

North Staffordshire Cross Country League 2009 - Boys Results - Park Hall

U11 Boys

1 Ryan Ashforth	Cannock & Stafford AC	U11B	7.01	8.11	7.27	8.03
2 James Fradley	Newcastle (Staffs) AC	U11B				8.14
3 Tom Sabin	Stafford Harriers	U11B	6.55	8.07	7.21	8.32
4 Mike Roberts	Colwyn Bay AC	U11B	8.14	8.54		8.37
5 George Hooper	Boalloy RC	U11B	7.37	8.37	7.52	8.43
6 Fraser Parsonage	Uttoxeter Road Runners	U11B	7.26	8.26	7.45	8.50
7 Adam Fradley	Newcastle (Staffs) AC	U11B	7.46	9.03	8.16	8.52
8 Daniel Needham	Boalloy RC	U11B	8.28	10.10		9.01
9 Edward Smith	City of Stoke AC	U11B		9.17	7.57	9.04
10 Stephen Mellor	Buxton & District AC	U11B				9.08
11 Lynden Caven-Smith	Buxton & District AC	U11B				9.10
12 Fred Dobberson	Crewe & Nantwich AC	U11B	7.50	9.16	7.54	9.15
13 Joel Harpur	Boalloy RC	U11B	7.47	9.05	8.23	9.15
14 Reese Clowes	City of Stoke AC	U11B	7.55	9.32		9.15
15 Jake Meir	Newcastle (Staffs) AC	U11B				9.22
16 Josh Carr	Boalloy RC	U11B				9.23
17 Will Sammons	Stafford Harriers	U11B	7.11	8.32	7.17	9.24
18 Jordan Higginbottom	Buxton & District AC	U11B		9.27	8.05	9.29
19 Callum Ahern	Macclesfield Harriers	U11B				9.32
20 Harry Holland	Boalloy RC	U11B				9.33
21 Christopher Baldwin	Macclesfield Harriers	U11B				9.46
22 Callum Bailey	Macclesfield Harriers	U11B				9.48
23 James Prenter	Stafford Harriers	U11B				9.48
24 Alex Mackay	Stafford Harriers	U11B				10.01
25 Lucas Jones	City of Stoke AC	U11B	8.46	10.10	8.42	10.07
26 Geordie Barnett	Macclesfield Harriers	U11B				10.13
27 Connor Clements	Newcastle (Staffs) AC	U11B	9.08	10.28	9.46	10.14
28 Joe Grindey	Buxton & District AC	U11B	9.11		9.14	10.20
29 Ethan Wemyss	City of Stoke AC	U11B		9.43	8.46	10.22
30 Freddie Macnulty	Boalloy RC	U11B	10.33			10.28
31 Alex Lightfoot	City of Stoke AC	U11B	11.30	14.07	13.30	10.42
32 James Holland	Boalloy RC	U11B	11.28	14.14	13.40	10.43
33 James Poole	Crewe & Nantwich AC	U11B	8.54	10.11	9.02	11.05
34 Charlie Cope	Uttoxeter Road Runners	U11B	7.44	8.56	9.24	11.48
35 Caleb Hill	Newcastle (Staffs) AC	U11B	9.01	10.34	9.24	12.03
36 Ambrose Morris	Newcastle (Staffs) AC	U11B	7.58			13.33

1 Newcastle (Staffs) AC	24
2 Boalloy RC	26
3 Buxton & District AC	39
4 Stafford Harriers	43
5 City of Stoke AC	48
6 Macclesfield	62

U13 Boys

1 Sam Whitehead	Boalloy RC	U13B		12.58	8.36
2 Alex Harrison	Staffordshire Moorlands AC	U13B			9.04
3 Tom Brookes	Staffordshire Moorlands AC	U13B	12.54		9.11
4 Elliott Nevill	Crewe & Nantwich AC	U13B	12.59		9.46

5 Will Mellor	Boalloy RC	U13B	13.26		9.55	
6 Alistair Thornton	Macclesfield Harriers	U13B		9.54	9.56	
7 Aaron Shaughnessy	Macclesfield Harriers	U13B			9.58	
8 Harry Palmer	Macclesfield Harriers	U13B		9.33	10.06	
9 Curtis Owen	Stafford Harriers	U13B	13.46	9.47	13.44	10.22
10 Nick Gayle	Macclesfield Harriers	U13B	12.58	9.21	13.41	10.26
11 Dan Gilfillan	Macclesfield Harriers	U13B	13.22	9.31	13.52	10.31
12 Dominic Smith	Macclesfield Harriers	U13B	13.57	9.48	14.26	10.35
13 Thomas Drabble	Buxton & District AC	U13B	14.20	9.36	14.30	10.49
14 Duncan Parsonage	Uttoxeter Road Runners	U13B				10.50
15 Robroy Gregory	City of Stoke AC	U13B	14.51	9.58	14.31	10.55
16 Joe Smith	Stafford Harriers	U13B	14.27	9.58	15.09	10.58
17 Chris Whitehurst	Newcastle (Staffs) AC	U13B		10.40		11.15
18 James Stott	Macclesfield Harriers	U13B	14.31	10.04		11.18
19 George Steventon	City of Stoke AC	U13B				11.32
20 Jack Sammons	Stafford Harriers	U13B	15.05	10.52	15.01	11.47
21 Andy Crump	Stafford Harriers	U13B	14.36	10.29	15.17	12.01
22 Ollie Anderson	Macclesfield Harriers	U13B	13.33	10.01	14.00	12.14

