

North Staffordshire Cross Country League 2009 - Boys Results - Lyme Valley

U11 Boys

1 James Fradley	Newcastle (Staffs) AC	U11B	7.01	8.11	7.27	6.41
2 Ryan Ashforth	Cannock & Stafford AC	U11B	6.55	8.07	7.21	6.55
3 Tom Sabin	Stafford Harriers	U11B	8.14	8.54		6.57
4 George Hooper	Boalloy RC	U11B	7.37	8.37	7.52	7.08
5 Stephen Mellor	Buxton & District AC	U11B	7.26	8.26	7.45	7.23
6 Adam Fradley	Newcastle (Staffs) AC	U11B	7.46	9.03	8.16	7.23
7 Will Parsons	Vale Royal AC	U11B	8.28	10.10		7.25
8 Joel Harpur	Boalloy RC	U11B		9.17	7.57	7.27
9 Josh Carr	Boalloy RC	U11B				7.32
10 Fred Dobberson	Crewe & Nantwich AC	U11B	7.50	9.16	7.54	7.33
11 Will Sammons	Stafford Harriers	U11B	7.47	9.05	8.23	7.34
12 Edward Smith	City of Stoke AC	U11B	7.55	9.32		7.36
13 Fraser Parsonage	Uttoxeter Road Runners	U11B	7.11	8.32	7.17	7.37
14 Lynden Caven-Smith	Buxton & District AC	U11B		9.27	8.05	7.41
15 Harry Holland	Boalloy RC	U11B				7.43
16 Cassy Maddock	City of Stoke AC	U11B	8.46	10.10	8.42	7.44
17 James Prenter	Stafford Harriers	U11B	9.08	10.28	9.46	7.45
18 Ryan Whittaker	Macclesfield Harriers	U11B	9.11		9.14	7.51
19 Jake Meir	Newcastle (Staffs) AC	U11B		9.43	8.46	7.53
20 Callum White	Newcastle (Staffs) AC	U11B	10.33			7.55
21 Alex Mackay	Stafford Harriers	U11B	11.30	14.07	13.30	8.07
22 Connor Clements	Newcastle (Staffs) AC	U11B	11.28	14.14	13.40	8.12
23 Ethan Wemyss	City of Stoke AC	U11B	8.54	10.11	9.02	8.14
24 Joe Grindey	Buxton & District AC	U11B	7.44	8.56	9.24	8.17
25 Geordie Barnett	Macclesfield Harriers	U11B	9.01	10.34	9.24	8.19
26 Christopher Baldwin	Macclesfield Harriers	U11B	7.58			8.20
27 Freddie Macnulty	Boalloy RC	U11B	7.17			8.24
28 Joshua Guarneri	Newcastle (Staffs) AC	U11B		10.05		8.32
29 Daniel Wickerson	Colwyn Bay AC	U11B	9.15	10.08	9.19	8.41
30 James Holland	Boalloy RC	U11B	8.48	10.09	9.20	8.42
31 James Poole	Crewe & Nantwich AC	U11B	9.42		10.19	8.44
32 Tomas Macnulty	Boalloy RC	U11B		9.33		8.45
33 Jacob Droogmans	Newcastle (Staffs) AC	U11B	8.19	9.51		9.08
34 Dillan Brownson	Newcastle (Staffs) AC	U11B			9.22	9.21
35 Joe Cartmail	Stafford Harriers	U11B			10.00	9.36
36 Caleb Hill	Newcastle (Staffs) AC	U11B		11.14	10.10	9.49
37 Charlie Cope	Uttoxeter Road Runners	U11B	11.27	12.11		9.49
38 Ambrose Morris	Newcastle (Staffs) AC	U11B		9.31		11.14

7.13

1 Boalloy RC	21
2 Newcastle (Staffs) AC	26
3 Stafford Harriers	31
4 Buxton & District AC	43
5 City of Stoke AC	51
6 Macclesfield Harriers	69

U13 Boys

1 Sam Whitehead	Boalloy RC	U13B	12.58	11.36
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2	Liam Baggle	City of Stoke AC	U13B	12.54		12.07	
3	Alex Harrison	Staffordshire Moorlands AC	U13B	12.59		12.14	
4	Tom Brookes	Staffordshire Moorlands AC	U13B	13.26		12.38	
5	Louie Bennett	Colwyn Bay AC	U13B		9.54	12.47	
6	Macauley Snutch	City of Stoke AC	U13B			12.50	
7	Elliott Nevill	Crewe & Nantwich AC	U13B		9.33	12.54	
8	Alistair Thornton	Macclesfield Harriers	U13B	13.46	9.47	13.44	13.07
9	Nick Stoddard	City of Stoke AC	U13B	12.58	9.21	13.41	13.22
10	James Howell-Jones	Crewe & Nantwich AC	U13B	13.22	9.31	13.52	13.22
11	Leon Barnett	Macclesfield Harriers	U13B	13.57	9.48	14.26	13.41
12	Daniel Pemberton	Macclesfield Harriers	U13B	14.20	9.36	14.30	13.44
13	Dominic Stafford	Boalloy RC	U13B	14.51	9.58	14.31	13.46
14	Harry Palmer	Macclesfield Harriers	U13B	14.27	9.58	15.09	13.54
15	John Ceuppens	Boalloy RC	U13B		10.40		13.57
16	Joel Mann	City of Stoke AC	U13B	14.31	10.04		13.58
17	Thomas Drabble	Buxton & District AC	U13B	15.05	10.52	15.01	13.59
18	Robroy Gregory	City of Stoke AC	U13B	14.36	10.29	15.17	14.00
19	Dominic Smith	Macclesfield Harriers	U13B	13.33	10.01	14.00	14.16
20	Ryan Sproston	City of Stoke AC	U13B	16.15	11.09	15.47	14.28
21	Curtis Owen	Stafford Harriers	U13B	17.45	11.48	16.55	14.33
22	Duncan Parsonage	Uttoxeter Road Runners	U13B	16.50	11.19		14.39
23	Ben Meir	Newcastle (Staffs) AC	U13B		9.24	12.54	14.40
24	James Stott	Macclesfield Harriers	U13B			14.38	14.50
25	James Russell	Cannock & Stafford AC	U13B	14.30			15.17
26	Joe Smith	Stafford Harriers	U13B	14.02	9.57	13.57	15.27
27	Chris Whitehurst	Newcastle (Staffs) AC	U13B	13.38			15.28
28	Jack Sammons	Stafford Harriers	U13B			14.55	15.55
29	Edward Thompson	Macclesfield Harriers	U13B	13.08			16.08
30	George Steventon	City of Stoke AC	U13B	14.20			16.27
31	Daniel Ardern	Macclesfield Harriers	U13B	14.16	9.46		16.38
32	Sean Timms	Stafford Harriers	U13B	13.02			16.51

