanyer	Stafford Harriers	W35	64	74	78	68	284
37	Rebecca Ibbs	Newcastle AC	SW	76	78	81	61	296
39	Kay Boulton	Staffordshire Moorlands AC	W50	56	97	83	75	311
40	Jane Holt	Newcastle AC	W40	73	83	93	72	321
41	Judith Ceuppens	Boalloy RC	W45	84	77	89	74	324
42	Elizabeth Baker	Staffordshire Moorlands AC	W50	85	81	96	70	332
43	Jill Norman	Staffordshire Moorlands AC	W50	79	89	88	81	337
44	Traci Gaunt	Sneyd Striders	W40	97	103	98	83	381
45	Grace Hough	Telford Harriers	W60	98	96	110	78	382
46	Zoe Yeomans	Stourbridge RC	SW	62	121	121	84	388
47	Margaret Shaw	Stone MM	W55	101	102	105	85	393
48	Lynne Roberts	Congleton Harriers	W40	104	108	114	87	413
49	Sarah Platt	Mow Cop Runners	W35	108	112	119	91	430
50	Rowena Hunter	Colwyn Bay AC	W45	112	116	120	89	437

51 Mary Radford	West Cheshire AC	W60	110	113	124	95	442
52 Sara Broome	Stafford Harriers	W45	111	118	126	92	447
53 Bridgett McCourt	Michelin AC	W35	114	117	125	94	450
54 Hazel Barlow	Michelin AC	W45	118	120	129	97	464
54 Jackie MacPhail	Trentham RC	W45	119	119	128	98	464

			Race 1	Race 2	Race 3	Race 4	Total
1 Sara Johnson	Trentham RC	JW	2	2	2	2	8
2 Rebecca Bray	Cannock & Stafford AC	JW	24	23	20	49	116
3 Jenny Addison	Stafford Harriers	JW	72	56	69	56	253

			Race 1	Race 2	Race 3	Race 4	Total
1 Kim Fawke	Telford AC	W35	1	1	1	1	4
2 Michelle Clarke	Telford AC	W35	3	4	5	10	22
3 Mandy Vernon	Trentham RC	W35	8	8	6	12	34
4 Debbie Hope	Staffordshire Moorlands AC	W35	16	18	16	21	71
5 Sally Kenny	Cheadle RC	W35	29	27	35	25	116
6 Emma Wentworth	Buxton & District AC	W35	25	36	26	45	132
7 Becky Austin	Trentham RC	W35	63	30	33	33	159
8 Clare Holdcroft	Mow Cop Runners	W35	60	60	59	47	226
9 Liz Stanyer	Stafford Harriers	W35	64	74	78	68	284
10 Sarah Platt	Mow Cop Runners	W35	108	112	119	91	430
11 Bridgett McCourt	Michelin AC	W35	114	117	125	94	450

			Race 1	Race 2	Race 3	Race 4	Total
1 Sharleen Hollinshead	Cheadle RC	W40	5	6	4	5	20
2 Ruth Watchorn Rice	Cheadle RC	W40	9	10	7	9	35
3 Sue Kneill-Boxley	Cannock & Stafford AC	W40	30	29	37	34	130
4 Ann Lomas	Congleton Harriers	W40	33	31	34	36	134
5 Lisa Blagden	Telford AC	W40	35	38	38	40	151
6 Tracey Gee	Stafford Harriers	W40	43	50	45	48	186
7 Sue Poole	South Cheshire Harriers	W40	67	65	65	60	257
8 Vicky Ronald	Colwyn Bay AC	W40	57	82	70	54	263
9 Jane Holt	Newcastle AC	W40	73	83	93	72	321
10 Traci Gaunt	Sneyd Striders	W40	97	103	98	83	381
11 Lynne Roberts	Congleton Harriers	W40	104	108	114	87	413

			Race 1	Race 2	Race 3	Race 4	Total
1 Tracey Greenway	Buxton & District AC	W45	14	16	14	14	58
2 Juliet Hoad	Telford AC	W45	22	26	23	27	98
3 Christine Skellern	Stafford Harriers	W45	32	24	22	28	106
4 Fiona Ridley	Newcastle AC	W45	44	55	56	46	201
5 Jackie Kilding	Congleton Harriers	W45	66	69	73	57	265
6 Judith Ceuppens	Boalloy RC	W45	84	77	89	74	324
7 Rowena Hunter	Colwyn Bay AC	W45	112	116	120	89	437
8 Sara Broome	Stafford Harriers	W45	111	118	126	92	447
9 Hazel Barlow	Michelin AC	W45	118	120	129	97	464
9 Jackie MacPhail	Trentham RC	W45	119	119	128	98	464