1 Macclesfield Harriers

21

2 Stafford Harriers

45

U15 Boys

1 Tom Earley	Colwyn Bay AC	U15B	15.53		9.37	
2 Zack Bamber	Vale Royal AC	U15B	15.56	9.37	13.43	9.53
3 Ben Brereton	Newcastle (Staffs) AC	U15B	17.47	10.45	15.24	9.59
4 Richard Owen	Crewe & Nantwich AC	U15B	18.07	10.56		10.02
5 Mike Vennard	Vale Royal AC	U15B				10.03
6 Oliver Brereton	Newcastle (Staffs) AC	U15B	15.31	9.47	13.52	10.04
7 Nick Durham	Newcastle (Staffs) AC	U15B	18.45	11.28	16.28	10.05
8 Kris Washington	City of Stoke AC	U15B	21.18			10.19
9 David Blower	Wrexham AAC	U15B			14.40	10.23
10 Nathan Sabin	Stafford Harriers	U15B				10.37
11 George Backshall	Colwyn Bay AC	U15B	19.50			10.45
12 Robert Poole	Crewe & Nantwich AC	U15B		11.39		10.46
13 Mathew Caton	Staffordshire Moorlands AC	U15B				10.54
14 Jake Griffith	Colwyn Bay AC	U15B	15.38			11.04
15 Josh Edge	Crewe & Nantwich AC	U15B	16.00			11.19
16 George Bailey	Colwyn Bay AC	U15B				11.21
17 Jake Anderson	Macclesfield Harriers	U15B	16.06			11.21
18 Gregg Smalley	City of Stoke AC	U15B	16.45			11.28
19 Isaac Maskell	Boalloy RC	U15B			14.29	11.32
20 Matty Burdett	Stafford Harriers	U15B	16.58		14.31	11.36
21 Sam Watts	Stafford Harriers	U15B	19.50			11.40
22 George Bottomley	Boalloy RC	U15B		11.09		11.40
23 Tyler Goodwin	Boalloy RC	U15B		11.14		12.01
24 Paul Fradley	Newcastle (Staffs) AC	U15B		12.16		12.06
25 Connor Postles	Staffordshire Moorlands AC	U15B	15.20			13.25
26 John Whitehurst	Newcastle (Staffs) AC	U15B	17.53			14.05
27 Cameron Fern	Boalloy RC	U15B	18.25			14.34
28 Danny Need	Staffordshire Moorlands AC	U15B	20.30			14.34

1 Newcastle (Staffs) AC	16
2 Colwyn Bay AC	26
3 Crewe & Nantwich AC	31
4 Stafford Harriers	51
5 Boalloy RC	64
6 Staffordshire Moorlands AC	66

U17 Men

1 Philip Pugh	Cannock & Stafford AC	U17M	17.45	18.22	17.48	19.31
2 Michael Harding	City of Stoke AC	U17M				20.07
3 Jack Ross	Staffordshire Moorlands	U17M			19.14	20.38
4 Joe Broome	City of Stoke AC	U17M				20.46
5 Alex Brecker	City of Stoke AC	U17M				21.23
6 Chris Bennett	Crewe & Nantwich AC	U17M	18.53	19.07	18.26	21.25
7 Sam Derry	Cannock & Stafford AC	U17M			18.16	21.29
8 Stuart Davies	Cannock & Stafford AC	U17M				21.57
9 Russell Gibbons	Crewe & Nantwich AC	U17M	19.08		19.47	22.24
10 Sean Dyer	Crewe & Nantwich AC	U17M	20.23	20.17		22.39
11 James Roberts	Wrexham AAC	U17M	19.17	19.55	18.59	22.40
12 David O'Farrell	Cannock & Stafford AC	U17M	19.49			23.00
13 Rob Wilson	City of Stoke AC	U17M	20.09	20.55	20.26	23.59
14 George Mellor	City of Stoke AC	U17M	19.37	19.54	20.13	24.50
15 Liam Dyer	Crewe & Nantwich AC	U17M	19.31	20.11	19.47	24.54
16 James Astbury	City of Stoke AC	U17M			20.27	24.56
17 Alistair Heath	City of Stoke AC	U17M	21.25	21.15	21.19	26.04

1 City of Stoke AC	11
2 Cannock & Stafford AC	16
3 Crewe & Nantwich AC	25

North Staffordshire Cross Country League 2009 - Girls Results - Park Hall

U11 Girls

1 Katie Hughes	Staffordshire Moorlands AC	U11G	9.06		7.33		
2 Amy Carter	Macclesfield Harriers	U11G	9.19	8.44	7.56	7.57	
3 India Mellor	Newcastle (Staffs) AC	U11G	11.46	11.42	7.49	8.12	
4 Elisha Walker	Stafford Harriers	U11G	9.09	9.06	6.32	8.16	
5 Cara Gibbons	Crewe & Nantwich AC	U11G				8.20	
6 Iris Davies	Cannock & Stafford AC	U11G			6.34	8.21	
7 Sofie Goodfellow	Newcastle (Staffs) AC	U11G	9.11	9.25	7.22	8.21	
8 Hannah Gooding	Macclesfield Harriers	U11G			7.31	8.30	
9 Becky Smith	Vale Royal AC	U11G				8.31	
10 Rebecca Simpson	Crewe & Nantwich AC	U11G				8.32	
11 Hannah Gaskell	Macclesfield Harriers	U11G	9.43		6.51	8.33	
12 Ellie Baxter	Stafford Harriers	U11G	8.38	8.26		8.35	
13 Fern Davies	Colwyn Bay AC	U11G				8.38	
14 Hannah Talbot	Stafford Harriers	U11G	9.01			8.42	
15 Emily Thomas	Macclesfield Harriers	U11G				8.45	
16 Georgia Murphy	City of Stoke AC	U11G				8.51	
17 Charlie Peters	Cannock & Stafford AC	U11G			7.35	8.58	
18 Allana Buckingham	Macclesfield Harriers	U11G	8.39	8.57		8.59	
19 Katie McAndrew	Macclesfield Harriers	U11G	8.36	8.55	6.48	9.01	
20 Ellie Stanyer	Stafford Harriers	U11G	8.00	8.19	6.23	9.11	
21 Sara Holliday	Stafford Harriers	U11G	8.33		6.39	9.14	
22 Caitlan Dimick	City of Stoke AC	U11G				9.16	
23 Sarah Stockman	Macclesfield Harriers	U11G				9.24	
24 Catrin Wellsbury	Colwyn Bay AC	U11G				9.26	
25 Laura Whitehurst	Newcastle (Staffs) AC	U11G				9.29	
26 Chloe Lindop	Newcastle (Staffs) AC	U11G	7.55	7.48	5.52	9.33	
27 Laura Cogan	City of Stoke AC	U11G	8.25	8.20	6.26	9.33	
28 Rachel Wallace	Cannock & Stafford AC	U11G		12.50		9.41	
29 Roisin Nolan	City of Stoke AC	U11G	9.07	9.50	7.24	9.42	
30 Sarah Preston	Cannock & Stafford AC	U11G	8.12	8.16	6.21	9.54	
31 Georgia Wallace	Cannock & Stafford AC	U11G				9.56	
32 Catherine Jones	Macclesfield Harriers	U11G	8.23	8.43	6.35	9.59	
33 Emily Ashman	Crewe & Nantwich AC	U11G	7.41	7.44	5.53	10.02	
34 Georgia Harper	City of Stoke AC	U11G	7.43	7.50	6.24	10.14	
35 Olivia Law	Newcastle (Staffs) AC	U11G	8.03	8.09	6.19	10.22	
36 Holly Brookes	Staffordshire Moorlands AC	U11G				10.41	
37 Olivia Shaugnessy	Macclesfield Harriers	U11G	7.54	8.08	6.16	10.58	