1	City of Stoke AC	17
2	Boalloy RC	29
3	Macclesfield Harriers	31
4	Stafford Harriers	75

U15 Boys

1	Dave Sheldon	City of Stoke AC	U15B	15.53		15.10	
2	Tom Earley	Colwyn Bay AC	U15B	15.56	9.37	13.43	15.30
3	Ben Brereton	Newcastle (Staffs) AC	U15B	17.47	10.45	15.24	15.45
4	Oliver Brereton	Newcastle (Staffs) AC	U15B	18.07	10.56		16.01
5	Nick Durham	Newcastle (Staffs) AC	U15B	15.31	9.47	13.52	16.08
6	Ashley Wyatt	City of Stoke AC	U15B	18.45	11.28	16.28	16.13
7	Nathan Sabin	Stafford Harriers	U15B	21.18			16.25
8	Corey Blanch-Hallett	City of Stoke AC	U15B			14.40	16.27
9	Nathan Tipping	Vale Royal AC	U15B	19.50			16.49
10	Robert Poole	Crewe & Nantwich AC	U15B		11.39		16.50
11	Patrick Straderling	Vale Royal AC	U15B	15.38			16.59
12	Kris Washington	City of Stoke AC	U15B	16.00			17.06
13	Danny Need	Staffordshire Moorlands AC	U15B	16.06			17.16

14 Mathew Caton	Staffordshire Moolands AC	U15B	16.45	17.21
15 Josh Edge	Crewe & Nantwich AC	U15B	14.29	17.28
16 Isaac Maskell	Boalloy RC	U15B	16.58	14.31 17.39
17 George Backshall	Colwyn Bay AC	U15B	19.50	17.52
18 George Bailey	Colwyn Bay AC	U15B	11.09	17.54
19 James Taylor	Macclesfield Harriers	U15B	11.14	17.55
20 Jake Anderson	Macclesfield Harriers	U15B	12.16	18.30
21 Edward Finch	Boalloy RC	U15B	15.20	18.37
22 Matty Burdett	Stafford Harriers	U15B	17.53	18.46
23 Sam Watts	Stafford Harriers	U15B	18.25	18.46
24 George Bottomley	Boalloy RC	U15B	20.30	19.05
25 Tyler Goodwin	Boalloy RC	U15B	16.21	19.29
26 Paul Fradley	Newcastle (Staffs) AC	U15B		20.01
27 Connor Postles	Staffordshire Moolands AC	U15B		20.23
28 Ben Thomas	Newcastle (Staffs) AC	U15B		20.27
29 James Davies	Newcastle (Staffs) AC	U15B		20.27
30 John Whitehurst	Newcastle (Staffs) AC	U15B		20.27
31 Lewis Appleby	Staffordshire Moolands AC	U15B		26.09

1 Newcastle (Staffs) AC	12
2 City of Stoke AC	15
3 Colwyn Bay AC	37
4 Stafford Harriers	52
5 Staffordshire Moorlands AC	54
6 Boalloy RC	61

U17 Men

1 Philip Pugh	Cannock & Stafford AC	U17M	17.45	18.22	17.48	18.10
2 Tom Guy	City of Stoke AC	U17M				18.25
3 Michael Harding	City of Stoke AC	U17M			19.14	18.43
4 Jack Ross	Staffordshire Moorlands	U17M				18.51
5 Chris Bennett	Crewe & Nantwich AC	U17M	18.53	19.07	18.26	19.29
6 Sam Derry	Cannock & Stafford AC	U17M			18.16	19.41
7 Joe Broome	City of Stoke AC	U17M	19.08		19.47	20.33
8 Stuart Davies	Cannock & Stafford AC	U17M	20.23	20.17		20.34
9 Russell Gibbons	Crewe & Nantwich AC	U17M	19.17	19.55	18.59	20.49
10 Daniel Allcock	Macclesfield Harriers	U17M	19.49			21.07
11 Sean Dyer	Crewe & Nantwich AC	U17M	20.09	20.55	20.26	21.42
12 Rob Wilson	City of Stoke AC	U17M	19.37	19.54	20.13	22.25
13 Liam Dyer	Crewe & Nantwich AC	U17M	19.31	20.11	19.47	22.37
14 George Mellor	City of Stoke AC	U17M			20.27	22.42
15 James Astbury	City of Stoke AC	U17M	21.25	21.15	21.19	23.22
16 Alistair Heath	City of Stoke AC	U17M	20.03	20.38	21.39	24.01
17 Henry Valentine	Crewe & Nantwich AC	U17M	19.56	20.31	20.12	25.19
18 Robert Derry	Wrexham AAC	U17M	21.54	21.28	22.57	25.40

1 City of Stoke AC	12
2 Cannock & Stafford AC	15
3 Crewe & Nantwich AC	25

North Staffordshire Cross Country League 2009 - Girls Results - Lyme Valley

U11 Girls

1 Amy Carter	Macclesfield Harriers	U11G	9.06	7.47		
2 India Mellor	Newcastle (Staffs) AC	U11G	9.19	8.44	7.56	7.53
3 Elisha Walker	Stafford Harriers	U11G	11.46	11.42	7.49	8.00
4 Hannah Gooding	Macclesfield Harriers	U11G	9.09	9.06	6.32	8.04
5 Rebecca Simpson	Crewe & Nantwich AC	U11G			6.34	8.05
6 Becky Smith	Vale Royal AC	U11G	9.11	9.25	7.22	8.06
7 Ellie Baxter	Stafford Harriers	U11G			7.31	8.14
8 Sofie Goodfellow	Newcastle (Staffs) AC	U11G	9.43		6.51	8.16
9 Emily Thomas	Macclesfield Harriers	U11G	8.38	8.26		8.20
10 Sarah Stockman	Macclesfield Harriers	U11G	9.01			8.27
11 Chloe Lindop	Newcastle (Staffs) AC	U11G			7.35	8.38
12 Sara Holliday	Stafford Harriers	U11G	8.39	8.57		8.39
13 Ellie Stanyer	Stafford Harriers	U11G	8.36	8.55	6.48	8.39
14 Laura Cogan	City of Stoke AC	U11G	8.00	8.19	6.23	8.47
15 Allana Buckingham	Macclesfield Harriers	U11G	8.33		6.39	8.48
16 Charlie Peters	Cannock & Stafford AC	U11G	7.55	7.48	5.52	8.49
17 Georgia Murphy	City of Stoke AC	U11G	8.25	8.20	6.26	8.53
18 Lois Ruebotham	Vale Royal AC	U11G		12.50		8.57
19 Laura Whitehurst	Newcastle (Staffs) AC	U11G	9.07	9.50	7.24	9.20
20 Roisin Nolan	City of Stoke AC	U11G	8.12	8.16	6.21	9.24
21 Catrin Wellsbury	Colwyn Bay AC	U11G	8.23	8.43	6.35	9.31
22 Rachel Wallace	Cannock & Stafford AC	U11G	7.41	7.44	5.53	9.35
23 Georgia Wallace	Cannock & Stafford AC	U11G	7.43	7.50	6.24	9.38
24 Ella Bennett	Colwyn Bay AC	U11G	8.03	8.09	6.19	9.39
25 Sarah Preston	Cannock & Stafford AC	U11G	7.54	8.08	6.16	9.57
26 Olivia Larson	Newcastle (Staffs) AC	U11G	9.49	10.16	8.00	10.10
27 Holly Brookes	Staffordshire Moorlands AC	U11G	8.08	8.17	5.55	10.56