W50			Race 1	Race 2	Race 3	Race 4	Total	
1	Joan Clarke	Stourbridge RC	W50	38	41	40	26	145
2	Rose Wilson	Trentham RC	W50	40	48	41	41	170
3	Sheila Bradley	Buxton & District AC	W50	47	53	58	44	202
4	Belinda Riley	Newcastle AC	W50	58	75	61	67	261
5	Lynne Shepley	Stone MM	W50	82	64	74	62	282
6	Kay Boulton	Staffordshire Moorlands AC	W50	56	97	83	75	311
7	Elizabeth Baker	Staffordshire Moorlands AC	W50	85	81	96	70	332
8	Jill Norman	Staffordshire Moorlands AC	W50	79	89	88	81	337

W55			Race 1	Race 2	Race 3	Race 4	Total	
1	Liz Clutton	Cheadle RC	W55	45	45	46	52	188
2	Margaret Shaw	Stone MM	W55	101	102	105	85	393

W60			Race 1	Race 2	Race 3	Race 4	Total	
1	Grace Hough	Telford Harriers	W60	98	96	110	78	382
2	Mary Radford	West Cheshire AC	W60	110	113	124	95	442

NSCCL - Age Group categories - Senior Men 2010

Overall			Race 1	Race 2	Race 3	Race 4	Total	
1	Mark Dalkins	Telford AC	M40	3	2	2	2	9
2	Andy Clews	Vale Royal AC	JM	2	4	3	4	13
3	Tom Haynes	South Cheshire Harriers	JM	20	13	9	7	49
4	Jack Ross	Staffordshire Moorlands AC	JM	13	14	21	10	58
5	Gareth Briggs	Staffordshire Moorlands AC	SM	15	20	11	13	59
6	John Danahay	City of Stoke AC	M45	17	16	12	15	60
7	Jamie Anderson	Telford Harriers	SM	19	21	13	8	61
8	Danny Egan	Newcastle AC	SM	16	22	17	19	74
9	Paul Lester	Cannock & Stafford AC	SM	23	25	24	22	94
10	Mark Flint	Newcastle AC	M45	30	34	19	17	100
11	Craig Pearson	Cannock & Stafford AC	SM	33	28	18	25	104
12	Mick Haire	Boalloy RC	M45	36	32	30	29	127
13	Kevin Loundes	Chase Harriers	SM	28	30	39	40	137
14	Roger Moore	Staffordshire Moorlands AC	M40	38	41	29	38	146
14	Jeremy Wyatt	City of Stoke AC	M40	70	51	26	20	167
16	Philip Pugh	Cannock & Stafford AC	JM	52	44	41	39	176
16	Stephen Reid	Telford Harriers	SM	48	56	44	32	180
18	Robin Hope	Staffordshire Moorlands AC	M40	83	50	28	27	188
19	Bryan Lomas	Congleton Harriers	M40	49	46	56	42	193
20	Pete Newham	Congleton Harriers	M40	47	43	54	51	195
21	Pete Mallison	South Cheshire Harriers	SM	39	58	53	46	196
21	Tom Armstrong	Vale Royal AC	SM	51	54	49	45	199
23	Anthony Jones	Staffordshire Moorlands AC	M40	67	47	37	57	208
24	Sean Dyer	South Cheshire Harriers	JM	63	39	55	60	217
24	James Pearce	Congleton Harriers	M40	53	65	58	44	220
26	Darren Cottier	Vale Royal AC	M40	46	67	65	52	230
26	Chris Talbot	Telford AC	SM	74	38	60	63	235
28	Chris Bennett	Crewe & Nantwich AC	JM	40	37	104	59	240
29	Carl Moulton	Boalloy RC	SM	76	59	64	43	242
30	Tom Halloway	Staffordshire Moorlands AC	JM	72	72	73	28	245
31	Pete Carvell	Congleton Harriers	SM	66	69	72	48	255
32	Paul Williams	Telford AC	M45	60	64	52	82	258
32	Mike Anslow	Stourbridge RC	SM	62	63	88	56	269
34	Andy Roberts	Congleton Harriers	M40	89	53	71	68	281
35	Dave Hollyoak	Stafford Triathlon Club	M40	94	78	75	54	301
36	Shane Amos	Blythe Bridge RC	SM	90	74	92	66	322
37	Mark Cornes	Mow Cop Runners	SM	88	82	94	61	325
38	Martin Bailey	Newcastle AC	SM	101	77	79	70	327
39	Mark Maloney	Michelin AC	SM	98	92	77	67	334
40	Dave Rose	Stourbridge RC	M45	86	100	80	80	346
40	Dave Coley	Telford Harriers	M40	87	98	95	71	351
42	Paul Burslem	Trentham RC	M45	102	84	81	88	355
43	Phil Mainwaring	Trentham RC	SM	120	81	98	64	363
44	Scott Bamber	Vale Royal AC	M40	99	87	112	85	383
45	Dave Wilson	Newcastle AC	M40	104	88	102	107	401
45	Ian Maxwell	Telford Harriers	M45	109	108	109	96	422
47	Terry Fowler	Staffordshire Moorlands AC	M40	126	103	121	81	431
48	Toby Miller	Boalloy RC	SM	110	124	114	86	434
49	Ian Mulligan	Colwyn Bay AC	M40	139	106	101	95	441
50	Gary Owen	Michelin AC	M40	129	109	97	112	447