1 Macclesfield Harriers	21
2 Stafford Harriers	30
3 Newcastle (Staffs) AC	35
4 Crewe & Nantwich AC	48
5 Cannock & Stafford AC	51
6 City of Stoke AC	65

U13 Girls

1 Abigail Backshall	Colwyn Bay AC	U13G	6.45	8.23	7.10	8.21
2 Megan Cogan	City of Stoke AC	U13G	7.14	8.34	7.30	8.32
3 Georgia Pickles	Crewe & Nantwich AC	U13G	6.58	8.18	7.38	8.39

4	Rebecca Hughes	Staffordshire Moorlands AC	U13G	7.31	8.58	8.06	8.41
5	Jessica Heath	City of Stoke AC	U13G		9.20		8.51
6	Lauren Hancock	Staffordshire Moorlands AC	U13G				8.52
7	Tasha Stone	City of Stoke AC	U13G				8.56
8	Sarah Griffiths	City of Stoke AC	U13G				9.04
9	Jessica Grindey	Buxton & District AC	U13G	7.53	9.40	8.34	9.05
10	Rebecca Highton	Staffordshire Moorlands AC	U13G	7.55	9.23	8.20	9.15
11	Ayse Epcorn	Boalloy RC	U13G	7.48	9.07	8.09	9.18
12	Rebecca Hulme	Staffordshire Moorlands AC	U13G	7.51	9.27	8.23	9.23
13	Dilys Grocott	Newcastle (Staffs) AC	U13G			8.41	9.27
14	Harriet Pickup	Boalloy RC	U13G	8.32	9.54	9.01	9.38
15	Clara Pettitt	Vale Royal AC	U13G	8.28	9.48		9.44
16	Annie Huntbach	Crewe & Nantwich AC	U13G	8.30	9.55	8.27	9.52
17	Sophie Quince	Buxton & District AC	U13G	8.35	10.32	8.50	9.56
18	Katie Lennon	Crewe & Nantwich AC	U13G	8.18	10.00	8.55	10.01
19	Libby Phillips	Wrexham AAC	U13G		10.57	9.15	10.06
20	Maread Nolan	City of Stoke AC	U13G	7.49	9.24	8.17	10.17
21	Tia Phillips	Wrexham AAC	U13G	9.41			10.18
22	Olivier Barnett	City of Stoke AC	U13G			10.00	10.23
23	Liberty Rowson	Newcastle (Staffs) AC	U13G	9.04	10.29		10.25
24	Jade Ashmore	Buxton & District AC	U13G				10.31
25	Alice Dodds	Crewe & Nantwich AC	U13G	8.14	9.53	8.31	10.44
26	Emily Scott	Stafford Harriers	U13G	9.14	11.09	9.10	10.46
27	Megan Caddick	Stafford Harriers	U13G	7.10	8.44		11.01
28	Danielle Watson	Buxton & District AC	U13G	8.40			11.21
29	Georgia Dineen	Newcastle (Staffs) AC	U13G	9.26			12.04
30	Bethany Hill	Stafford Triathlon Club	U13G	7.44	9.18	8.38	12.17
31	Pheobe Hill	Newcastle (Staffs) AC	U13G	7.03	8.08		12.21
32	Georgina Watson	Buxton & District AC	U13G	7.31			12.54

1	City of Stoke AC	14
2	Staffordshire Moorlands AC	20
3	Crewe & Nantwich AC	37
4	Buxton & District AC	50
5	Newcastle (Staffs) AC	65

U15 Girls

1	Louise Baker	Staffordshire Moorlands AC	U15G	13.56	9.31	14.02	8.54
2	Jade Bird	Cannock & Stafford AC	U15G	13.23	9.29	14.28	9.06
3	Jade Evans	Vale Royal AC	U15G	14.10	9.45	14.08	9.16
4	Emilia Pettitt	Vale Royal AC	U15G				9.38
5	Amelia Ridgway	Cannock & Stafford AC	U15G	13.39	9.56	14.13	10.03
6	Melissa Harding	City of Stoke AC	U15G				10.07
7	Jessica Griffiths	City of Stoke AC	U15G	13.09	9.22	13.36	10.16
8	Charlotte Dale	Newcastle (Staffs) AC	U15G				10.23
9	Charlotte Smith	Cannock & Stafford AC	U15G			14.38	10.37
10	Megan Roberts	Wrexham AAC	U15G	15.36	10.33	15.43	10.53
11	Jade Heath	City of Stoke AC	U15G		10.31	14.51	10.58
12	Chloe Heath	City of Stoke AC	U15G	15.32	11.29		11.03
13	Emily Rowlands	Wrexham AAC	U15G	16.25	11.30	16.54	11.19
14	Lauren Gee	Stafford Harriers	U15G	17.25	12.47	18.22	12.19
15	Lauren Whittaker	Crewe & Nantwich AC	U15G	19.45	13.48	18.52	12.39

16 Emma Atkinson	Stafford Triathlon Club	U15G	13.40
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1 Cannock & Stafford AC		16	
2 City of Stoke AC		24	

U17 Women

1 Amy Mellor	Buxton & District AC	U17W	17.59	11.11	16.14	11.07
2 Becky Bray	Cannock & Stafford AC	U17W				11.21
3 Teresa Hulme	Cannock & Stafford AC	U17W	18.35	11.07	15.55	11.51
4 Catherine Hulme	Cannock & Stafford AC	U17W	18.54	11.15		12.16
5 Sarah Hulme	Cannock & Stafford AC	U17W	19.12	11.52	17.00	12.26
6 Beth Clarke	Cannock & Stafford AC	U17W		12.15	17.59	12.46
7 Julie Addison	Stafford Harriers	U17W	25.10	14.31	22.50	13.00
8 Sophie Cartmail	Stafford Harriers	U17W	24.18	14.34		13.33
9 Hazel Ollier	Crewe & Nantwich AC	U17W	21.01	12.22	17.35	13.50
10 Laura Mathews	Newcastle (Staffs) AC	U17W				16.56

1 Cannock & Stafford AC		9	
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North Staffordshire Cross Country League Women's Results 2009 - Park Hall

