

North Staffordshire Cross Country League 2009 - Boys Results - Stafford Commo

U11 Boys

| | | | |
|------------------------|-------------------------|------|-------|
| 1 James Fradley | Newcastle (Staffs) AC | U11B | 9.05 |
| 2 Ryan Ashforth | Cannock & Stafford AC | U11B | 9.17 |
| 3 Tom Sabin | Stafford Harriers | U11B | 9.26 |
| 4 Mike Roberts | Colwyn Bay AC | U11B | 9.30 |
| 5 George Hooper | Boalloy RC | U11B | 9.47 |
| 6 Fraser Parsonage | Uttoxeter Road Runners | U11B | 9.49 |
| 7 Edward Smith | City of Stoke AC | U11B | 9.50 |
| 8 Tom Osborne | Cannock & Stafford AC | U11B | 9.52 |
| 9 Jake Meir | Newcastle (Staffs) AC | U11B | 9.59 |
| 10 Thomas Evans | Wrexham AAC | U11B | 10.03 |
| 11 William Tomlinson | Wrexham AAC | U11B | 10.06 |
| 12 Lynden Caven-Smith | Buxton & District AC | U11B | 10.07 |
| 13 Callum Ahern | Macclesfield Harriers | U11B | 10.08 |
| 14 Adam Fradley | Newcastle (Staffs) AC | U11B | 10.11 |
| 15 Joel Harpur | Boalloy RC | U11B | 10.22 |
| 16 Will Sammons | Stafford Harriers | U11B | 10.22 |
| 17 Daniel Needham | Boalloy RC | U11B | 10.22 |
| 18 Fred Dobberson | Crewe & Nantwich AC | U11B | 10.22 |
| 19 Stephen Mellor | Buxton & District AC | U11B | 10.22 |
| 20 Josh Carr | Boalloy RC | U11B | 10.27 |
| 21 Joshua Roberts | Stafford Triathlon Club | U11B | 10.33 |
| 22 Jordan Higginbottom | Buxton & District AC | U11B | 10.43 |
| 23 James Prenter | Stafford Harriers | U11B | 10.50 |
| 24 Ryan Whittaker | Macclesfield Harriers | U11B | 10.53 |
| 25 Ethan Wemyss | City of Stoke AC | U11B | 10.58 |
| 26 Joe Grindey | Buxton & District AC | U11B | 11.08 |
| 27 Freddie Macnulty | Boalloy RC | U11B | 11.08 |
| 28 Connor Clements | Newcastle (Staffs) AC | U11B | 11.14 |
| 29 Lucas Jones | City of Stoke AC | U11B | 11.15 |
| 30 Christopher Baldwin | Macclesfield Harriers | U11B | 11.19 |
| 31 Geordie Barnett | Macclesfield Harriers | U11B | 11.33 |
| 32 Alex Lightfoot | City of Stoke AC | U11B | 12.36 |
| 33 Dillan Brownson | Newcastle (Staffs) AC | U11B | 13.01 |
| 34 Nathan Upton | Cannock & Stafford AC | U11B | 13.16 |
| 35 Charlie Cope | Uttoxeter Road Runners | U11B | 13.30 |
| 36 Caleb Hill | Newcastle (Staffs) AC | U11B | 14.22 |
| 37 Ambrose Morris | Newcastle (Staffs) AC | U11B | 14.27 |

| | |
|-------------------------|----|
| 1 Newcastle (Staffs) AC | 24 |
| 2 Boalloy RC | 37 |
| 3 Stafford Harriers | 42 |
| 4 Cannock & Stafford AC | 44 |
| 5 Buxton & District AC | 53 |
| 6 City of Stoke AC | 61 |
| 7 Macclesfield Harriers | 67 |

U13 Boys

| | | | | |
|-----------------|----------------------------|------|-------|-------|
| 1 Sam Whitehead | Boalloy RC | U13B | 12.58 | 12.34 |
| 2 Alex Harrison | Staffordshire Moorlands AC | U13B | | 12.47 |

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|----------------------|------------------------|------|-------|------------------|
| 3 Elliott Nevill | Crewe & Nantwich AC | U13B | 12.54 | 13.26 |
| 4 Alistair Thornton | Macclesfield Harriers | U13B | 12.59 | 13.29 |
| 5 James Howell-Jones | Crewe & Nantwich AC | U13B | 13.26 | 13.38 |
| 6 Louie Bennett | Colwyn Bay AC | U13B | 9.54 | 13.56 |
| 7 Nick Stoddard | City of Stoke AC | U13B | | 14.07 |
| 8 John Ceuppens | Boalloy RC | U13B | 9.33 | 14.17 |
| 9 Harry Palmer | Macclesfield Harriers | U13B | 13.46 | 9.47 13.44 14.30 |
| 10 Duncan Parsonage | Uttoxeter Road Runners | U13B | 12.58 | 9.21 13.41 14.44 |
| 11 Joe Smith | Stafford Harriers | U13B | 13.22 | 9.31 13.52 14.53 |
| 12 Robroy Gregory | City of Stoke AC | U13B | 13.57 | 9.48 14.26 15.10 |
| 13 Thomas Drabble | Buxton & District AC | U13B | 14.20 | 9.36 14.30 15.15 |
| 14 Leon Barnett | Macclesfield Harriers | U13B | | 15.17 |
| 15 Curtis Owen | Stafford Harriers | U13B | 14.51 | 9.58 14.31 15.21 |
| 16 Chris Whitehurst | Newcastle (Staffs) AC | U13B | 14.27 | 9.58 15.09 15.51 |
| 17 Jack Sammons | Stafford Harriers | U13B | 10.40 | 16.15 |
| 18 George Steventon | City of Stoke AC | U13B | 14.31 | 10.04 16.22 |
| 19 Jake Roberts | Congleton Harriers | U13B | | 16.42 |

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|-------------------------|----|
| 1 Macclesfield Harriers | 27 |
| 2 City of Stoke AC | 37 |
| 3 Stafford Harriers | 43 |

U15 Boys

| | | | |
|---------------------|----------------------------|------|-------|
| 1 Tom Earley | Colwyn Bay AC | U15B | 20.26 |
| 2 Richard Owen | Crewe & Nantwich AC | U15B | 20.32 |
| 3 Zack Bamber | Vale Royal AC | U15B | 20.38 |
| 4 Nathan Jones | Colwyn Bay AC | U15B | 21.05 |
| 5 Oliver Brereton | Newcastle (Staffs) AC | U15B | 21.27 |
| 6 Ashley Wyatt | City of Stoke AC | U15B | 21.38 |
| 7 Nathan Sabin | Stafford Harriers | U15B | 22.08 |
| 8 David Blower | Wrexham AAC | U15B | 22.18 |
| 9 Nick Durham | Newcastle (Staffs) AC | U15B | 22.22 |
| 10 Ben Brereton | Newcastle (Staffs) AC | U15B | 22.41 |
| 11 William Haycox | Cannock & Stafford AC | U15B | 22.52 |
| 12 Jake Griffith | Colwyn Bay AC | U15B | 23.20 |
| 13 Luke Cockerton | Crewe & Nantwich AC | U15B | 23.24 |
| 14 Mathew Caton | Staffordshire Moorlands AC | U15B | 23.41 |
| 15 George Backshall | Colwyn Bay AC | U15B | 23.42 |
| 16 Seorse Bailey | Colwyn Bay AC | U15B | 23.48 |
| 17 Danny Need | Staffordshire Moorlands AC | U15B | 24.08 |
| 18 Paul Fradley | Newcastle (Staffs) AC | U15B | 24.39 |
| 19 Edward Finch | Boalloy RC | U15B | 24.56 |
| 20 Isaac Maskell | Boalloy RC | U15B | 25.01 |
| 21 Mathew Pugh | Cannock & Stafford AC | U15B | 25.08 |
| 22 George Bottomley | Boalloy RC | U15B | 25.15 |
| 23 Sam Watts | Stafford Harriers | U15B | 25.41 |
| 24 James Davies | Newcastle (Staffs) AC | U15B | 26.51 |
| 25 Connor Postles | Staffordshire Moorlands AC | U15B | 27.38 |
| 26 Ben Thomas | Newcastle (Staffs) AC | U15B | 28.12 |
| 27 John Whitehurst | Newcastle (Staffs) AC | U15B | 30.13 |