1 Macclesfield Harriers	14
2 Newcastle (Staffs) AC	21
3 Stafford Harriers	22
4 City of Stoke AC	51
5 Cannock & Stafford AC	61

U13 Girls

1 Abigail Backshall	Colwyn Bay AC	U13G	6.45	8.23	7.10	6.42
2 Georgia Pickles	Crewe & Nantwich AC	U13G	7.14	8.34	7.30	6.49
3 Jess Parsons	Vale Royal AC	U13G	6.58	8.18	7.38	6.50
4 Megan Cogan	City of Stoke AC	U13G	7.31	8.58	8.06	7.03
5 Tasha Stone	City of Stoke AC	U13G		9.20		7.05
6 Rebecca Hughes	Staffordshire Moorlands AC	U13G	7.53	9.40	8.34	7.06
7 Rebecca Higton	Staffordshire Moorlands AC	U13G	7.55	9.23	8.20	7.12
8 Sarah Griffiths	City of Stoke AC	U13G	7.48	9.07	8.09	7.13
9 Jessica Heath	City of Stoke AC	U13G	7.51	9.27	8.23	7.19
10 Ellie Jones	Newcastle (Staffs) AC	U13G			8.41	7.28
11 Charlie Bagguley	Newcastle (Staffs) AC	U13G	8.32	9.54	9.01	7.29
12 Shannon Moores	Boalloy RC	U13G	8.28	9.48		7.34

13 Catherine Mellor	City of Stoke AC	U13G	8.30	9.55	8.27	7.34
14 Dilys Grocott	Newcastle (Staffs) AC	U13G	8.35	10.32	8.50	7.39
15 Jessica Grindey	Buxton & District AC	U13G	8.18	10.00	8.55	7.40
16 Harriet Pickup	Boalloy RC	U13G		10.57	9.15	7.47
17 Ayse Epcorn	Boalloy RC	U13G	7.49	9.24	8.17	7.48
18 Clara Pettitt	Vale Royal AC	U13G	9.41			7.48
19 Rebecca Hulme	Staffordshire Moorlands AC	U13G			10.00	7.52
20 Naomi Kershaw	Macclesfield Harriers	U13G	9.04	10.29		7.55
21 Maread Nolan	City of Stoke AC	U13G	8.14	9.53	8.31	7.55
22 Georgia Mcready	Newcastle (Staffs) AC	U13G	9.14	11.09	9.10	7.58
23 Sophie Quince	Buxton & District AC	U13G	7.10	8.44		8.02
24 Katie Lennon	Crewe & Nantwich AC	U13G	8.40			8.05
25 Olivier Barnett	City of Stoke AC	U13G	9.26			8.07
26 Megan Smith	City of Stoke AC	U13G	7.44	9.18	8.38	8.11
27 Georgia Dineen	Newcastle (Staffs) AC	U13G	7.03	8.08		8.15
28 Liberty Rowson	Newcastle (Staffs) AC	U13G	7.31			8.17
29 Annie Huntbach	Crewe & Nantwich AC	U13G		10.02	8.58	8.24
30 Charmaine Chaucing	City of Stoke AC	U13G	8.34			8.25
31 Jessica Simms	Macclesfield Harriers	U13G			8.53	8.26
32 Beth Smith	City of Stoke AC	U13G	8.36	10.06	8.58	8.33
33 Emily Scoot	Stafford Harriers	U13G	7.41	9.08		8.36
34 Isobel Manders	City of Stoke AC	U13G	8.43	10.17	8.54	8.45
35 Bethany Hill	Stafford Triathlon Club	U13G	8.21	10.04		9.28
36 Pheobe Hill	Newcastle (Staffs) AC	U13G				10.29

1 City of Stoke AC	17
2 Staffordshire Moorlands AC	32
3 Newcastle (Staffs) AC	35
4 Boalloy RC	45
5 Crewe & Nantwich AC	55

U15 Girls

1 Jade Bird	Cannock & Stafford AC	U15G	13.56	9.31	14.02	12.14
2 Emilia Pettitt	Vale Royal AC	U15G	13.23	9.29	14.28	13.10
3 Millie Ridgway	Cannock & Stafford AC	U15G	14.10	9.45	14.08	13.13
4 Charlotte Dale	Newcastle (Staffs) AC	U15G	13.39	9.56	14.13	14.06
5 Jessica Griffiths	City of Stoke AC	U15G				14.18
6 Charlotte Smith	Cannock & Stafford AC	U15G	13.09	9.22	13.36	14.23
7 Megan Roberts	Wrexham AAC	U15G			14.38	14.34
8 Bethany Wilson	Newcastle (Staffs) AC	U15G	15.36	10.33	15.43	14.51
9 Jade Heath	City of Stoke AC	U15G		10.31	14.51	14.52
10 Chloe Heath	City of Stoke AC	U15G	15.32	11.29		14.53
11 Emily Rowlands	Wrexham AAC	U15G	16.25	11.30	16.54	15.04
12 Chloe Patrick	Newcastle (Staffs) AC	U15G	17.25	12.47	18.22	15.57
13 Lauren Gee	Stafford Harriers	U15G	19.45	13.48	18.52	15.59
14 Lucy Law	Newcastle (Staffs) AC	U15G		11.25		16.53
15 Louise Clarke	Newcastle (Staffs) AC	U15G		12.32	17.09	17.06
16 Emma Atkinson	Stafford Triathlon Club	U15G		9.57		18.00