Senior Women

1 Sian Webb	Telford AC	SW		21.44
2 Lucy Haywood	Stafford Triathlon Club	SW	19.58 20.18 20.21	22.04
3 Kerry Marchant	Staffordshire Moorlands AC	W35		22.07
4 Michelle Clarke	Telford AC	W35	21.31 22.06 22.15	22.13
5 Jayne Dickens	Trentham RC	W40	21.04 21.14 20.42	22.21
6 Jacqui Slack	Newcastle AC	SW	20.39	22.30
7 Jo Donnelly	Trentham RC	W35	22.17 23.34 23.14	22.36
8 Nellie Sanders	Telford AC	W40		22.42
9 Kath Lamplough	Macclesfield Harriers	SW		22.45
10 Michelle Buckle	Newcastle AC	SW		22.48
11 Sara Johnson	Trentham RC	JW	20.48 21.37 21.30	22.53
12 Ruth Watchorn Rice	Cheadle RC	W40	20.32 20.38 20.40	22.56
13 Rachel Atherton	Cannock & Stafford AC	JW		23.14
14 Adele Salt	Trentham RC	W35	21.22 21.18	23.19
15 Sarah Pickering	Cannock & Stafford AC	SW	21.32 23.22	
16 Tracey Greenway	Buxton & District AC	W45		23.27
17 Nina Skilton	Stafford Harriers	W40	22.05 22.07	23.33
18 Louise Collins	Stourbridge RC	SW		23.38
19 Vicky Ison	Trentham RC	SW	21.58 21.10	23.39
20 Nicky Lowe	South Cheshire Harriers	W35	21.15 21.57 22.06	23.40
21 Debbie Thomas	Trentham RC	SW	21.26 21.53 21.35	24.00
22 Laura Palmer	Chase Harriers	SW		24.04
23 Lynn Callaghan	Trentham RC	SW	23.03 23.05	24.11
24 Rebecca Harrison	Cheadle RC	SW	20.29	24.18
25 Amanda Dibble	Stourbridge RC	SW		24.37
26 Hillary Wood	Staffordshire Moorlands AC	W35	21.51 22.24 22.19	24.43
27 Ruth Pryce	South Cheshire Harriers	W35	23.10 23.48 23.50	24.49
28 Jane Staite	Telford Harriers	W40	22.43 23.16 23.31	24.51
29 Hanny Stockman	Macclesfield Harriers	W40	22.19 23.29 22.35	24.53
30 Rachael Postles	Staffordshire Moorlands AC	SW		24.58
31 Joan Clarke	Stourbridge RC	W50	23.05 23.25 24.06	25.01
32 Rhianon Williams	Stafford Triathlon Club	W35		25.09
33 Sue Kneill-Boxley	Cannock & Stafford AC	W40	25.01	25.14
34 Amy Cope	Stone MM	SW	23.19	25.15
35 Christine Skellern	Stafford Harriers	W45	24.02 24.39 25.13	25.16
36 Emma Matthews	Stafford Triathlon Club	SW		25.20
37 Sarah Taylor	Michelin AC	W40	25.33	25.24
38 Mandy Purves	Newport & District RC	W45		25.43
39 Debbie Hope	Staffordshire Moorlands AC	W35	23.37 24.33 23.54	25.45
40 Hayley Cook	Trentham RC	W35		25.50
41 Melanie Young	Newcastle AC	SW	23.11	25.51
42 Kerry Widdowson	Trentham RC	W35		25.55
43 Charlotte Ramsay	South Cheshire Harriers	W35		25.58
44 Beverley Noble	Chase Harriers	W40	24.04 24.51 24.01	26.03
45 Louise Tomkinson-Hill	Stafford Triathlon Club	W35	25.35	26.04
46 Dot Fellows	Cannock & Stafford AC	W60		26.06
47 Cheryl Evans	Telford AC	W45	22.58	26.09
48 Becky Austin	Newcastle AC	W35	24.26 24.55	26.13
49 Juliet Hoad	Telford AC	W40		26.15
50 Tracey Gee	Stafford Harriers	W35		26.19

51 Liz Clutton	Cheadle RC	W55 24.56 24.52 25.16 26.45
52 Linda Cooke	Stone MM	W50 24.01 25.27 26.48
53 Heather Pearce	Congleton Harriers	W40 26.49
54 Sheila Bradley	Buxton & District AC	W50 25.30 25.22 24.54 26.50
55 Jo Moss	Congleton Harriers	W35 25.40 26.54
56 Dawn Hawkins	Cheadle RC	W35 24.35 24.46 26.54
57 Lucy Mellor	Chase Harriers	SW 24.45 25.20 24.42 26.57
58 Rose Wilson	Trentham RC	W50 27.01
59 Sally Norris	Stafford Triathlon Club	SW 27.09
60 Debbie Wilne	Stone MM	W35 27.11
61 Rachel Beardmore	Cheadle RC	SW 27.15
62 Grace Hough	Telford Harriers	W60 25.36 27.16
63 Anne-Marie Claye	Buxton & District AC	SW 28.33 29.28 27.17
64 Sharron Kibble	Stourbridge RC	W40 27.20
65 Samantha Hastings	Chase Harriers	SW 25.35 24.52 27.27
66 Eva Berrill	Trentham RC	SW 27.28
67 Emma Havenhand	Buxton & District AC	W35 26.04 25.25 27.29
68 Jean Turner	Telford Harriers	W45 23.01 24.06 23.56 27.32
69 Naomi Curry	Newcastle AC	W35 27.33
70 Donna Burgess	Staffordshire Moorlands AC	W35 27.35
71 Helen Green	Cheadle RC	SW 27.38
72 Lisa Goode	Stafford Triathlon Club	W35 25.32 27.39
73 Belinda Riley	Newcastle AC	W50 26.23 27.49 27.41
74 Leisa Morgan	Sneyd Striders	W35 27.42
75 Rachel Turner	Chase Harriers	SW 27.43
76 Louise Clowes	Trentham RC	W35 27.45
77 Caroline Nichol	Stafford Harriers	SW 27.48
78 Katie Latham	South Cheshire Harriers	SW 27.50
79 Yvonne Leeson	Stone MM	W55 24.32 27.52
80 Sarah Paskin	Sneyd Striders	W35 28.05
81 Alison Brind	Stone MM	W45 28.08
82 Clare Shubotham	Michelin AC	SW 28.11
83 Kate Hollins	Boalloy RC	W35 26.05 27.17 26.00 28.17
84 Naomi Owen	Trentham RC	SW 28.23
85 Sarah Mackness	Telford AC	SW 28.24
86 Rebecca Ibbs	Newcastle AC	SW 26.17 26.45 25.39 28.25
87 Jenny Addison	Stafford Harriers	JW 28.26
88 Amy Durrant	South Cheshire Harriers	SW 28.28
89 Pam Davies	Stone MM	W55 25.35 24.24 28.31
90 Loes Hartman	Stourbridge RC	SW 28.33
91 Yvonne Nicholls	Chase Harriers	W50 25.46 26.35 26.54 28.40
92 Amanda Holdcroft	Staffordshire Moorlands AC	SW 28.48
93 Vicky Lowndes	Stafford Harriers	W40 25.41 25.23 26.06 28.51
94 Traci Gaunt	Sneyd Striders	W40 28.52
95 Jen Seager	Stafford Triathlon Club	SW 25.14 25.25 28.56
96 Kay Boulton	Staffordshire Moorlands AC	W50 25.18 25.24 29.01
97 Vicky Renald	Colwyn Bay AC	W40 24.26 25.09 24.30 29.02
98 Nicky Fulcher	Sneyd Striders	SW 29.03
99 Gemma Bond	Stafford Triathlon Club	SW 29.04
100 Jackie Kilding	Congleton Harriers	W45 29.07
101 Sara Rex	Telford Harriers	W40 25.32 24.55 29.10
102 Sandra Durow	Uttoxeter RR	W40 30.20 29.14
103 Liz Stanyer	Stafford Harriers	W35 29.18