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|-----------------|----|
| 1 Colwyn Bay AC | 17 |
|-----------------|----|

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|------------------------------|----|
| 2 Newcastle (Staffs) AC | 24 |
| 3 Staffordshire Moorlands AC | 56 |
| 4 Boalloy RC | 61 |

U17 Men

| | | | |
|--------------------|-------------------------|------|-------|
| 1 Philip Pugh | Cannock & Stafford AC | U17M | 25.00 |
| 2 Jack Ross | Staffordshire Moorlands | U17M | 25.47 |
| 3 Michael Harding | City of Stoke AC | U17M | 26.17 |
| 4 Joe Broome | City of Stoke AC | U17M | 26.24 |
| 5 Chris Bennett | Crewe & Nantwich AC | U17M | 26.43 |
| 6 Stuart Davies | Cannock & Stafford AC | U17M | 27.04 |
| 7 Sam Derry | Cannock & Stafford AC | U17M | 27.25 |
| 8 Russell Gibbons | Crewe & Nantwich AC | U17M | 27.35 |
| 9 Henry Valentine | Crewe & Nantwich AC | U17M | 27.51 |
| 10 Bradley Smith | Crewe & Nantwich AC | U17M | 28.18 |
| 11 Sean Dyer | Crewe & Nantwich AC | U17M | 28.30 |
| 12 David O'Farrell | Cannock & Stafford AC | U17M | 29.35 |
| 13 Rob Wilson | City of Stoke AC | U17M | 30.25 |
| 14 Liam Dyer | Crewe & Nantwich AC | U17M | 30.37 |
| 15 Daniel Allcock | South Cheshire? | U17M | 30.45 |
| 16 George Mellor | City of Stoke AC | U17M | 33.37 |

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|-------------------------|----|
| 1 Cannock & Stafford AC | 14 |
| 2 City of Stoke AC | 20 |
| 3 Crewe & Nantwich AC | 22 |

North Staffordshire Cross Country League 2009 - Girls Results - Stafford Common

U11 Girls

| | | | |
|----------------------|-----------------------|------|------|
| 1 Amy Carter | Macclesfield Harriers | U11G | 4.43 |
| 2 India Mellor | Newcastle (Staffs) AC | U11G | 4.47 |
| 3 Cara Gibbons | Crewe & Nantwich AC | U11G | 4.50 |
| 4 Elisha Walker | Stafford Harriers | U11G | 4.54 |
| 5 Rebecca Simpson | Crewe & Nantwich AC | U11G | 4.59 |
| 6 Sofie Goodfellow | Newcastle (Staffs) AC | U11G | 5.03 |
| 7 Ellie Baxter | Stafford Harriers | U11G | 5.04 |
| 8 Hannah Gooding | Macclesfield Harriers | U11G | 5.07 |
| 9 Chloe Lindop | Newcastle (Staffs) AC | U11G | 5.08 |
| 10 Hannah Gaskell | Macclesfield Harriers | U11G | 5.09 |
| 11 Sian Walker | Crewe & Nantwich AC | U11G | 5.09 |
| 12 Becky Smith | Vale Royal AC | U11G | 5.11 |
| 13 Sarah Stockman | Macclesfield Harriers | U11G | 5.12 |
| 14 Hannah Talbot | Stafford Harriers | U11G | 5.14 |
| 15 Ellie Stanyer | Stafford Harriers | U11G | 5.14 |
| 16 Emily Thomas | Macclesfield Harriers | U11G | 5.17 |
| 17 Charlie Peters | Cannock & Stafford AC | U11G | 5.21 |
| 18 Laura Cogan | City of Stoke AC | U11G | 5.26 |
| 19 Allana Buckingham | Macclesfield Harriers | U11G | 5.27 |
| 20 Ella Bennett | Colwyn Bay AC | U11G | 5.27 |
| 21 Georgia Murphy | City of Stoke AC | U11G | 5.28 |
| 22 Olivia Larson | Newcastle (Staffs) AC | U11G | 5.34 |
| 23 Laura Whitehurst | Newcastle (Staffs) AC | U11G | 5.37 |
| 24 Emily Ashman | Crewe & Nantwich AC | U11G | 5.39 |
| 25 Roisin Nolan | City of Stoke AC | U11G | 5.40 |
| 26 Rachel Wallace | Cannock & Stafford AC | U11G | 5.44 |
| 27 Caitlan Dimick | City of Stoke AC | U11G | 5.47 |
| 28 Sarah Preston | Cannock & Stafford AC | U11G | 5.55 |
| 29 Georgia Wallace | Cannock & Stafford AC | U11G | 5.59 |

| | |
|-------------------------|----|
| 1 Newcastle (Staffs) AC | 17 |
| 2 Macclesfield Harriers | 19 |
| 2 Crewe & Nantwich AC | 19 |
| 4 Stafford Harriers | 25 |
| 5 City of Stoke AC | 64 |
| 6 Cannock & Stafford AC | 71 |

U13 Girls

| | | | |
|---------------------|----------------------------|------|-------|
| 1 Abigail Backshall | Colwyn Bay AC | U13G | 9.21 |
| 2 Megan Cogan | City of Stoke AC | U13G | 9.33 |
| 3 Rebecca Hughes | Staffordshire Moorlands AC | U13G | 9.33 |
| 4 Lauren Hancock | Staffordshire Moorlands AC | U13G | 9.50 |
| 5 Sarah Griffiths | City of Stoke AC | U13G | 9.55 |
| 6 Rebecca Higton | Staffordshire Moorlands AC | U13G | 9.58 |
| 7 Jessica Grindey | Buxton & District AC | U13G | 9.58 |
| 8 Dilys Grocott | Newcastle (Staffs) AC | U13G | 10.16 |
| 9 Harriet Pickup | Boalloy RC | U13G | 10.18 |
| 10 Charlie Bagguley | Newcastle (Staffs) AC | U13G | 10.32 |