1 Cannock & Stafford AC	10
2 City of Stoke AC	24
2 Newcastle (Staffs) AC	24

U17 Women

1 Becky Bray	Cannock & Stafford AC	U17W	17.59	11.11	16.14	17.58
2 Amy Mellor	Buxton & District AC	U17W				18.25
3 Stephanie Reeves	Staffordshire Moorlands AC	U17W	18.35	11.07	15.55	18.45
4 Teresa Hulme	Cannock & Stafford AC	U17W	18.54	11.15		19.05
5 Catherine Hulme	Cannock & Stafford AC	U17W	19.12	11.52	17.00	19.18
6 Sarah Hulme	Cannock & Stafford AC	U17W		12.15	17.59	19.30
7 Molly Chattaway	Staffordshire Moorlands AC	U17W	25.10	14.31	22.50	20.17
8 Julie Addison	Stafford Harriers	U17W	24.18	14.34		20.49
9 Beth Clarke	Cannock & Stafford AC	U17W	21.01	12.22	17.35	21.08
10 Hazel Ollier	Crewe & Nantwich AC	U17W				21.12
11 Sophie Cartmail	Stafford Harriers	U17W				22.21
12 Hannah Jones	Newcastle (Staffs) AC	U17W				23.51
13 Laura Mathews	Newcastle (Staffs) AC	U17W				25.52

1 Cannock & Stafford AC	10
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North Staffordshire Cross Country League Women's Results 2009 - Lyme Valley

Senior Women

1 Lucy Haywood	Stafford Triathlon Club	SW	19.58	20.18	20.21	19.55
2 Jayne Dickens	Trentham RC	W40	21.04	21.14	20.42	20.41
3 Kerry Marchant	Staffordshire Moorlands AC	W35				20.44
4 Michelle Clarke	Telford AC	W35	21.31	22.06	22.15	20.45
5 Sally Gray	Stafford Harriers	W35				20.49
6 Ruth Watchorn Rice	Cheadle RC	W40	20.32	20.38	20.40	20.53
7 Kath Lamplough	Macclesfield Harriers	SW				20.58
8 Jo Donnelly	Trentham RC	W35	22.17	23.34	23.14	21.11
9 Alison Hartopp	Macclesfield Harriers	W40				21.35
10 Ruth Barry	Congleton Harriers	SW				21.44
11 Tracey Greenway	Buxton & District AC	W45				21.47
12 Nina Skilton	Stafford Harriers	W40	22.05		22.07	21.52
13 Helen Macarthur	Colwyn Bay AC	W40				21.55
14 Louise Collins	Stourbridge RC	SW				22.00
15 Vicky Ison	Trentham RC	SW	21.58	21.10	22.01	
16 Laura Palmer	Chase Harriers	SW				22.02
17 Millie Scott	Trentham RC	JW				22.03
18 Chris Kilkenny	Cannock & Stafford AC	W55				22.04
19 Jess Harvey	Telford Harriers	SW	24.58	24.53	22.09	
20 Helen Skelton	Newport & District RC	SW				22.16
21 Amanda Dibble	Stourbridge RC	SW				22.18
22 Ruth Pryce	South Cheshire Harriers	W35	23.10	23.48	23.50	22.29
23 Charlie Weller	Newcastle AC	W40	25.53	24.32	22.33	
24 Cheryl Evans	Telford AC	W45		22.58	22.40	
25 Jane Staite	Telford Harriers	W40	22.43	23.16	23.31	22.46
26 Gill Armstrong	Congleton Harriers	W35	24.24			22.51
27 Rhianon Williams	Stafford Triathlon Club	W35				22.53
28 Mandy Purves	Newport & District RC	W45				22.58
29 Rachel Atherton	Cannock & Stafford AC	JW				23.00
30 Joan Clarke	Stourbridge RC	W50	23.05	23.25	24.06	23.02
31 Sue Kneill-Boxley	Cannock & Stafford AC	W40	25.01			23.16
32 Amy Cope	Stone MM	SW	23.19			23.27
33 Becky Austin	Newcastle AC	W35	24.26	24.55	23.30	
34 Louise Tomkinson-Hill	Stafford Triathlon Club	W35		25.35	23.31	
35 Christine Skellern	Stafford Harriers	W45	24.02	24.39	25.13	23.33
36 Melanie Young	Newcastle AC	SW	23.11			23.35
37 Jo Mayland	Staffordshire Moorlands AC	SW				23.40
38 Beverley Noble	Chase Harriers	W40	24.04	24.51	24.01	23.46
39 Connie Cueppens	Boalloy RC	SW	25.09	25.19	25.12	23.50
40 Hayley Cook	Trentham RC	W35				23.56
41 Rose Wilson	Trentham RC	W50				23.58
42 Kerry Widdowson	Trentham RC	W35				24.06
43 Debbie Wilne	Stone MM	W35				24.10
44 Dot Fellows	Cannock & Stafford AC	W60				24.15
45 Charlotte Ramsay	South Cheshire Harriers	W35				24.17
46 Vicky Renald	Colwyn Bay AC	W40	24.26	25.09	24.30	24.22
47 Angela Jacquemart	Staffordshire Moorlands AC	W40				24.26
48 Kirsty Ormerod	Buxton & District AC	SW	25.04	26.42		24.28
49 Sheila Bradley	Buxton & District AC	W50	25.30	25.22	24.54	24.32
50 Clare Corfield-Carr	Stafford Harriers	JW				24.37