104	Chantelle Swart	South Cheshire Harriers	W35	29.31
105	Fliss Doyle	Congleton Harriers	W50	29.37
106	Amy Whitehurst	Newcastle AC	JW	29.38
107	Lucy Webb	Uttoxeter RR	W50 26.30 27.03 27.13	29.40
108	Lisa Riches	Congleton Harriers	SW	29.59
109	Elizabeth Baker	Staffordshire Moorlands AC	W50 26.38 27.42	30.05
110	Jo Coombes	Newport & District RC	W40	30.08
111	Jill Ross	Stafford Harriers	W40	30.11
112	Helen Hadabee	Newport & District RC	W40	30.12
113	Zoe Yeomans	Stourbridge RC	SW	30.17
114	Rebecca Clarke	Telford Harriers	SW	30.19
115	Sue Baker	Cheadle RC	W50 28.12 28.33 26.43	30.22
116	Jill Norman	Staffordshire Moorlands AC	W45 28.09 29.25 30.04	30.54
117	Sue Hill	Uttoxeter RR	W45 29.21 28.14 28.33	30.58
118	Sue Taylor	Cheadle RC	W50 28.56	31.19
119	Honor Cann	Uttoxeter RR	SW	31.21
120	Jayne Denby	Buxton & District AC	W55	31.38
121	Lucinda Stone	Staffordshire Moorlands AC	SW	31.46
122	Rachel Shucker	Telford Harriers	SW	31.51
123	Sue Barron	Uttoxeter RR	W40 29.53 30.14	31.53
124	Gillian Csizmadia	Wrexham AAC	W45 30.15 29.36 30.36	32.07
125	Karen Murrey	Stafford Harriers	W45	32.38
126	Carole Williams	Vale Royal AC	W55 30.19 30.02 29.02	32.50
127	Kathryn Roper	Newport & District RC	W35	33.01
128	Julie Griffiths	Stone MM	W45	33.02
129	Sarah Dyde	South Cheshire Harriers	W40 30.38 31.11	33.29
130	Isobel Syred	Cheadle RC	W40	34.00
131	Jeanette Hatton	South Cheshire Harriers	W40	34.19
132	Andrea Bowman-Twohey	Stafford Triathlon Club	W40	34.56
133	Mary Radford	West Cheshire AC	W60 32.29 38.09 33.18	35.04
134	Jeanne Bryan	Cannock & Stafford AC	SW	35.37
135	Anne Rickus	Telford Harriers	W45	36.15
136	Judith Coleman	Stafford Harriers	W55	36.18
137	Kellie Lee	Stafford Harriers	W35	39.14
138	Beth Hudson	South Cheshire Harriers	SW	41.11
139	Margaret Shaw	Michelin AC	W60	NT

Div 1

1	Trentham RC	37
2	Newcastle AC	105
3	Stafford Triathlon Club	115
4	Cheadle RC	143
5	Chase Harriers	188
6	Stone MM	225
7	Telford Harriers	259
8	Congleton Harriers	313