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|----------------------|----------------------------|------|-------|
| 11 Annie Huntbach | Crewe & Nantwich AC | U13G | 10.41 |
| 12 Rebecca Hulme | Staffordshire Moorlands AC | U13G | 10.44 |
| 13 Sophie Quince | Buxton & District AC | U13G | 10.49 |
| 14 Chloe Preston | Cannock & Stafford AC | U13G | 11.04 |
| 15 Jade Ashmore | Buxton & District AC | U13G | 11.04 |
| 16 Megan Smith | City of Stoke AC | U13G | 11.09 |
| 17 Lauren Ashmore | Buxton & District AC | U13G | 11.13 |
| 18 Catherine Mellor | City of Stoke AC | U13G | 11.15 |
| 19 Tia Phillips | Wrexham AAC | U13G | 11.34 |
| 20 Maread Nolan | City of Stoke AC | U13G | 11.37 |
| 21 Emily Scott | Stafford Harriers | U13G | 11.39 |
| 22 Beth Smith | City of Stoke AC | U13G | 12.04 |
| 23 Megan Caddick | Stafford Harriers | U13G | 12.14 |
| 24 Liberty Rowson | Newcastle (Staffs) AC | U13G | 12.23 |
| 25 Jamie O'Connor | Cannock & Stafford AC | U13G | 12.31 |
| 26 Isobel Manders | City of Stoke AC | U13G | 12.32 |
| 27 Bethany Hill | Stafford Triathlon Club | U13G | 12.50 |
| 28 Charmaine Chauncy | City of Stoke AC | U13G | 12.55 |
| 29 Pheobe Hill | Newcastle (Staffs) AC | U13G | 13.40 |

| | |
|------------------------------|----|
| 1 Staffordshire Moorlands AC | 13 |
| 2 City of Stoke AC | 23 |
| 3 Buxton & District AC | 35 |
| 4 Newcastle (Staffs) AC | 42 |

U15 Girls

| | | | |
|---------------------|----------------------------|------|-------|
| 1 Louise Baker | Staffordshire Moorlands AC | U15G | 12.52 |
| 2 Jade Bird | Cannock & Stafford AC | U15G | 13.20 |
| 3 Amelia Ridgway | Cannock & Stafford AC | U15G | 14.05 |
| 4 Grace Rossiter | Cannock & Stafford AC | U15G | 14.14 |
| 5 Charlotte Smith | Cannock & Stafford AC | U15G | 14.22 |
| 6 Charlotte Dale | Newcastle (Staffs) AC | U15G | 14.24 |
| 7 Jessica Griffiths | City of Stoke AC | U15G | 14.27 |
| 8 Megan Roberts | Wrexham AAC | U15G | 15.40 |
| 9 Lauren Whittaker | Crewe & Nantwich AC | U15G | 16.40 |
| 10 Lauren Gee | Stafford Harriers | U15G | 16.43 |
| 11 Emma Atkinson | Stafford Triathlon Club | U15G | 19.54 |

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|-------------------------|---|
| 1 Cannock & Stafford AC | 9 |
|-------------------------|---|

U17 Women

| | | | |
|--------------------|----------------------------|------|-------|
| 1 Becky Bray | Cannock & Stafford AC | U17W | 23.50 |
| 2 Amy Mellor | Buxton & District AC | U17W | 24.49 |
| 3 Stephanie Reeves | Staffordshire Moorlands AC | U17W | 25.10 |
| 4 Teresa Hulme | Cannock & Stafford AC | U17W | 25.35 |
| 5 Beth Clarke | Cannock & Stafford AC | U17W | 26.55 |
| 6 Julie Addison | Stafford Harriers | U17W | 27.12 |
| 7 Hazel Ollier | Crewe & Nantwich AC | U17W | 28.55 |
| 8 Sophie Cartmail | Stafford Harriers | U17W | 30.21 |
| 9 Laura Mathews | Newcastle (Staffs) AC | U17W | 36.41 |

**North Staffordshire Cross Country League Women's Results 2009 - Stafford
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Senior Women

| | | | |
|--------------------------|----------------------------|-----|-------|
| 1 Lucy Haywood | Stafford Triathlon Club | SW | 27.04 |
| 2 Jayne Dickens | Trentham RC | W40 | 27.29 |
| 3 Kerry Marchant | Staffordshire Moorlands AC | W35 | 27.30 |
| 4 Michelle Clarke | Telford AC | W35 | 27.38 |
| 5 Ruth Watchorn Rice | Cheadle RC | W40 | 27.39 |
| 6 Jo Donnelly | Trentham RC | W35 | 27.45 |
| 7 Jacqui Slack | Newcastle AC | SW | 28.02 |
| 8 Adele Salt | Trentham RC | W35 | 28.10 |
| 9 Kath Lamplough | Macclesfield Harriers | SW | 28.28 |
| 10 Michelle Buckle | Newcastle AC | SW | 28.36 |
| 11 Sarah Pickering | Cannock & Stafford AC | SW | 28.40 |
| 12 Wendy Higginbottom | Buxton & District AC | W40 | 28.50 |
| 13 Nicky Lowe | South Cheshire Harriers | W35 | 28.51 |
| 14 Sara Johnson | Trentham RC | JW | 28.58 |
| 15 Tracey Greenway | Buxton & District AC | W45 | 29.02 |
| 16 Louise Collins | Stourbridge RC | SW | 29.16 |
| 17 Nina Skilton | Stafford Harriers | W40 | 29.18 |
| 18 Ruth Barry | Congleton Harriers | SW | 29.35 |
| 19 Debbie Thomas | Trentham RC | SW | 29.38 |
| 20 Maggie Fenn | Vale Royal AC | W35 | 29.40 |
| 21 Laura Palmer | Chase Harriers | SW | 29.52 |
| 22 Cheryl Evans | Telford AC | W45 | 29.57 |
| 23 Rebecca Harrison | Cheadle RC | SW | 30.00 |
| 24 Rachel Atherton | Cannock & Stafford AC | JW | 30.01 |
| 25 Amanda Dibble | Stourbridge RC | SW | 30.03 |
| 26 Claire Skelton | Stafford Harriers | SW | 30.44 |
| 27 Mel Dougan | Trentham RC | SW | 30.49 |
| 28 Amy Cope | Stone MM | SW | 30.52 |
| 29 Ruth Pryce | South Cheshire Harriers | W35 | 30.56 |
| 30 Rachael Postles | Staffordshire Moorlands AC | SW | 30.58 |
| 31 Jess Harvey | Telford Harriers | SW | 31.01 |
| 32 Rhianon Williams | Stafford Triathlon Club | W35 | 31.23 |
| 33 Hillary Wood | Staffordshire Moorlands AC | W35 | 31.24 |
| 34 Emma Matthews | Stafford Triathlon Club | SW | 31.24 |
| 35 Jane Staite | Telford Harriers | W40 | 31.33 |
| 36 Beverley Noble | Chase Harriers | W40 | 31.38 |
| 37 Sue Kneill-Boxley | Cannock & Stafford AC | W40 | 31.40 |
| 38 Louise Tomkinson-Hill | Stafford Triathlon Club | W35 | 31.40 |
| 39 Juliet Hoad | Telford AC | W40 | 31.54 |
| 40 Debbie Hope | Staffordshire Moorlands AC | W35 | 31.57 |
| 41 Christine Skellern | Stafford Harriers | W45 | 31.58 |
| 42 Melanie Young | Newcastle AC | SW | 31.58 |
| 43 Kerry Widdowson | Trentham RC | W35 | 32.07 |
| 44 Tracey Gee | Stafford Harriers | W35 | 32.08 |
| 45 Becky Austin | Newcastle AC | W35 | 32.16 |
| 46 Ruth Umerah | Stafford Harriers | W40 | 32.23 |
| 47 Jo Maitland | Staffordshire Moorlands AC | SW | 32.28 |
| 48 Rose Wilson | Trentham RC | W50 | 32.29 |
| 49 Charlotte Ramsay | South Cheshire Harriers | W35 | 32.37 |