51 Kiri Johnson	Trentham RC	SW	24.37	25.10	24.46	24.45
52 Heather Pearce	Congleton Harriers	W40				24.47
53 Tracey Gee	Stafford Harriers	W35				24.49
54 Samantha Hastings	Chase Harriers	SW	25.35	24.52		24.52
55 Yvonne Leeson	Stone MM	W55	24.32			24.53
56 Liz Clutton	Cheadle RC	W55	24.56	24.52	25.16	25.04
57 Traci Gaunt	Sneyd Striders	W40				25.09
58 Dawn Hawkins	Cheadle RC	W35	24.35	24.46		25.02
59 Lisa Burke	Cheadle RC	SW				25.12
60 Grace Hough	Telford Harriers	W60	25.36			25.14
61 Rachel Beardmore	Cheadle RC	SW				25.16
62 Sarah Paskin	Sneyd Striders	W35				25.19
63 Amy Durrant	South Cheshire Harriers	SW				25.21
64 Loes Hartman	Stourbridge RC	SW				25.25
65 Emma Havenhand	Buxton & District AC	W35	26.04	25.25	25.27	
66 Caroline Nichol	Stafford Harriers	SW				25.27
67 Lucy Mellor	Chase Harriers	SW	24.45	25.20	24.42	25.29
68 Jenny Addison	Stafford Harriers	JW				25.34
69 Rachael Yates	Stone MM	W35	25.23	25.41	25.35	
70 Kay Boulton	Staffordshire Moorlands AC	W50	25.18	25.24		25.36
71 Liz Stanyer	Stafford Harriers	W35				25.41
72 Gail Goodwin	Newcastle AC	W35				25.52
73 Naomi Curry	Newcastle AC	W35				25.55
74 Lynne Shepley	Stone MM	W50	26.13	26.01		
75 Rebecca Ibbs	Newcastle AC	SW	26.17	26.45	25.39	26.03
76 Clare Holdcroft	Mow Cop Runners	W35				26.10
77 Rachel Turner	Chase Harriers	SW				26.10
78 Leisa Morgan	Sneyd Striders	W35				26.17
79 Yvonne Nicholls	Chase Harriers	W50	25.46	26.35	26.54	26.18
80 Sally Crisp	Stafford Triathlon Club	SW				26.18
81 Alison Larwood	Telford Harriers	W35	27.03	26.55	26.19	
82 Harriet Riley	Newcastle AC	SW	27.13	26.22		
83 Louise Clowes	Trentham RC	W35				26.23
84 Belinda Riley	Newcastle AC	W50	26.23	27.49		26.24
85 Pauline Newton	Newport & District RC	W55				26.29
86 Sue Allcock	South Cheshire Harriers	W40				26.32
87 Jackie Kilding	Congleton Harriers	W45				26.40
88 Margaret Thomas	Sneyd Striders	W50				26.46
89 Jen Seager	Stafford Triathlon Club	SW	25.14	25.25		26.48
90 Chantelle Swart	South Cheshire Harriers	W35				26.53
91 Sara Rex	Telford Harriers	W40	25.32	24.55	26.56	
92 Lucy Webb	Uttoxeter RR	W50	26.30	27.03	27.13	26.58
93 Ingrid Cain	Stourbridge RC	W50				27.02
94 Pauline Davies	Vale Royal AC	W55				27.03
95 Donna Burgess	Staffordshire Moorlands AC	W35				27.08
96 Wendy Valentini	Stafford Triathlon Club	SW				27.12
97 Bridget Frain	Colwyn Bay AC	JW				27.20
98 Helen Briggs	Cheadle RC	W35				27.23
99 Luan Machin	Congleton Harriers	SW				27.28
100 Jill Norman	Staffordshire Moorlands AC	W45	28.09	29.25	30.04	27.28
101 Jo Coombes	Newport & District RC	W40				27.32
102 Sandra Durow	Uttoxeter RR	W40		30.20	27.33	
103 Sue Baker	Cheadle RC	W50	28.12	28.33	26.43	27.33

104 Jane Bisiker	Stafford Harriers	W45		27.34
105 Jill Ross	Stafford Harriers	W40		27.49
106 Sue Hill	Uttoxeter RR	W45	29.21 28.14 28.33 28.02	
107 Nicky Davis	Stourbridge RC	SW	23.55	23.18 28.10
108 Elizabeth Baker	Staffordshire Moorlands AC	W50	26.38 27.42	28.12
109 Sue Barron	Uttoxeter RR	W40	29.53	30.14 28.30
110 Louise Finney	Mow Cop Runners	W35		28.30
111 Honor Cann	Uttoxeter RR	SW		28.37
112 Lindsey Whitlock	Uttoxeter RR	SW	29.48 31.11 30.45	28.39
113 Amy Whitehurst	Newcastle AC	JW		28.40
114 Karen Murrey	Stafford Harriers	W45		28.44
115 Helen Pritchard	Telford Harriers	W40		28.52
116 Jayne Denby	Buxton & District AC	W55		28.53
117 Vicky Crockett	Congleton Harriers	SW		29.00
118 Sue Taylor	Cheadle RC	W50	28.56	29.01
119 Pascale Wrigley	Newcastle AC	JW		29.22
120 Anne-Marie Mountford	Stone MM	W35		29.38
121 Sarah Dyde	South Cheshire Harriers	W40	30.38	31.11 29.57
122 Kathryn Roper	Newport & District RC	W35		30.03
123 Julie Griffiths	Stone MM	W45		30.15
124 Gillian Csizmadia	Wrexham AAC	W45	30.15 29.36 30.36	31.18
125 Jeanette Hatton	South Cheshire Harriers	W40		31.20
126 Mary Radford	West Cheshire AC	W60	32.29 38.09 33.18	34.05
127 Judith Coleman	Stafford Harriers	W55		34.08
128 Laura Bloor	Michelin AC	SW		34.18
129 Sue Pienaar	Stafford Triathlon Club	SW		34.21
130 Hazel Barlow	Michelin AC	W45	35.51 0.00 37.26	35.34
131 Kellie Lee	Stafford Harriers	W35		35.57
132 Sara Broome	Stafford Harriers	W40		38.09
133 Debbie Howard	Michelin AC	SW		38.55
134 Cath Credon	Michelin AC	W35	38.07	38.55

Div 1 - 4 to count

1 Trentham RC	42
2 Stafford Triathlon Club	142
3 Newcastle AC	164
4 Congleton Harriers	175
5 Chase Harriers	175
7 Cheadle RC	179
8 Telford Harriers	185
9 Stone MM	199

Div 2 - 4 to count

1 Stafford Harriers	102
2 Cannock & Stafford AC	122
3 Stourbridge RC	129
4 Staffordshire Moorlands AC	157
5 Buxton & District AC	173
6 South Cheshire	216
7 Newport & District RC	234
8 Sneyd Striders	285
9 Uttoxeter RR	409