Div 2

1	Telford AC	60
2	Staffordshire Moorlands AC	98
3	Cannock & Stafford AC	107
4	Stourbridge RC	138
5	South Cheshire	168

6 Stafford Harriers	179
7 Buxton & District AC	200
8 Sneyd Striders	346
9 Newport & District RC	387
10 Uttoxeter RR	445

North Staffordshire Cross Country League 2009 - Mens Results - Park Hall

Senior Men

1	Chris Davies	Telford AC	SM			33.10
2	Seb Duffy	City of Stoke AC	SM	35.04	36.20	35.01 35.54
3	Andy Clews	Vale Royal AC	JM			36.11
4	Phil Wolfe	Stafford Triathlon Club	SM			36.26 36.34
5	Stuart Doyle	Vale Royal AC	SM			35.47 36.37
6	Craig Pearson	Cannock & Stafford AC	SM	36.45		36.52 36.45
7	Darren Rowlands	Wrexham AAC	M40	35.48	36.44	37.08
8	Steve Bazell	City of Stoke AC	SM	35.20	36.39	36.23 37.17
9	Brian Cole	City of Stoke AC	SM	34.53	37.23	37.21
10	Ryan Holdroyd	Staffordshire Moorlands AC	JM			37.22
11	Wayne Dashper	Telford AC	SM			37.23
12	Will Joyce	Telford AC	SM			37.25
13	Andy Wilton	Staffordshire Moorlands AC	M45			37.34
14	Ian Yates	Trentham RC	SM	36.17	37.33	36.58 37.49
15	David Bratt	Staffordshire Moorlands AC	SM			38.02
16	James Wood	Congleton Harriers	SM	43.00		38.05
17	Bryan Carr	Congleton Harriers	M45	37.09	38.03	36.38 38.07
18	Kevin Loundes	Chase Harriers	SM	42.22	42.02	38.52 38.09
19	Matt Giles	Stourbridge RC	SM	37.46	38.18	36.54 38.12
20	Gareth Briggs	Staffordshire Moorlands AC	SM	37.12	39.03	36.25 38.21
21	Liam Hendricken	City of Stoke AC	JM			38.30
22	Richard Brooks	Staffordshire Moorlands AC	SM			38.36
23	Johnathon Hockey	Telford AC	SM			38.37
24	Dave Allen	Staffordshire Moorlands AC	M40	38.36		38.40
25	John Danahay	City of Stoke AC	M45	36.14	38.12	38.46
26	Mark Flint	Newcastle AC	M40	38.51		38.59
27	Gareth Carless	South Cheshire Harriers	SM	37.06	39.23	36.41 39.02
28	Richard Lucock	Telford AC	SM	36.11		36.27 39.09
29	Pete Martin	Staffordshire Moorlands AC	M45			39.10
30	Andy Allen	City of Stoke AC	M40			39.10
31	Jamie Anderson	Telford AC	SM			39.11
32	John Sanders	Telford AC	M45			39.21
33	Carl Moulton	Boalloy RC	SM	39.14	41.38	41.17 39.25
34	Mark Neeld	Stone MM	M40			38.52 39.33
35	Richard Watson	Colwyn Bay AC	SM	38.16	38.52	38.27 39.38
36	Vinnie Martin	Staffordshire Moorlands AC	JM			37.34 39.39
37	Paul Gibbings	Trentham RC	M45	38.02	40.32	38.58 39.41
38	Andrew Clague	West Cheshire AC	M40			39.44
39	Mick Haire	Boalloy RC	M45	41.24	42.29	41.38 39.50
40	Kelvin Amos	Staffordshire Moorlands AC	M50			40.22
41	Mark Gadsden	Telford AC	SM			40.24
42	Jason Cornes	Stourbridge RC	M40	41.12	39.09	40.32
43	Tom Watson	Colwyn Bay AC	SM	38.23	39.09	40.34
44	Pete Mallison	South Cheshire Harriers	SM	39.51	39.51	39.20 40.37
45	Bryan Lomas	Congleton Harriers	M40	43.05	39.41	40.38
46	Rob Cook	City of Stoke AC	JM	41.20	43.20	42.20 40.52
47	Jeff Kettle	West Cheshire AC	SM			41.04
48	Paul Burslem	Trentham RC	M40	42.03	40.36	41.05
49	Pete Newham	Congleton Harriers	M40			42.34 41.09
50	James Pearce	Congleton Harriers	M40	40.04		41.36 41.11

51 Paul Williams	Telford AC	M45	41.43	39.46	41.14
52 Martin Bailey	Newcastle AC	SM	40.27	41.44	39.52
53 Ryan Ordidge	Telford AC	SM			41.22
54 Andy Roberts	Congleton Harriers	M40	43.09	42.15	41.23
55 Andy Dippie	Telford Harriers	M45		43.51	41.27
56 Paul Lester	Cannock & Stafford AC	SM		37.42	41.29
57 Gary Postins	Newport & District RC	SM			41.31
58 Glyn Wade	Stafford Triathlon Club	M40			41.35
59 Simon Jackson	Congleton Harriers	M45	40.39	41.39	39.16
60 Pat Hudson	South Cheshire Harriers	SM		42.36	41.42
61 Julian Goodwin	Boalloy RC	SM	39.30	39.30	41.44
62 Steve Bowman	Chase Harriers	SM	39.33		42.43
63 Thomas Csizmadia	Wrexham AAC	JM			41.47
64 Neil Jones	South Cheshire Harriers	M40	42.48	42.50	41.54
65 Darren Cottier	Vale Royal AC	SM			42.00
66 George Mafu	Stafford Harriers	SM			42.01
67 Tim Twentyman	Newcastle AC	M40	40.18		40.19
68 John Whilock	Staffordshire Moorlands AC	M40	41.00	41.54	
69 Dave Hollyoak	Stafford Triathlon Club	M40			42.10
70 Danny Evans	Sneyd Striders	SM	41.06	42.44	41.30
71 Pedro Havelock	Stafford Triathlon Club	SM	42.55	51.00	44.55
72 Adam Jones	Colwyn Bay AC	SM	42.54	41.51	41.13
73 Ian Sparkes	Newcastle AC	SM			42.28
74 Gary Castrey	City of Stoke AC	M40			42.40
75 Dale Colclough	Trentham RC	M50			42.42
76 Rob Harvey	Newcastle AC	SM			42.45
77 Colin Simpson	South Cheshire Harriers	M40	39.21		41.41
78 Russell Godwin	Colwyn Bay AC	M40	40.54	42.22	41.20
79 Andy Ashton	Stourbridge RC	M45	40.00	41.30	
80 Lee Campbell	Boalloy RC	M45	42.14	44.50	43.01
81 Ian Salt	Uttoxeter RR	SM	41.16	42.39	40.50
82 Dan Clowes	Trentham RC	SM		42.16	
83 Dave Clarke	Stafford Harriers	SM			43.23
84 Mark Wood	Staffordshire Moorlands AC	M40			43.25
85 Paul Parkinson	Newport & District RC	SM			43.26
86 Mike Saint-Dunn	Stafford Harriers	SM		47.02	43.29
87 Mark Platts	Staffordshire Moorlands AC	SM	43.15		
88 Andrew Soltysic	Chase Harriers	M40	41.07	43.08	40.44
89 Malcolm Carr	Stourbridge RC	M40		42.36	43.49
90 Alan Henderson	Telford Harriers	SM			43.52
91 Roger Grand	Congleton Harriers	SM			44.05
92 Carl Williams	Boalloy RC	M40	43.06	45.06	45.20
93 Tom Bentley	Newcastle AC	SM			44.12
94 Mark Higgs	Stourbridge RC	M45	47.13	45.48	44.14
95 Peter Sarson	Stafford Harriers	M60	42.58	45.42	42.52
96 Dave Haden	Stourbridge RC	M40	43.21		44.44
97 Paul Thomas	Trentham RC	M45		45.25	44.33
98 Tom McCallion	Telford Harriers	SM			44.39
99 Jim Holland	Stone MM	SM			44.46
100 Andy Mayers	South Cheshire Harriers	M50	43.18	43.20	44.48
101 Julian Barry	Congleton Harriers	M55			44.52
102 Ian Maxwell	Telford Harriers	M45			44.53
103 Russell Hall	Stone MM	SM			44.58