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|-----------------------|----------------------------|-----|-------|
| 50 Jo Moss | Congleton Harriers | W35 | 33.12 |
| 51 Dawn Hawkins | Cheadle RC | W35 | 33.13 |
| 52 Samantha Hastings | Chase Harriers | SW | 33.19 |
| 53 Lucy Mellor | Chase Harriers | SW | 33.23 |
| 54 Linda Cooke | Stone MM | W50 | 33.25 |
| 55 Liz Clutton | Cheadle RC | W55 | 33.28 |
| 56 Sally Norris | Stafford Triathlon Club | SW | 33.37 |
| 57 Belinda Riley | Newcastle AC | W50 | 33.50 |
| 58 Rachel Beardmore | Cheadle RC | SW | 33.54 |
| 59 Jean Turner | Telford Harriers | W45 | 34.02 |
| 60 Emma Havenhand | Buxton & District AC | W35 | 34.03 |
| 61 Rachel Turner | Chase Harriers | SW | 34.03 |
| 62 Amy Durrant | South Cheshire Harriers | SW | 34.03 |
| 63 Heather Pearce | Congleton Harriers | W40 | 34.05 |
| 64 Karen Davies | Stafford Harriers | W45 | 34.10 |
| 65 Lisa Goode | Stafford Triathlon Club | W35 | 34.16 |
| 66 Sara Nicholson | Buxton & District AC | W45 | 34.20 |
| 67 Anne-Marie Claye | Buxton & District AC | SW | 34.22 |
| 68 Traci Gaunt | Sneyd Striders | W40 | 34.28 |
| 69 Gillian Russon | Cannock & Stafford AC | W40 | 34.34 |
| 70 Sarah Paskin | Sneyd Striders | W35 | 34.37 |
| 71 Rebecca Ibbs | Newcastle AC | SW | 34.38 |
| 72 Pauline Newton | Newport & District RC | W55 | 34.40 |
| 73 Yvonne Leeson | Stone MM | W55 | 34.44 |
| 74 Louise Clowes | Trentham RC | W35 | 34.47 |
| 75 Alison Larwood | Telford Harriers | W35 | 34.52 |
| 76 Pam Davies | Stone MM | W55 | 34.58 |
| 77 Yvonne Nicholls | Chase Harriers | W50 | 35.02 |
| 78 Donna Burgess | Staffordshire Moorlands AC | W35 | 35.05 |
| 79 Jen Seager | Stafford Triathlon Club | SW | 35.06 |
| 80 Caroline Nichol | Stafford Harriers | SW | 35.10 |
| 81 Lynne Shepley | Stone MM | W50 | 35.16 |
| 82 Annette Walchester | Michelin AC | W40 | 35.31 |
| 83 Emma Cooper | Uttoxeter RR | SW | 35.36 |
| 84 Dawn Bishop | Stourbridge RC | SW | 35.44 |
| 85 Sara Rex | Telford Harriers | W40 | 35.45 |
| 86 Cath Delaney | Newport & District RC | W40 | 35.55 |
| 87 Liz Stanyer | Stafford Harriers | W35 | 35.58 |
| 88 Clare Shubotham | Michelin AC | SW | 36.04 |
| 89 Nicky Fulcher | Sneyd Striders | SW | 36.07 |
| 90 Rachel Tweedie | Newcastle AC | W35 | 36.11 |
| 91 Sandra Durow | Uttoxeter RR | W40 | 36.18 |
| 92 Lucy Webb | Uttoxeter RR | W50 | 36.22 |
| 93 Kay Boulton | Staffordshire Moorlands AC | W50 | 36.24 |
| 94 Amanda Clay | Stafford Triathlon Club | W35 | 36.34 |
| 95 Gemma Bond | Stafford Triathlon Club | SW | 36.40 |
| 96 Jenny Addison | Stafford Harriers | JW | 36.57 |
| 97 Hannah Rice | Michelin AC | SW | 37.02 |
| 98 Jo Coombes | Newport & District RC | W40 | 37.06 |
| 99 Gail Goodwin | Newcastle AC | W35 | 37.10 |
| 100 Elizabeth Baker | Staffordshire Moorlands AC | W50 | 37.34 |
| 101 Amanda Thompson | Sneyd Striders | SW | 37.43 |
| 102 Jill Ross | Stafford Harriers | W40 | 37.45 |

| | | | |
|--------------------------|----------------------------|-----|-------|
| 103 Sue Taylor | Cheadle RC | W50 | 37.49 |
| 104 Mary Bawn | Sneyd Striders | SW | 37.53 |
| 105 Jane Tucker | Telford Harriers | SW | 37.55 |
| 106 Amy Whitehurst | Newcastle AC | JW | 38.18 |
| 107 Zoe Yeomans | Stourbridge RC | SW | 38.35 |
| 108 Jayne Denby | Buxton & District AC | W55 | 38.39 |
| 109 Jill Norman | Staffordshire Moorlands AC | W45 | 38.50 |
| 110 Sue Hill | Uttoxeter RR | W45 | 39.03 |
| 111 Sue Barron | Uttoxeter RR | W40 | 39.08 |
| 112 Sarah Dyde | South Cheshire Harriers | W40 | 39.30 |
| 113 Honor Cann | Uttoxeter RR | SW | 39.42 |
| 114 Gillian Csizmadia | Wrexham AAC | W45 | 39.50 |
| 115 Kerry Cornes | Stourbridge RC | SW | 39.56 |
| 116 Carole Williams | Vale Royal AC | W55 | 40.24 |
| 117 Julie Griffiths | Stone MM | W45 | 41.14 |
| 118 Diane Steventon | Stafford Triathlon Club | SW | 41.41 |
| 119 Andrea Bowman-Twohey | Stafford Triathlon Club | W40 | 42.10 |
| 120 Roz Elcock | Stourbridge RC | W35 | 42.35 |
| 121 Kathryn Roper | Newport & District RC | W35 | 43.11 |
| 122 Fiona Russell | Cannock & Stafford AC | W40 | 44.01 |
| 123 Liz Goodwin | Uttoxeter RR | W45 | 44.37 |
| 124 Judith Coleman | Stafford Harriers | W55 | 44.38 |
| 125 Mary Radford | West Cheshire AC | W60 | 44.47 |
| 126 Sarah Evans | Stourbridge RC | SW | 45.19 |
| 127 Nicky Davis | Stourbridge RC | SW | 45.20 |
| 128 Lorraine Blythe | Telford Harriers | SW | 45.41 |
| 129 Debbie Howard | Michelin AC | SW | 46.24 |
| 130 Kellie Lee | Stafford Harriers | W35 | 50.42 |
| 131 Hazel Barlow | Michelin AC | W45 | 50.54 |
| 132 Cath Credon | Michelin AC | W35 | 50.54 |

Div 1 - 4 to count

| | |
|---------------------------|-----|
| 1 Trentham RC | 30 |
| 2 Newcastle AC | 104 |
| 3 Stafford Triathlon Club | 105 |
| 4 Cheadle RC | 134 |
| 5 Chase Harriers | 162 |
| 7 Telford Harriers | 200 |
| 8 Stone MM | 231 |

Div 2 4 to count

| | |
|------------------------------|-----|
| 1 Staffordshire Moorlands AC | 106 |
| 2 Stafford Harriers | 128 |
| 3 Cannock & Stafford AC | 141 |
| 4 Buxton & District AC | 153 |
| 5 South Cheshire | 153 |
| 6 Stourbridge RC | 232 |
| 7 Sneyd Striders | 328 |
| 8 Uttoxeter RR | 376 |
| 9 Newport & District RC | 377 |
| 10 Michelin AC | 396 |