North Staffordshire Cross Country League 2009 - Mens Results - Lyme Valley

Senior Men

1 Mark Dalkins	Telford AC	SM			33.03
2 Alex Derricott	Staffordshire Moorlands AC	SM	33.34	34.24	32.56 33.38
3 Seb Duffy	City of Stoke AC	SM	35.04	36.20	35.01 33.48
4 Marc Hartley	Staffordshire Moorlands AC	SM	34.56		35.35 34.20
5 Stuart Doyle	Vale Royal AC	SM			35.47 34.39
6 Brian Cole	City of Stoke AC	SM	34.53	37.23	34.57
7 Andy Clews	Vale Royal AC	JM			35.19
8 Chris Bagshaw	Telford AC	SM			35.38
9 Darren Rowlands	Wrexham AAC	M40	35.48	36.44	35.59
10 Steve Bazell	City of Stoke AC	SM	35.20	36.39	36.23 36.03
11 Ian Yates	Trentham RC	SM	36.17	37.33	36.58 36.06
12 Richard Lucock	Telford AC	SM	36.11		36.27 36.11
13 Matt Raden	Stourbridge RC	SM	36.55	38.07	36.12
14 Vinnie Martin	Staffordshire Moorlands AC	JM			37.34 36.21
15 Phil Wolfe	Stafford Triathlon Club	SM			36.26 36.26
16 Darren Perry	Staffordshire Moorlands AC	SM	38.07		36.26
17 Dave Allen	Staffordshire Moorlands AC	M40	38.36		36.27
18 Bryan Carr	Congleton Harriers	M45	37.09	38.03	36.38 36.28
19 John Danahay	City of Stoke AC	M45	36.14	38.12	36.31
20 Ryan Oldridge	Telford AC	JM			36.39
21 Eddie Whittaker	Uttoxeter RR	M50			36.44
22 Paul Gibbings	Trentham RC	M45	38.02	40.32	38.58 36.46
23 Richard Brooks	Staffordshire Moorlands AC	SM			37.01
24 Mark Flint	Newcastle AC	M40	38.51		37.03
25 Jamie Anderson	Telford AC	SM			37.07
26 Kevin Loundes	Chase Harriers	SM	42.22	42.02	38.52 37.21
27 John Sanders	Telford AC	M45			37.24
28 Julian Goodwin	Boalloy RC	SM	39.30	39.30	37.26
29 James Wood	Congleton Harriers	SM	43.00		37.45
30 Liam Hendricken	City of Stoke AC	JM			37.49
31 Mark Gadsden	Telford AC	SM			37.51
32 Steve Watson	Buxton & District RC	M45	38.50		37.54
33 Carl Moulton	Boalloy RC	SM	39.14	41.38	41.17 37.59
34 Mark Neeld	Stone MM	M40			38.52 38.03
35 Dave Lee	City of Stoke AC	SM	40.31	41.37	40.14 38.04
36 Dave Hollyoak	Stafford Triathlon Club	M40			38.05
37 Dan Clowes	Trentham RC	SM	42.16		38.06
38 Mick Haire	Boalloy RC	M45	41.24	42.29	41.38 38.12
39 Dave Pearsall	Trentham RC	M45	39.25		38.17
40 Kelvin Amos	Staffordshire Moorlands AC	M50			38.19
41 Mark Birkett	Sneyd Striders	SM	38.31	41.46	38.32
42 Gary Griffiths	Stourbridge RC	SM			38.35
43 Anthony Jones	Staffordshire Moorlands AC	M40	38.44	40.12	38.42 38.37
44 Andrew Clague	West Cheshire AC	M40			38.39
45 Mike Hatton	South Cheshire Harriers	M45	40.11	40.16	37.52 39.02
46 Jamie Davies	Telford AC	SM	41.58	40.17	39.53 39.11
47 Pete Mallison	South Cheshire Harriers	SM	39.51	39.51	39.20 39.17
48 Martin Bailey	Newcastle AC	SM	40.27	41.44	39.52 39.19
49 James Pearce	Congleton Harriers	M40	40.04		41.36 39.22
50 Simon Jackson	Congleton Harriers	M45	40.39	41.39	39.16 39.26

51 Bryan Lomas	Congleton Harriers	M40	43.05	39.41	39.28
52 Pete Newham	Congleton Harriers	M40		42.34	39.36
53 Paul Burslem	Trentham RC	M40	42.03	40.36	39.39
54 Paul Williams	Telford AC	M45	41.43	39.46	39.41
55 John Walker	Staffordshire Moorlands AC	M50			39.52
56 Colin Simpson	South Cheshire Harriers	M40	39.21	41.41	39.56
57 Adam Jones	Colwyn Bay AC	SM	42.54	41.51	41.13
58 Gary Castrey	City of Stoke AC	M40			40.06
59 Nick Thomas	Telford Harriers	M45	39.49	41.42	40.48
60 Paul Parkinson	Newport & District RC	SM			40.15
61 Gary Postins	Newport & District RC	SM			40.18
62 Dale Colclough	Trentham RC	M50			40.23
63 Neil Platts	Staffordshire Moorlands AC	SM	40.14		40.26
64 Lee Campbell	Boalloy RC	M45	42.14	44.50	43.01
65 Andrew Soltysic	Chase Harriers	M40	41.07	43.08	40.44
66 John Whilock	Staffordshire Moorlands AC	M40	41.00	41.54	40.36
67 Andy Davis	Stourbridge RC	SM	40.33		40.39
68 Pete Maher	Vale Royal AC	M50			40.43
69 Pedro Havelock	Stafford Triathlon Club	SM	42.55	51.00	44.55
70 Glyn Wade	Stafford Triathlon Club	M40			40.47
71 Danny Evans	Sneyd Striders	SM	41.06	42.44	41.30
72 Chris Moss	Congleton Harriers	SM	43.47	42.28	40.53
73 Simon Danks	Uttoxeter RR	M40			41.03
74 Mark Wood	Staffordshire Moorlands AC	M40			41.04
75 Paul Drabble	Buxton & District RC	M45	42.57		41.17
76 Ivor Twist	South Cheshire Harriers	SM			41.26
77 Mark Dean	Staffordshire Moorlands AC	M40	44.31		41.34
78 Thomas Csizmadia	Wrexham AAC	JM			41.38
79 Jim Holland	Stone MM	SM			41.51
80 James Simpson	South Cheshire Harriers	SM	45.02	44.10	42.00
81 Sam Newton	Trentham RC	SM			42.01
82 Paul Thomas	Trentham RC	M45		45.25	42.05
83 Paul Douglas	Stafford Harriers	M55	42.36	45.12	43.28
84 George Mafu	Stafford Harriers	SM			42.10
85 Alan Henderson	Telford Harriers	SM			42.11
86 Dave Rose	Stourbridge RC	M45	44.52	42.22	42.15
87 Simon Jones	Sneyd Striders	SM	42.04	45.13	42.34
88 Robert Ibbs	Newcastle AC	SM	41.56	43.58	41.43
89 Chris Ross	Stafford Harriers	M45	40.23	42.00	39.44
90 Dave Rowlands	Chase Harriers	SM			42.22
91 Adrian Northcott	Staffordshire Moorlands AC	M40	50.02		42.23
92 Kevin Allerton	Stone MM	SM	44.31	47.04	50.57
93 Steve Massey	Staffordshire Moorlands AC	M40	44.33	45.47	43.54
94 Peter Sarson	Stafford Harriers	M60	42.58	45.42	42.52
95 Richard Lowndes	Stafford Triathlon Club	M40	43.43	45.11	42.56
96 Robin Britton	Staffordshire Moorlands AC	M55			42.57
97 Julian Barry	Congleton Harriers	M55			43.02
98 Dave Haden	Stourbridge RC	M40	43.21	44.44	43.09
99 Neal Jones	Colwyn Bay AC	SM	43.50	40.54	39.10
100 Simon Darman	Congleton Harriers	SM			43.12
101 Anthony Pinson	Telford Harriers	SM	48.09	45.29	43.14
102 Carl Williams	Boalloy RC	M40	43.06	45.06	45.20
103 Dave Jones	Newcastle AC	M40			43.16