50 Harry Porter	Mow Cop Runners	SM	124	113	116	100	453
52 Derek Loundes	Chase Harriers	M55	125	117	117	106	465
53 Alex McCormick	Congleton Harriers	M45	133	128	133	102	496
54 Mick Beardmore	Cheadle RC	M55	128	144	113	113	498
55 Rob Huntbach	Crewe & Nantwich AC	M45	148	119	128	119	514
56 Robin Britton	Staffordshire Moorlands AC	M60	140	139	139	99	517
57 Dave Dobberson	Crewe & Nantwich AC	M45	136	138	123	123	520
58 Simon Garside	Stone MM	M50	123	155	147	122	547
59 Graham Cope	Uttoxeter RR	SM	158	147	135	126	566
60 Dave Marsden	Stafford Harriers	M55	150	152	158	150	610
61 Dave Sheppard	Stourbridge RC	M50	153	169	157	138	617
62 Andrew Addis	Mow Cop Runners	M55	161	157	165	146	629
63 Steve McConnell	Blythe Bridge RC	M50	159	164	177	149	649
64 Darren Windle	Stafford Triathlon Club	M45	162	172	174	142	650
65 Dave Wilson	Blythe Bridge RC	M55	171	165	171	151	658
66 Brian Mackey	Uttoxeter RR	M65	154	168	176	163	661
67 Phil Crowley	Chase Harriers	SM	164	170	175	158	667
68 Jamie Graham	Cannock & Stafford AC	JM	167	183	164	154	668
69 Arthur Zammitt	Telford Harriers	M40	170	174	190	144	678
70 Pete Doyle	Congleton Harriers	M50	174	175	196	153	698
71 Roger Smith	Blythe Bridge RC	M50	178	181	188	156	703
72 Gary Jones	Michelin AC	M40	176	178	194	160	708
73 Eddie Smith	Stafford Harriers	M55	182	188	198	159	727
74 Richard Shaw	Stone MM	M60	192	190	200	174	756
75 Kenny Johnson	Michelin AC	M50	187	196	206	173	762
76 Nigel Addison	Stafford Harriers	M45	197	198	209	176	780
77 Bill Stevenson	Michelin AC	M45	196	201	208	184	789
78 Nigel Symms	Newcastle AC	M40	198	197	217	189	801
79 Darren Taylor	Chase Harriers	M40	183	212	230	180	805
80 Nigel Gardner	City of Stoke AC	M45	209	204	210	187	810
81 Ian Clarke	Stourbridge RC	M55	204	209	223	181	817
82 Mike Edwards	Wrexham AAC	M65	205	210	224	188	827
83 Kevin McCourt	Michelin AC	M45	208	214	221	193	836
84 Bryan Dale	Stafford Harriers	M65	206	219	228	191	844
85 Michael Jones	Stafford Harriers	M65	217	220	233	192	862

JM			Race 1	Race 2	Race 3	Race 4	Total
1 Andy Clews	Vale Royal AC	JM	2	4	3	4	13
2 Tom Haynes	South Cheshire Harriers	JM	20	13	9	7	49
3 Jack Ross	Staffordshire Moorlands AC	JM	13	14	21	10	58
4 Philip Pugh	Cannock & Stafford AC	JM	52	44	41	39	176
5 Sean Dyer	South Cheshire Harriers	JM	63	39	55	60	217
6 Chris Bennett	Crewe & Nantwich AC	JM	40	37	104	59	240
7 Tom Halloway	Staffordshire Moorlands AC	JM	72	72	73	28	245
8 Jamie Graham	Cannock & Stafford AC	JM	167	183	164	154	668

M40			Race 1	Race 2	Race 3	Race 4	Total
1 Mark Dalkins	Telford AC	M40	3	2	2	2	9
2 Roger Moore	Staffordshire Moorlands AC	M40	38	41	29	38	146
3 Jeremy Wyatt	City of Stoke AC	M40	70	51	26	20	167
4 Robin Hope	Staffordshire Moorlands AC	M40	83	50	28	27	188