North Staffordshire Cross Country League 2009 - Mens Results - Stafford Commo

Senior Men

| | | | | | |
|---------------------|----------------------------|-----|-------|-------|-------|
| 1 Alex Derricott | Staffordshire Moorlands AC | SM | 33.38 | 42.26 | 42.26 |
| 2 Marc Hartley | Staffordshire Moorlands AC | SM | 34.20 | 43.38 | 43.38 |
| 3 Seb Duffy | City of Stoke AC | SM | 33.48 | 35.54 | 43.39 |
| 4 Andy Clews | Vale Royal AC | JM | 35.19 | 36.11 | 44.21 |
| 5 Brian Cole | City of Stoke AC | SM | 34.57 | 37.21 | 44.27 |
| 6 Kyle Fowler | Staffordshire Moorlands AC | JM | | 44.33 | 44.33 |
| 7 Stuart Doyle | Vale Royal AC | SM | 34.39 | 36.37 | 44.45 |
| 8 Will Joyce | Telford AC | SM | | 37.25 | 44.59 |
| 9 Gareth Briggs | Staffordshire Moorlands AC | SM | | 38.21 | 45.08 |
| 10 Craig Pearson | Cannock & Stafford AC | SM | | 36.45 | 45.29 |
| 11 Steve Bazell | City of Stoke AC | SM | 36.03 | 37.17 | 45.46 |
| 12 Ryan Holdroyd | Staffordshire Moorlands AC | JM | | 37.22 | 45.55 |
| 13 David Bratt | Staffordshire Moorlands AC | SM | | 38.02 | 45.59 |
| 14 Kevin Loundes | Chase Harriers | SM | 37.21 | 38.09 | 46.05 |
| 15 John Danahay | City of Stoke AC | M45 | 36.31 | 38.46 | 46.27 |
| 16 Andy Wilton | Staffordshire Moorlands AC | M45 | | 37.34 | 46.35 |
| 17 James Wood | Congleton Harriers | SM | 37.45 | 38.05 | 46.39 |
| 18 Jamie Anderson | Telford AC | SM | 37.07 | 39.11 | 46.41 |
| 19 Bryan Carr | Congleton Harriers | M45 | 36.28 | 38.07 | 46.43 |
| 20 Ian Yates | Trentham RC | SM | 36.06 | 37.49 | 46.57 |
| 21 Richard Lucock | Telford AC | SM | 36.11 | 39.09 | 47.08 |
| 22 Tom Annable | Vale Royal AC | M45 | | 47.12 | 47.12 |
| 23 Craig Jeffrey | Staffordshire Moorlands AC | SM | | 47.22 | 47.22 |
| 24 Mark Flint | Newcastle AC | M40 | 37.03 | 38.59 | 47.23 |
| 25 Russell Barron | Stafford Harriers | SM | | 47.34 | 47.34 |
| 26 Mark Neeld | Stone MM | M40 | 38.03 | 39.33 | 47.37 |
| 27 Liam Hendricken | City of Stoke AC | JM | 37.49 | 38.30 | 47.57 |
| 28 Johnathon Hockey | Telford AC | SM | | 38.37 | 48.22 |
| 29 Andy Allen | City of Stoke AC | M40 | | 39.10 | 48.28 |
| 30 Richard Brooks | Staffordshire Moorlands AC | SM | 37.01 | 38.36 | 48.35 |
| 31 Tim Twentyman | Newcastle AC | M40 | | 42.02 | 48.37 |
| 32 Dave Lee | City of Stoke AC | SM | 38.04 | | 48.43 |
| 33 Pete Mallison | South Cheshire Harriers | SM | 39.17 | 40.37 | 48.49 |
| 34 Mick Haire | Boalloy RC | M45 | 38.12 | 39.50 | 49.06 |
| 35 Mike Hatton | South Cheshire Harriers | M45 | 39.02 | | 49.27 |
| 36 Jason Thomas | Trentham RC | SM | | 49.30 | 49.30 |
| 37 Ryan Ordidge | Telford AC | JM | | 41.22 | 49.34 |
| 38 Russell Hall | Stone MM | SM | | 44.58 | 49.39 |
| 39 Paul Lester | Cannock & Stafford AC | SM | | 41.29 | 49.44 |
| 40 Julian Goodwin | Boalloy RC | SM | 37.26 | 41.44 | 49.49 |
| 41 Bryan Lomas | Congleton Harriers | M40 | 39.28 | 40.38 | 49.53 |
| 42 Kelvin Amos | Staffordshire Moorlands AC | M50 | 38.19 | 40.22 | 50.06 |
| 43 Anthony Allen | Congleton Harriers | SM | | 50.07 | 50.07 |
| 44 Paul Burslem | Trentham RC | M40 | 39.39 | 41.05 | 50.09 |
| 45 Pete Newham | Congleton Harriers | M40 | 39.36 | 41.09 | 50.21 |
| 46 James Pearce | Congleton Harriers | M40 | 39.22 | 41.11 | 50.22 |
| 47 Martin Bailey | Newcastle AC | SM | 39.19 | 41.19 | 50.28 |
| 48 Paul Williams | Telford AC | M45 | 39.41 | 41.14 | 50.29 |