104 Paul Douglas	Stafford Harriers	M55	42.36	45.12	43.28	45.01
105 Keith Skelton	Stafford Harriers	M40		43.39	45.02	
106 Richard Lowndes	Stafford Triathlon Club	M40	43.43	45.11	42.56	45.07
107 Alan Simpson	Staffordshire Moorlands AC	M50				45.08
108 Pete Horton	Sneyd Striders	M50	44.26		44.56	45.14
109 Dave Rose	Stourbridge RC	M45	44.52	42.22	45.20	
110 Nigel Braun	Stone MM	M45				45.24
111 Paul Broadhurst	Sneyd Striders	M40		47.14	45.24	
112 Andy Durant	South Cheshire Harriers	SM				45.26
113 Dave Wilson	Newcastle AC	M40	43.25	45.09		45.28
114 Dean Blyth	Telford Harriers	SM				45.31
115 Mark Hough	South Cheshire Harriers	M40				45.31
116 Andy Boardman	Stourbridge RC	M40		45.54		45.34
117 Martin Wallace	Chase Harriers	M45	44.58	45.29	44.14	45.38
118 Pete Caci	Trentham RC	M55				45.42
119 Dave Jones	Newcastle AC	M40				45.43
120 Robin Britton	Staffordshire Moorlands AC	M55				45.49
121 Gary Owen	Michelin AC	SM				45.53
122 Toby Miller	Boalloy RC	SM				45.59
123 Ian Atkinson	Newport & District RC	M45				46.03
124 Alex McCormick	Congleton Harriers	M45	45.24	44.44	46.08	
125 Chris Green	Staffordshire Moorlands AC	M50				46.10
126 Martin Fox	Newcastle AC	M40	44.18	46.47		46.14
127 Karl Wood	Stafford Triathlon Club	M40				46.18
128 Mark Maloney	Michelin AC	SM		44.08	46.24	
129 Mel Cole	South Cheshire Harriers	M55	43.54		44.53	46.27
130 Malcom Dawes	Telford AC	M60				46.28
131 Scott Bamber	Vale Royal AC	M40				46.32
132 Kevin Secker	Sneyd Striders	M45				46.33
133 Scott Goode	Stafford Triathlon Club	M40		47.44	46.35	
134 Anthony Pinson	Telford Harriers	SM	48.09	45.29	46.42	
135 Steve Parsonage	Uttoxeter RR	M45	41.44	43.52		46.44
136 Marcus Crompton	Vale Royal AC	M40	42.48	45.09		46.47
137 Ian Taylor	Colwyn Bay AC	M40				46.52
138 John Booth	South Cheshire Harriers	M55				46.53
139 Andrew Stephens	Boalloy RC	SM				46.54
140 David Hetherington	Chase Harriers	SM	44.16	46.20	45.04	46.56
141 Chris Wade	Boalloy RC	SM				47.00
142 Chris Ross	Stafford Harriers	M45	40.23	42.00	39.44	47.03
143 Mick Beardmore	Cheadle RC	M55	42.31	45.10	43.47	47.06
144 Simon Garside	Stone MM	M45				47.20
145 Richard Bailey	Telford Harriers	M40				47.27
146 Andy Painter	South Cheshire Harriers	SM		48.03	47.29	
147 Graham Cope	Uttoxeter RR	SM	46.46	48.13	48.42	47.30
148 Stephen Burrows	Trentham RC	M45				47.32
149 Andy Jones	Crewe & Nantwich AC	M40	46.51			47.34
150 Bill Boynton	Congleton Harriers	M60				47.36
151 Arthur Egan	Wrexham AAC	M60	44.59	46.49	45.37	47.43
152 Roger Smith	Blythe Bridge RC	M50	49.01	56.48	49.04	47.53
153 Ken Bloor	Trentham RC	M45				47.55
154 Graham Fletcher	Newcastle AC	M50	47.28	49.24		47.57
155 Mark Quince	Buxton & District RC	M40	45.34	47.27	45.54	48.14
156 John Clarke	Vale Royal AC	M55				48.23

157 Will Glasson	Stafford Triathlon Club	SM		48.25
158 Kevin Uzzell	Stone MM	M60	45.29	48.27
159 David Brown	Newport & District RC	SM		48.31
160 Dominic Lewes	Boalloy RC	M40		48.33
161 Steve Turner	Stafford Harriers	M45	47.52 50.53	48.20 48.34
162 Dave Sheppard	Stourbridge RC	M50		48.35
163 Mike Rikkus	Telford Harriers	SM		48.37
164 Neil Caswell	Chase Harriers	SM		48.41
165 Jonothan Howell	Stone MM	M55	46.11	44.42 48.44
166 Dave Wilson	Blythe Bridge RC	M55	46.00 48.00	47.13 48.45
167 Segei Ryabov	Vale Royal AC	M55		48.48
168 Jason Littlewood	Stafford Harriers	JM	48.16 49.40	48.14 49.13
169 Mark Bentley	Stafford Harriers	M45	46.41 45.31	49.17
170 Rob Stubbs	Cheadle RC	SM		49.17
171 Ben Cann	Uttoxeter RR	JM	53.07 53.48	53.23 49.22
172 Neil Gerrity	Newcastle AC	SM		49.23
173 Andy Barlow	Boalloy RC	SM		49.26
174 Russel Williams	Cheadle RC	M45	49.16 49.02	48.57 49.29
175 Dave Dobberson	Crewe & Nantwich AC	M45		49.38
176 Brian Mackey	Uttoxeter RR	M60	46.08 47.59	46.50 49.45
177 Wayne Fraser	Sneyd Striders	SM		49.50
178 George Lamplugh	Staffordshire Moorlands AC	M40		49.51
179 Derek Loundes	Chase Harriers	M55	49.51 47.50	48.17 49.51
180 Arthur Zammit	Telford Harriers	SM		49.53
181 Adrian Reeves-Jones	Cheadle RC	M40	50.04 50.15	50.05
182 Don Beech	Staffordshire Moorlands AC	M50		50.11
183 Alan Burt	Chase Harriers	SM		50.14
184 Charles Larsson	Newcastle AC	M40		50.18
185 Roger Bilsby	Telford Harriers	SM		50.19
186 Darren Fincham	Telford AC	M45		50.22
187 Dave Marsden	Stafford Harriers	M55	46.12 50.24	46.53 50.28
188 Mark Walsh	Sneyd Striders	M45	49.02 50.05	50.31
189 Paul Bradley	Stourbridge RC	M50		50.41
190 Steve McConnell	Blythe Bridge RC	M50	49.38 48.22	50.50
191 Pete Doyle	Congleton Harriers	M50		49.14 50.52
192 Tom Cochrane	Cheadle RC	M55	49.55 49.26	50.53
193 Kevin Allerton	Stone MM	SM	44.31 47.04	50.57 50.55
194 Gary Jones	Michelin AC	M40	51.35 53.53	50.56
195 Phil Crowley	Chase Harriers	SM		51.02
196 Eddie Smith	Stafford Harriers	M55	48.28 51.50	49.55 51.07
197 Roy McCauley	Staffordshire Moorlands AC	M50	48.34 50.19	48.59 51.11
198 Mark Churton	Stone MM	SM	47.52	51.20
199 Bill Stevenson	Michelin AC	M45	53.34 52.08	51.23
200 Andrew Noble	Chase Harriers	M40	51.36	51.24
201 Colin Rathbone	Vale Royal AC	M60	48.32 49.42	47.37 51.25
202 Chris Tammer-Tremayne	Congleton Harriers	M60	48.39 50.11	51.28
203 Keith Parry	Chase Harriers	M50	46.25 48.48	51.31
204 Mark Till	Sneyd Striders	SM		51.32
205 Mike Whitmore	Newcastle AC	M60		51.34
206 Richard Hill	Stafford Triathlon Club	SM		51.49
207 David Alun Williams	Wrexham AAC	M60	53.51 51.35	52.00
208 Andy Bourne	Stafford Harriers	SM		52.01
209 Phil Brooks	Colwyn Bay AC	M55	49.06	48.31 52.06