104 Kerry Brinston	Colwyn Bay AC	SM		43.17		
105 Dave Harley	Telford Harriers	SM		43.19		
106 Bob Duncalf	Blythe Bridge RC	M50	45.17	43.21		
107 Alex McCormick	Congleton Harriers	M45	45.24	44.44	43.24	
108 Toby Miller	Boalloy RC	SM		43.31		
109 Gary Payne	Stone MM	SM	48.33	43.40		
110 Ian Maxwell	Telford Harriers	M45		43.42		
111 Sam Booth	Michelin AC	SM		43.48		
112 Andy Mayers	South Cheshire Harriers	M50	43.18	43.20	43.56	
113 Graham Cope	Uttoxeter RR	SM	46.46	48.13	48.42	43.59
114 Paul Broadhurst	Sneyd Striders	M40		47.14	44.02	
115 Chris Williams	Colwyn Bay AC	M50	46.21	47.00	45.12	44.14
116 Ian Atkinson	Newport & District RC	M45		44.23		
117 Andy Painter	South Cheshire Harriers	SM	48.03	44.41		
118 Andy Bains-Davies	Staffordshire Moorlands AC	SM		44.42		
119 Ian Taylor	Colwyn Bay AC	M40		44.43		
120 Dean Blyth	Telford Harriers	SM		44.44		
121 David Brown	Newport & District RC	SM		44.45		
122 Andrew Davies	Telford Harriers	M55	45.13	46.31	44.39	44.47
123 Pete Caci	Trentham RC	SM		44.49		
124 Mick Beardmore	Cheadle RC	M55	42.31	45.10	43.47	44.55
125 John Booth	South Cheshire Harriers	SM		45.00		
126 Mark Bentley	Stafford Harriers	M45	46.41	45.31	45.02	
127 Gary Owen	Michelin AC	SM		45.07		
128 Mel Pickford	South Cheshire Harriers	SM		45.12		
129 Kevin Uzzell	Stone MM	M60	45.29	45.13		
130 Jamie Graham	Cannock & Stafford AC	SM	48.31	45.15		
131 Roger Smith	Blythe Bridge RC	M50	49.01	56.48	49.04	45.18
132 Dominic Lewes	Boalloy RC	M40		45.19		
133 Arthur Egan	Wrexham AAC	M65	44.59	46.49	45.37	45.20
134 David Hetherington	Chase Harriers	SM	44.16	46.20	45.04	45.20
135 Dave Sheppard	Stourbridge RC	M50		45.26		
136 Stuart Turner	Stafford Harriers	M40		45.29		
137 Jonothan Howell	Stone MM	M55	46.11	44.42	45.39	
138 Mark Hough	South Cheshire Harriers	SM		45.46		
139 Andy Derrant	South Cheshire Harriers	SM		45.52		
140 Marcus Crompton	Vale Royal AC	M40	42.48	45.09	45.52	
141 Phil Heathcote	Cheadle RC	M40		46.00		
142 Paul Roberts	Stafford Triathlon Club	M40		46.02		
143 Alan Jenkins	Newport & District RC	M45		46.04		
144 Chris Denny	Stafford Triathlon Club	M40	45.48	44.54	46.08	
145 Rob Cummins	South Cheshire Harriers	M40	48.33	47.11	46.12	
146 Bill Boynton	Congleton Harriers	M65		46.17		
147 Will Glasson	Stafford Triathlon Club	SM		46.23		
148 Neil Caswell	Chase Harriers	SM		46.24		
149 Steve Turner	Stafford Harriers	M45	47.52	50.53	48.20	46.25
150 Andrew Noble	Chase Harriers	M40	51.36	46.27		
151 Graham Fletcher	Newcastle AC	M50	47.28	49.24	46.27	
152 Mick Dale	Boalloy RC	SM		46.31		
153 Phil Brooks	Colwyn Bay AC	M55	49.06	48.31	46.32	
154 Richard Bailey	Telford Harriers	M40		46.35		
155 Adam Pickford	Stafford Triathlon Club	SM		46.38		
156 Leon Bennett	Colwyn Bay AC	SM		46.43		