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|---------------------|----------------------------|-----|-------|-------|-------------|
| 49 Pat Hudson | South Cheshire Harriers | SM | 41.42 | 50.29 | 50.29 |
| 50 George Mafu | Stafford Harriers | SM | 42.10 | 42.01 | 50.47 50.47 |
| 51 Paul Crisford | Newcastle AC | SM | | 50.55 | 50.55 |
| 52 Andy Dippie | Telford Harriers | M45 | 41.27 | 50.56 | 50.56 |
| 53 Paul Gibbings | Trentham RC | M45 | 36.46 | 39.41 | 51.04 51.04 |
| 54 Colin Simpson | South Cheshire Harriers | M40 | 39.56 | 42.47 | 51.07 51.07 |
| 55 Dave Hollyoak | Stafford Triathlon Club | M40 | 38.05 | 42.10 | 51.07 51.07 |
| 56 Glyn Wade | Stafford Triathlon Club | M40 | 40.47 | 41.35 | 51.08 51.08 |
| 57 Ian Sparkes | Newcastle AC | SM | 42.28 | 51.10 | 51.10 |
| 58 Simon Jackson | Congleton Harriers | M45 | 39.26 | 41.37 | 51.19 51.19 |
| 59 Neil Jones | South Cheshire Harriers | M40 | 41.54 | 51.21 | 51.21 |
| 60 Adam Jones | Colwyn Bay AC | SM | 39.59 | 42.26 | 51.23 51.23 |
| 61 Steve Bowman | Chase Harriers | SM | 41.46 | 51.31 | 51.31 |
| 62 Pedro Havelock | Stafford Triathlon Club | SM | 40.46 | 42.25 | 51.37 51.37 |
| 63 Lee Campbell | Boalloy RC | M45 | 40.27 | 43.08 | 51.38 51.38 |
| 64 Simon Danks | Uttoxeter RR | M40 | 41.03 | 51.40 | 51.40 |
| 65 Andy Roberts | Congleton Harriers | M40 | 41.23 | 51.41 | 51.41 |
| 66 John Whilock | Staffordshire Moorlands AC | M40 | 40.36 | 42.03 | 51.45 51.45 |
| 67 Rick Hayley | Telford AC | M55 | | 51.46 | 51.46 |
| 68 Nick Thomas | Telford Harriers | M45 | 40.09 | 51.47 | 51.47 |
| 69 Mike Saint-Dunn | Stafford Harriers | SM | 43.29 | 51.48 | 51.48 |
| 70 Danny Evans | Sneyd Striders | SM | 40.49 | 42.15 | 51.48 51.48 |
| 71 Gary Postins | Newport & District RC | SM | 40.18 | 41.31 | 51.48 51.48 |
| 72 Thomas Csizmadia | Wrexham AAC | JM | 41.38 | 41.47 | 51.57 51.57 |
| 73 Nick Dunning | South Cheshire Harriers | M40 | | 52.02 | 52.02 |
| 74 Mark Maloney | Michelin AC | SM | 46.24 | 52.05 | 52.05 |
| 75 Russell Godwin | Colwyn Bay AC | M40 | 42.51 | 52.14 | 52.14 |
| 76 Mark Griffiths | Telford Harriers | M40 | | 52.16 | 52.16 |
| 77 Peter Plant | Telford AC | M45 | | 52.21 | 52.21 |
| 78 Rob Harvey | Newcastle AC | SM | 42.45 | 52.24 | 52.24 |
| 79 Mark Birkett | Sneyd Striders | SM | 38.32 | 52.26 | 52.26 |
| 80 Ian Salt | Uttoxeter RR | SM | 43.17 | 52.47 | 52.47 |
| 81 Paul Parkinson | Newport & District RC | SM | 40.15 | 43.26 | 52.49 52.49 |
| 82 Paul Drabble | Buxton & District RC | M45 | 41.17 | 52.55 | 52.55 |
| 83 Tom Bentley | Newcastle AC | SM | 44.12 | 52.57 | 52.57 |
| 84 Dan Clowes | Trentham RC | SM | 38.06 | 43.21 | 53.06 53.06 |
| 85 Dave Rose | Stourbridge RC | M45 | 42.15 | 45.20 | 53.15 53.15 |
| 86 Ivor Twist | South Cheshire Harriers | M50 | 41.26 | 53.19 | 53.19 |
| 87 Andy Durant | South Cheshire Harriers | SM | 45.52 | 45.26 | 53.27 53.27 |
| 88 Mark Wood | Staffordshire Moorlands AC | M40 | 41.04 | 43.25 | 53.28 53.28 |
| 89 James Simpson | South Cheshire Harriers | SM | 42.00 | 53.38 | 53.38 |
| 90 Paul Thomas | Trentham RC | M45 | 42.05 | 44.33 | 53.41 53.41 |
| 91 Sam Newton | Trentham RC | SM | 42.01 | 53.44 | 53.44 |
| 92 Chris Yorke | Colwyn Bay AC | M40 | | 53.45 | 53.45 |
| 93 Tony Archer | Vale Royal AC | M55 | | 53.48 | 53.48 |
| 94 Roger Grand | Congleton Harriers | SM | 44.05 | 53.50 | 53.50 |
| 95 Andrew Soltysic | Chase Harriers | M40 | 40.28 | 43.44 | 53.52 53.52 |
| 96 Paul Douglas | Stafford Harriers | M55 | 42.08 | 45.01 | 53.56 53.56 |
| 97 Chris Moss | Congleton Harriers | SM | 40.53 | 53.59 | 53.59 |
| 98 Alan Henderson | Telford Harriers | SM | 42.11 | 43.52 | 54.04 54.04 |
| 99 Simon Jones | Sneyd Striders | SM | 42.17 | 54.11 | 54.11 |
| 100 Neal Jones | Colwyn Bay AC | SM | 43.09 | 54.16 | 54.16 |
| 101 Dave Haden | Stourbridge RC | M40 | 43.09 | 44.27 | 54.28 54.28 |

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|------------------------|----------------------------|-----|-------|-------|-------|-------|
| 102 Mick Beardmore | Cheadle RC | M55 | 44.55 | 47.06 | 54.31 | 54.31 |
| 103 Chris Ross | Stafford Harriers | M45 | 42.21 | 47.03 | 54.35 | 54.35 |
| 104 Terry Fowler | Buxton & District RC | M40 | | 54.39 | 54.39 | |
| 105 Keith Skelton | Stafford Harriers | M40 | 45.02 | 54.39 | 54.39 | |
| 106 Julian Barry | Congleton Harriers | M55 | 43.02 | 44.52 | 54.53 | 54.53 |
| 107 Andy Mayers | South Cheshire Harriers | M40 | 43.56 | 44.48 | 55.00 | 55.00 |
| 108 Mel Cole | South Cheshire Harriers | M55 | 46.27 | 55.04 | 55.04 | |
| 109 Martin Fox | Newcastle AC | M40 | 46.14 | 55.06 | 55.06 | |
| 110 Ian Maxwell | Telford Harriers | M45 | 43.42 | 44.53 | 55.07 | 55.07 |
| 111 Pete Horton | Sneyd Striders | M50 | 45.14 | 55.09 | 55.09 | |
| 112 Dean Blyth | Telford Harriers | SM | 44.44 | 45.31 | 55.14 | 55.14 |
| 113 Toby Miller | Boalloy RC | SM | 43.31 | 45.59 | 55.19 | 55.19 |
| 114 Richard Lowndes | Stafford Triathlon Club | M40 | 42.42 | 45.07 | 55.26 | 55.26 |
| 115 Ian Mulligan | Colwyn Bay AC | M40 | | 55.26 | 55.26 | |
| 116 Marcus Crompton | Vale Royal AC | M40 | 45.52 | 46.47 | 55.26 | 55.26 |
| 117 Ian Atkinson | Newport & District RC | M45 | 44.23 | 46.03 | 55.34 | 55.34 |
| 118 Malcom Dawes | Telford AC | M60 | 46.28 | 55.36 | 55.36 | |
| 119 Mike Anslow | Stourbridge RC | SM | | 55.41 | 55.41 | |
| 120 Mark Hough | South Cheshire Harriers | M40 | 45.46 | 45.31 | 55.45 | 55.45 |
| 121 Simon Darman | Congleton Harriers | SM | 43.12 | 55.52 | 55.52 | |
| 122 Anthony Pinson | Telford Harriers | SM | 43.14 | 46.42 | 55.59 | 55.59 |
| 123 Robin Britton | Staffordshire Moorlands AC | M55 | 42.57 | 45.49 | 56.02 | 56.02 |
| 124 Nigel Payne | Michelin AC | M45 | | 56.04 | 56.04 | |
| 125 Paul Broadhurst | Sneyd Striders | M40 | 44.02 | 45.24 | 56.04 | 56.04 |
| 126 David Hetherington | Chase Harriers | SM | 45.20 | 46.56 | 56.04 | 56.04 |
| 127 Scott Bamber | Vale Royal AC | M40 | 46.32 | 56.12 | 56.12 | |
| 128 Carl Williams | Boalloy RC | M40 | 43.15 | 44.07 | 56.24 | 56.24 |
| 129 Gary Owen | Michelin AC | SM | 45.07 | 45.53 | 56.28 | 56.28 |
| 130 John Booth | South Cheshire Harriers | M55 | 45.00 | 46.53 | 56.31 | 56.31 |
| 131 Peter Sarson | Stafford Harriers | M60 | 42.36 | 44.19 | 56.37 | 56.37 |
| 132 Mark Quince | Buxton & District RC | M40 | 47.02 | 48.14 | 56.41 | 56.41 |
| 133 Chris Hall | Newcastle AC | SM | | 56.42 | 56.42 | |
| 134 Alex McCormick | Congleton Harriers | M45 | 43.24 | 46.08 | 56.44 | 56.44 |
| 135 Bill Boynton | Congleton Harriers | M60 | 46.17 | 47.36 | 56.50 | 56.50 |
| 136 Andy Boardman | Stourbridge RC | M40 | 45.34 | 56.51 | 56.51 | |
| 137 Steve Turner | Stafford Harriers | M45 | 46.25 | 48.34 | 56.56 | 56.56 |
| 138 Alan Webster | Macclesfield Harriers | M45 | 47.15 | 56.58 | 56.58 | |
| 139 Arthur Egan | Wrexham AAC | M60 | 45.20 | 47.43 | 57.02 | 57.02 |
| 140 Neil Caswell | Chase Harriers | SM | 46.24 | 48.41 | 57.07 | 57.07 |
| 141 Andy Painter | South Cheshire Harriers | SM | 44.41 | 47.29 | 57.10 | 57.10 |
| 142 Sim Hadebe | Newport & District RC | M45 | | 57.21 | 57.21 | |
| 143 Ben Cann | Uttoxeter RR | JM | 48.19 | 49.22 | 57.23 | 57.23 |
| 144 Jonothan Howell | Stone MM | M55 | 45.39 | 48.44 | 57.25 | 57.25 |
| 145 Chris Green | Staffordshire Moorlands AC | M50 | 46.10 | 57.28 | 57.28 | |
| 146 Chris Wade | Boalloy RC | SM | 48.06 | 47.00 | 57.31 | 57.31 |
| 147 Andrew Stephens | Boalloy RC | SM | 46.54 | 57.49 | 57.49 | |
| 148 Andrew Davies | Telford Harriers | M55 | 44.47 | 57.59 | 57.59 | |
| 149 John Cooke | Stone MM | M55 | | 58.07 | 58.07 | |
| 150 Rob Stubbs | Cheadle RC | SM | 49.17 | 58.10 | 58.10 | |
| 151 Graham Cope | Uttoxeter RR | SM | 43.59 | 47.30 | 58.19 | 58.19 |
| 152 Graham Fletcher | Newcastle AC | M50 | 46.27 | 47.57 | 58.27 | 58.27 |
| 153 Tony Kent | Michelin AC | M45 | | 58.32 | 58.32 | |
| 154 Phil Heathcote | Cheadle RC | M40 | 46.00 | 58.38 | 58.38 | |