210 Brent Greenway	Buxton & District RC	M45	52.09
211 Nigel Addison	Stafford Harriers	M45	52.16
212 Rod Campbell	Cheadle RC	M60	52.17
213 Dave Davis	Telford AC	M50 49.11 51.33 49.36	52.23
214 John Leese	Stafford Harriers	M60	52.29
215 Alastair Dyde	South Cheshire Harriers	M45 49.56	52.17 52.34
216 Alan Lewis	Trentham RC	M60	51.01 49.21 52.38
217 Steven Spires	Wrexham AAC	M40 50.00 51.45 51.21	52.41
218 Kenny Johnson	Michelin AC	M50 54.05 57.54 54.00	52.45
219 Phil Cliffe	South Cheshire Harriers	M40	48.08 52.47
220 Darren Windle	Stafford Triathlon Club	M40	52.59
221 Simon Phillips	Wrexham AAC	M45	53.05
222 Gerry Calvert	Trentham RC	M60 52.32 53.38 52.23	53.11
223 Tony Bridgwood	Michelin AC	M60	53.16 52.55 53.25
224 Tony Rat	Newcastle AC	M60	53.27
225 Nigel Symms	Newcastle AC	M40	53.58 50.57 53.37
226 Paul Poulton	Chase Harriers	SM	53.49
227 Steven Fairs	Telford Harriers	M40	54.08
228 Graham Williams	Stafford Harriers	M60	54.16
229 Clive Baggeley	Uttoxeter RR	M60 48.44 51.06 58.41	54.18
230 Ben Roper	Newport & District RC	SM	54.19
231 Richard Benson	Congleton Harriers	M55 52.40 56.10 54.39	54.25
232 Ian Clarke	Stourbridge RC	M55 51.38 51.41 56.16	54.33
233 Rob Hardman	Stourbridge RC	SM	54.36
234 Mike Cutler	South Cheshire Harriers	M50 48.21 50.59 49.43	54.37
235 Brad Machin	Blythe Bridge RC	SM	55.53 54.14 54.43
236 Danny Carter	Uttoxeter RR	M45	61.06 58.41 55.10
237 Tim Miller	Boalloy RC	M55	53.13 55.28
238 Martin Stirna	South Cheshire Harriers	M55	55.38
239 Gareth Edwards	Telford Harriers	M60	55.40
240 Craig Baxter	Stafford Harriers	SM	55.44
241 John Plant	Newcastle AC	M50 52.23 55.17 52.36	55.50
242 Mick Horsenail	Stafford Triathlon Club	M60 53.36 57.49 57.10	56.48
243 Mick Collins	Blythe Bridge RC	M40	53.18 51.48 57.04
244 Rob Griffith	Chase Harriers	M40 54.27	56.39 57.10
245 Dave Lord	Stafford Triathlon Club	M45	57.12
246 Bryan Dale	Newcastle AC	M60 55.02 57.05 54.23	57.41
247 Alan Hotchkiss	Telford AC	M60 56.38 57.53 57.58	58.00
248 Darren Taylor	Chase Harriers	SM	58.27
249 Michael Jones	Stafford Harriers	M60 64.55	58.38
250 Andy Wilkinson	Telford Harriers	M40	59.01
251 Andy Curry	Staffordshire Moorlands AC	M50 53.29	59.34
252 Colin Bourne	Michelin AC	SM	56.36 57.54 55.27 59.35
253 Roger Taylor	Stone MM	SM	59.50
254 Malcolm Rushton	Trentham RC	M55 54.59 59.26 56.57	60.28
255 Spencer Clarke	Telford Harriers	SM	60.49 60.41
256 Ray Maskery	Boalloy RC	M55	60.49
257 Charles Thackray	West Cheshire AC	M60	61.00
258 Mike Edwards	Wrexham AAC	M60 55.35 58.06 57.05	61.33
259 Stuart Fowley	Stafford Harriers	M45	61.44
260 Neil Edwards	Wrexham AAC	SM	66.00 63.30
261 Mick Moore	Stafford Harriers	M60	64.17

Div 1 (6 to count)

1 City of Stoke AC	95
2 Staffordshire Moorlands AC	104
3 Congleton Harriers	231
4 Trentham RC	353
5 South Cheshire Harriers	372
6 Newcastle AC	387
7 Stourbridge RC	419
8 Boalloy RC	427
9 Stafford Harriers	539
10 Colwyn Bay AC	574

Div 4 (4 to count)

1 Telford AC	47
2 Stafford Triathlon Club	202
3 Vale Royal	204
4 Chase Harriers	285
5 Telford Harriers	345
6 Stone MM	346
7 Sneyd Striders	421
8 Newport & District RC	424
9 Wrexham AAC	428
10 Uttoxeter RR	534
11 Michelin AC	642
12 Cheadle RC	668
13 Blythe Bridge RC	743