157 Andy Barlow	Boalloy RC	SM		46.46
158 Ian Price	Stourbridge RC	M45		46.47
159 Geoff Pettengell	Mow Cop Runners	M50		46.49
160 Dave Houghton	Stafford Triathlon Club	M45	58.30 60.32 59.13	46.52
161 Steve Loundes	Chase Harriers	M55	42.24 42.49	46.55
162 Dave Wilson	Blythe Bridge RC	M55	46.00 48.00 47.13	46.58
163 Jim Rawnsdley	Telford Harriers	M45		47.00
164 Mark Quince	Buxton & District RC	M40	45.34 47.27 45.54	47.02
165 Mark Cornes	Mow Cop Runners	SM		47.04
166 Rob Mayers	South Cheshire Harriers	M45	49.28 48.30	47.08
167 Brian Mackey	Uttoxeter RR	M60	46.08 47.59 46.50	47.12
168 Charles Larsson	Newcastle AC	M40		47.14
169 Alan Webster	Macclesfield Harriers	M45	47.35 52.17	47.15
170 Mark Walsh	Sneyd Striders	M45	49.02 50.05	47.16
171 Chris Owen	Stafford Harriers	SM		47.20
172 Steve McConnell	Blythe Bridge RC	M50	49.38 48.22	47.36
173 Alastair Dyde	South Cheshire Harriers	M45	49.56 52.17	47.38
174 Mark Churton	Stone MM	SM	47.52	47.42
175 Tom Cochrane	Cheadle RC	M55	49.55 49.26	47.46
176 Richard Hill	Stafford Triathlon Club	SM		48.02
177 Chris Wade	Boalloy RC	SM		48.06
178 Martin Meir	Newcastle AC	M40		48.16
179 Ben Cann	Uttoxeter RR	JM	53.07 53.48 53.23	48.19
180 Dave Marsden	Stafford Harriers	M55	46.12 50.24 46.53	48.21
181 Stephen Whincup	South Cheshire Harriers	M45	51.04 48.49	48.26
182 Paul Roughley	Stone MM	M45	42.32	48.30
183 Derek Loundes	Chase Harriers	M55	49.51 47.50 48.17	48.40
184 Paul Langson	Newcastle AC	M40		48.43
185 Ian Clarke	Stourbridge RC	M55	51.38 51.41 56.16	48.46
186 Arthur Roden	Chase Harriers	M60		48.48
187 Adrian Reeves-Jones	Cheadle RC	M40	50.04 50.15	49.02
188 Bill Stevenson	Michelin AC	M45	53.34 52.08	49.03
189 Rod Campbell	Cheadle RC	M60		49.04
190 Don Beech	Staffordshire Moorlands AC	M50		49.08
191 Eddie Smith	Stafford Harriers	M55	48.28 51.50 49.55	49.15
192 Andy Dasey	Newcastle AC	SM	48.29	49.17
193 Neil Gerrity	Newcastle AC	SM		49.22
194 Mark Till	Sneyd Striders	SM		49.27
195 Bill Chidlow	Stafford Harriers	M60		49.44
196 Kenny Johnson	Michelin AC	M50	54.05 57.54 54.00	49.51
197 John Wood	Michelin AC	M50		50.14
198 Frank Shepley	Stone MM	M50		50.16
199 Roy McCauley	Staffordshire Moorlands AC	M50	48.34 50.19 48.59	50.22
200 Tim Miller	Boalloy RC	M55	53.13	50.29
201 Jason Littlewood	Stafford Harriers	JM	48.16 49.40 48.14	50.45
202 Martin Stirna	South Cheshire Harriers	M55		50.49
203 Chris Tammer-Tremayne	Congleton Harriers	M45	48.39 50.11	50.59
204 John Plant	Newcastle AC	M50	52.23 55.17 52.36	51.01
205 Dave Davis	Telford AC	M50	49.11 51.33 49.36	51.06
206 Phil Cliffe	South Cheshire Harriers	M40	48.08	51.12
207 Andy Bourne	Stafford Harriers	SM		51.13
208 Tony Bridgwood	Michelin AC	M60	53.16 52.55	51.17
209 Richard Benson	Congleton Harriers	M55	52.40 56.10 54.39	51.24

210 Mark Withington	Stafford Triathlon Club	SM		51.29
211 David Williams	Wrexham AAC	M60	53.51 51.35	51.33
212 John Wickerson	Colwyn Bay AC	SM		51.36
213 John Davies	Vale Royal AC	M60	57.13	51.44
214 Colin Rathbone	Vale Royal AC	M65	48.32 49.42 47.37	51.46
215 John Leese	Stafford Harriers	M60		51.47
216 Kenton Sharpe	Stafford Harriers	SM		51.51
217 Nigel Symms	Newcastle AC	M40	53.58 50.57	52.14
218 Graham Williams	Stafford Harriers	M60		52.29
219 Danny Carter	Uttoxeter RR	M45	61.06 58.41	52.49
220 Craig Baxter	Stafford Harriers	SM		53.28
221 Darren Bathew	Stafford Harriers	SM		53.29
222 Dave Lord	Stafford Triathlon Club	M45		53.43
223 Phil Palin	Telford Harriers	M50		53.44
224 Rob Griffith	Chase Harriers	M40	54.27	56.39 53.53
225 Pete Doyle	Congleton Harriers	M50		49.14 53.58
226 Andy Wilkinson	Telford Harriers	M40		54.11
227 Bryan Dale	Newcastle AC	M60	55.02 57.05 54.23	54.25
228 Darren Bourne	Cheadle RC	SM		54.47
229 Mike Sprason	Telford Harriers	M55	57.32 57.30 59.03	55.14
230 Alan Hotchkiss	Telford AC	M65	56.38 57.53 57.58	55.33
231 Spencer Clarke	Telford Harriers	SM	60.49	55.33
232 Steven Spires	Wrexham AAC	M40	50.00 51.45 51.21	55.41
233 Steve Jackman	Stone MM	M40		55.50
234 Malcolm Rushton	Trentham RC	M55	54.59 59.26 56.57	56.03
235 Mick Horsenail	Stafford Triathlon Club	M60	53.36 57.49 57.10	56.04
236 Colin Bourne	Michelin AC	SM	56.36 57.54 55.27	56.59
237 Brad Machin	Blythe Bridge RC	SM	55.53 54.14	57.19
238 Nigel Gardner	City of Stoke AC	M45		57.29
239 Charles Thackray	West Cheshire AC	M60		57.38
240 Mike Edwards	Wrexham AAC	M65	55.35 58.06 57.05	58.12
241 Michael Jones	Stafford Harriers	M65	64.55	58.33
242 Neil Edwards	Wrexham AAC	SM	66.00	59.16
243 Stuart Fowley	Stafford Harriers	M45		59.33
244 Mick Moore	Stafford Harriers	M65		61.03
245 Glenn Kelly	Boalloy RC	M45	66.14 70.59	65.24
246 Phil Cooper	Uttoxeter RR	SM		67.14 65.49
247 Frank Grant	Stafford Harriers	M65		73.00

Div 1 - 6 to count

1 Staffordshire Moorlands AC	76
2 City of Stoke AC	103
3 Trentham RC	224
4 Congleton Harriers	249
5 Boalloy RC	373
6 South Cheshire Harriers	416
7 Stourbridge RC	441
8 Newcastle AC	582
9 Stafford Harriers	612
10 Colwyn Bay AC	647

Div 2 - 4 to count

1 Telford AC	41
2 Stafford Triathlon Club	190
3 Vale Royal	220
4 Sneyd Striders	313
5 Stone MM	314
6 Chase Harriers	315
7 Telford Harriers	350
8 Newport & District RC	358
9 Uttoxeter RR	374
10 Wrexham AAC	431
11 Blythe Bridge RC	571
13 Michelin AC	622
14 Cheadle RC	627