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|-------------------------|----------------------------|-----|-------|-------|-------|
| 155 Alan Jenkins | Newport & District RC | M45 | 46.04 | 58.40 | 58.40 |
| 156 Dave Dobberson | Crewe & Nantwich AC | M45 | 49.38 | 58.42 | 58.42 |
| 157 Rob Mayers | South Cheshire Harriers | M45 | 47.08 | 58.50 | 58.50 |
| 158 Roger Smith | Blythe Bridge RC | M50 | 45.18 | 47.53 | 59.01 |
| 159 Mark Bentley | Stafford Harriers | M45 | 45.02 | 49.17 | 59.05 |
| 160 Simon Walker | South Cheshire Harriers | M40 | | 59.18 | 59.18 |
| 161 Dave Wilson | Blythe Bridge RC | M55 | 46.58 | 48.45 | 59.22 |
| 162 Steve Martin | Michelin AC | M40 | | 59.31 | 59.31 |
| 163 Brian Mackey | Uttoxeter RR | M60 | 47.12 | 49.45 | 59.40 |
| 164 Chris Owen | Stafford Harriers | SM | 47.20 | 59.50 | 59.50 |
| 165 Paul Roberts | Stafford Triathlon Club | M40 | 46.02 | 60.01 | 60.01 |
| 166 Richard Bailey | Telford Harriers | M40 | 46.35 | 47.27 | 60.05 |
| 167 Neil Gerrity | Newcastle AC | SM | 49.22 | 49.23 | 60.11 |
| 168 Bob Hopkins | Stourbridge RC | M45 | | 60.14 | 60.14 |
| 169 Dave Sheppard | Stourbridge RC | M50 | 45.26 | 48.35 | 60.22 |
| 170 Will Glasson | Stafford Triathlon Club | SM | 46.23 | 48.25 | 60.36 |
| 171 Dave Marsden | Stafford Harriers | M55 | 48.21 | 50.28 | 60.40 |
| 172 Derek Loundes | Chase Harriers | M55 | 48.40 | 49.51 | 60.43 |
| 173 Ken Bloor | Trentham RC | M45 | 47.55 | 60.49 | 60.49 |
| 174 Roy McCauley | Staffordshire Moorlands AC | M50 | 50.22 | 51.11 | 60.53 |
| 175 Darren Fincham | Telford AC | M45 | 50.22 | 60.54 | 60.54 |
| 176 Alastair Dyde | South Cheshire Harriers | M45 | 47.38 | 52.34 | 61.08 |
| 177 Jason Littlewood | Stafford Harriers | JM | 50.45 | 49.13 | 61.13 |
| 178 Keith Parry | Chase Harriers | M50 | 51.31 | 61.18 | 61.18 |
| 179 Don Beech | Staffordshire Moorlands AC | M50 | 49.08 | 50.11 | 61.18 |
| 180 Andrew Noble | Chase Harriers | M40 | 46.27 | 51.24 | 61.28 |
| 181 Adrian Reeves-Jones | Cheadle RC | M40 | 49.02 | 50.05 | 61.33 |
| 182 Arthur Zammit | Telford Harriers | SM | 49.53 | 61.35 | 61.35 |
| 183 James Brownsley | Telford Harriers | SM | | 61.37 | 61.37 |
| 184 Adam Pickford | Stafford Triathlon Club | SM | 46.38 | 61.41 | 61.41 |
| 185 Eddie Smith | Stafford Harriers | M55 | 49.15 | 51.07 | 61.48 |
| 186 Marcus Clay | Stafford Triathlon Club | SM | | 62.00 | 62.00 |
| 187 Paul Bradley | Stourbridge RC | M50 | 50.41 | 62.07 | 62.07 |
| 188 Bill Stevenson | Michelin AC | M45 | 49.03 | 51.23 | 62.10 |
| 189 Phil Crowley | Chase Harriers | SM | 51.02 | 62.18 | 62.18 |
| 190 David Alun Williams | Wrexham AAC | M60 | 51.33 | 52.00 | 62.19 |
| 191 Alan Lewis | Trentham RC | M60 | 52.38 | 62.20 | 62.20 |
| 192 Richard Hill | Stafford Triathlon Club | SM | 48.02 | 51.49 | 62.21 |
| 193 Tom Denny | Stafford Triathlon Club | M45 | | 62.35 | 62.35 |
| 194 Trevor Steventon | Stafford Triathlon Club | M45 | | 62.44 | 62.44 |
| 195 Rod Campbell | Cheadle RC | M60 | 49.04 | 52.17 | 62.45 |
| 196 Arthur Roden | Chase Harriers | M60 | 48.48 | 62.45 | 62.45 |
| 197 Andy Bourne | Stafford Harriers | SM | 51.13 | 52.01 | 62.48 |
| 198 Tom Johnson | Stone MM | SM | | 62.57 | 62.57 |
| 199 Phil Cliffe | South Cheshire Harriers | M45 | 51.12 | 52.47 | 62.59 |
| 200 Ian Coates | Staffordshire Moorlands AC | M50 | | 63.11 | 63.11 |
| 201 Colin Rathbone | Vale Royal AC | M60 | 51.46 | 51.25 | 63.12 |
| 202 Mark Till | Sneyd Striders | SM | 49.27 | 51.32 | 63.14 |
| 203 Nigel Addison | Stafford Harriers | M45 | 52.16 | 63.21 | 63.21 |
| 204 Steven Spires | Wrexham AAC | M40 | 55.41 | 52.41 | 63.35 |
| 205 Brent Greenway | Buxton & District RC | M45 | 52.09 | 63.48 | 63.48 |
| 206 Ian Clarke | Stourbridge RC | M55 | 48.46 | 54.33 | 63.52 |
| 207 Kenny Johnson | Michelin AC | M50 | 49.51 | 52.45 | 63.55 |