5	Bryan Lomas	Congleton Harriers	M40	49	46	56	42	193
6	Pete Newham	Congleton Harriers	M40	47	43	54	51	195
6	Anthony Jones	Staffordshire Moorlands AC	M40	67	47	37	57	208
8	James Pearce	Congleton Harriers	M40	53	65	58	44	220
9	Darren Cottier	Vale Royal AC	M40	46	67	65	52	230
10	Andy Roberts	Congleton Harriers	M40	89	53	71	68	281
11	Dave Hollyoak	Stafford Triathlon Club	M40	94	78	75	54	301
12	Dave Coley	Telford Harriers	M40	87	98	95	71	351
13	Scott Bamber	Vale Royal AC	M40	99	87	112	85	383
14	Dave Wilson	Newcastle AC	M40	104	88	102	107	401
15	Terry Fowler	Staffordshire Moorlands AC	M40	126	103	121	81	431
16	Ian Mulligan	Colwyn Bay AC	M40	139	106	101	95	441
17	Gary Owen	Michelin AC	M40	129	109	97	112	447
18	Arthur Zammit	Telford Harriers	M40	170	174	190	144	678
19	Gary Jones	Michelin AC	M40	176	178	194	160	708
20	Nigel Symms	Newcastle AC	M40	198	197	217	189	801
21	Darren Taylor	Chase Harriers	M40	183	212	230	180	805

M45				Race 1	Race 2	Race 3	Race 4	Total
1	John Danahay	City of Stoke AC	M45	17	16	12	15	60
2	Mark Flint	Newcastle AC	M45	30	34	19	17	100
3	Mick Haire	Boalloy RC	M45	36	32	30	29	127
3	Paul Williams	Telford AC	M45	60	64	52	82	258
5	Dave Rose	Stourbridge RC	M45	86	100	80	80	346
6	Paul Burslem	Trentham RC	M45	102	84	81	88	355
7	Ian Maxwell	Telford Harriers	M45	109	108	109	96	422
8	Alex McCormick	Congleton Harriers	M45	133	128	133	102	496
9	Rob Huntbach	Crewe & Nantwich AC	M45	148	119	128	119	514
10	Dave Dobberson	Crewe & Nantwich AC	M45	136	138	123	123	520
11	Darren Windle	Stafford Triathlon Club	M45	162	172	174	142	650
12	Nigel Addison	Stafford Harriers	M45	197	198	209	176	780
13	Bill Stevenson	Michelin AC	M45	196	201	208	184	789
14	Nigel Gardner	City of Stoke AC	M45	209	204	210	187	810
15	Kevin McCourt	Michelin AC	M45	208	214	221	193	836

M50				Race 1	Race 2	Race 3	Race 4	Total
1	Simon Garside	Stone MM	M50	123	155	147	122	547
2	Dave Sheppard	Stourbridge RC	M50	153	169	157	138	617
3	Steve McConnell	Blythe Bridge RC	M50	159	164	177	149	649
4	Pete Doyle	Congleton Harriers	M50	174	175	196	153	698
5	Roger Smith	Blythe Bridge RC	M50	178	181	188	156	703
6	Kenny Johnson	Michelin AC	M50	187	196	206	173	762

M55				Race 1	Race 2	Race 3	Race 4	Total
1	Derek Loundes	Chase Harriers	M55	125	117	117	106	465
2	Mick Beardmore	Cheadle RC	M55	128	144	113	113	498
3	Dave Marsden	Stafford Harriers	M55	150	152	158	150	610
4	Andrew Addis	Mow Cop Runners	M55	161	157	165	146	629
5	Dave Wilson	Blythe Bridge RC	M55	171	165	171	151	658
6	Eddie Smith	Stafford Harriers	M55	182	188	198	159	727

	7 Ian Clarke	Stourbridge RC	M55	204	209	223	181	817
M60				Race 1	Race 2	Race 3	Race 4	Total
	1 Robin Britton	Staffordshire Moorlands AC	M60	140	139	139	99	517
	2 Richard Shaw	Stone MM	M60	192	190	200	174	756
M65				Race 1	Race 2	Race 3	Race 4	Total
	1 Brian Mackey	Uttoxeter RR	M65	154	168	176	163	661
	2 Mike Edwards	Wrexham AAC	M65	205	210	224	188	827
	3 Bryan Dale	Stafford Harriers	M65	206	219	228	191	844
	4 Michael Jones	Stafford Harriers	M65	217	220	233	192	862
M70				Race 1	Race 2	Race 3	Race 4	Total
	1 John Tipping	Wrexham AAC	M70	2	2	2	1	7