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|---------------------------|----------------------------|-----|-------|-------|-------------|
| 208 Paul Poulton | Chase Harriers | SM | 53.49 | 64.13 | 64.13 |
| 209 Richard Dawson | Stourbridge RC | SM | 64.22 | 64.22 | |
| 210 Steven Fairs | Telford Harriers | M40 | 54.08 | 64.27 | 64.27 |
| 211 Ben Roper | Newport & District RC | SM | 54.19 | 64.33 | 64.33 |
| 212 Tim Miller | Boalloy RC | M55 | 50.29 | 55.28 | 64.37 64.37 |
| 213 Gerry Calvert | Trentham RC | M60 | 53.11 | 64.41 | 64.41 |
| 214 Nigel Symms | Newcastle AC | M40 | 52.14 | 53.37 | 64.46 64.46 |
| 215 Darren Windle | Stafford Triathlon Club | M40 | 52.59 | 64.53 | 64.53 |
| 216 Paul Clutterbuck | Vale Royal AC | M40 | 64.58 | 64.58 | |
| 217 Simon Phillips | Wrexham AAC | M45 | 53.05 | 65.10 | 65.10 |
| 218 John Leese | Stafford Harriers | M60 | 51.47 | 52.29 | 65.11 65.11 |
| 219 Chris Tammer-Tremayne | Congleton Harriers | M60 | 50.59 | 51.28 | 65.12 65.12 |
| 220 Clive Baggeley | Uttoxeter RR | M60 | 54.18 | 65.15 | 65.15 |
| 221 John Plant | Newcastle AC | M50 | 51.01 | 55.50 | 65.21 65.21 |
| 222 Tony Bridgwood | Michelin AC | M60 | 51.17 | 53.25 | 65.25 65.25 |
| 223 Richard Barrington | City of Stoke AC | M60 | 65.32 | 65.32 | |
| 224 Bob Drew | Sneyd Striders | M55 | 65.37 | 65.37 | |
| 225 David Norman | Telford Harriers | SM | 65.43 | 65.43 | |
| 226 Brad Machin | Blythe Bridge RC | SM | 57.19 | 54.43 | 65.46 65.46 |
| 227 Kevin Allerton | Stone MM | SM | 42.35 | 50.55 | 65.57 65.57 |
| 228 Graham Williams | Stafford Harriers | M60 | 52.29 | 54.16 | 65.59 65.59 |
| 229 Tony Ratcliffe | Newcastle AC | M60 | 53.27 | 66.02 | 66.02 |
| 230 Gary Jones | Michelin AC | M40 | 50.56 | 66.12 | 66.12 |
| 231 Danny Carter | Uttoxeter RR | M45 | 52.49 | 55.10 | 66.16 66.16 |
| 232 Craig Baxter | Stafford Harriers | SM | 53.28 | 55.44 | 66.20 66.20 |
| 233 Mark Churton | Stone MM | SM | 47.42 | 51.20 | 66.25 66.25 |
| 234 Mike Cutler | South Cheshire Harriers | M50 | 54.37 | 66.32 | 66.32 |
| 235 Mick Collins | Blythe Bridge RC | M40 | 57.04 | 66.42 | 66.42 |
| 236 Andy Curry | Staffordshire Moorlands AC | M50 | 59.34 | 67.15 | 67.15 |
| 237 Martin Stirna | South Cheshire Harriers | M55 | 50.49 | 55.38 | 67.16 67.16 |
| 238 Bill Chidlow | Stafford Harriers | M60 | 49.44 | 67.45 | 67.45 |
| 239 Rob Griffith | Chase Harriers | M40 | 53.53 | 57.10 | 68.11 68.11 |
| 240 Dave Davis | Telford AC | M50 | 51.06 | 52.23 | 68.35 68.35 |
| 241 Gareth Edwards | Telford Harriers | M60 | 55.40 | 68.48 | 68.48 |
| 242 Colin Bourne | Michelin AC | SM | 56.59 | 59.35 | 69.05 69.05 |
| 243 Bryan Dale | Newcastle AC | M60 | 54.25 | 57.41 | 70.36 70.36 |
| 244 Mick Horsenail | Stafford Triathlon Club | M60 | 56.04 | 56.48 | 70.47 70.47 |
| 245 Tom Cochrane | Cheadle RC | M55 | 47.46 | 50.53 | 71.04 71.04 |
| 246 Ray Maskell | Boalloy RC | M50 | 71.44 | 71.44 | |
| 247 Darren Taylor | Chase Harriers | SM | 58.27 | 72.02 | 72.02 |
| 248 Michael Jones | Stafford Harriers | M60 | 58.33 | 58.38 | 72.30 72.30 |
| 249 Malcolm Rushton | Trentham RC | M55 | 56.03 | 60.28 | 72.45 72.45 |
| 250 Alan Hotchkiss | Telford AC | M60 | 55.33 | 58.00 | 72.46 72.46 |
| 251 Steve Jackman | Stone MM | M40 | 55.50 | 74.01 | 74.01 |
| 252 Stuart Fowley | Stafford Harriers | M45 | 59.33 | 61.44 | 75.01 75.01 |
| 253 Mike Edwards | Wrexham AAC | M60 | 58.12 | 61.33 | 75.45 75.45 |
| 254 Mick Moore | Stafford Harriers | M60 | 61.03 | 64.17 | 76.34 76.34 |

Div 1 - 6 to count

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|------------------------------|-----|
| 1 Staffordshire Moorlands AC | 43 |
| 2 City of Stoke AC | 90 |
| 3 Congleton Harriers | 211 |

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|---------------------------|-----|
| 4 Newcastle AC | 288 |
| 5 South Cheshire Harriers | 303 |
| 6 Trentham RC | 327 |
| 7 Stafford Harriers | 448 |
| 8 Boalloy RC | 524 |
| 9 Stourbridge RC | 778 |

Div 2 - 4 to count

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|---------------------------|-----|
| 1 Telford AC | 75 |
| 2 Vale Royal | 126 |
| 3 Stafford Triathlon Club | 287 |
| 4 Telford Harriers | 294 |
| 5 Chase Harriers | 296 |
| 6 Stone MM | 357 |
| 7 Sneyd Striders | 359 |
| 8 Newport & District RC | 411 |
| 9 Uttoxeter RR | 438 |
| 10 Michelin AC | 480 |
| 11 Buxton and District AC | 523 |
| 13 Cheadle RC | 587 |
| 14 Wrexham AAC | 605 |
| 15 Blythe Bridge RC | 780 |